

Obtaining Statement of Benefits from eBenefits

1. Go to <https://myaccess.dmdc.osd.mil/identitymanagement>

Click the **OK** button.



Self-Service Consent to Monitor

You are accessing a U.S. Government (USG) Information System (IS) that is provided for USG beneficiary self-service-authorized use only.

By using this IS (which includes any device attached to this IS), you consent to the following conditions:

- The USG routinely intercepts and monitors communications on this IS for purposes including, but not limited to, penetration testing, COMSEC monitoring, network operations and defense, personnel misconduct (PM), law enforcement (LE), and counterintelligence (CI) investigations.
- At any time, the USG may inspect and seize data stored on this IS.
- While all personal identifying information (PII) data stored on this IS is protected under the Privacy Act of 1974, all communications using this IS, and the data captured to support this IS, are not private, are subject to routine monitoring, interception, and search, and may be disclosed or used for any USG authorized purpose.
- This IS includes security measures (e.g., authentication and access controls) to protect USG interests—not for your personal benefit or privacy.
- Notwithstanding the above, using this IS does not constitute consent to PM, LE or CI investigative searching or monitoring of the content of privileged communications, or work product, related to personal representation or services by attorneys, psychotherapists, or clergy, and their assistants. Such communications and work product are private and confidential. See User Agreement for details.

[Contact DMDC](#) || [Accessibility/Section 508](#) || [USA.gov](#) || [No Fear Act Notice](#)

OK

2. **Login** using your credentials or a CAC.

DS LOGON ?

Department of Defense
Self-Service

Show Password

[Forgot DS Logon Username?](#)

[Forgot DS Logon Password?](#)

Login

CAC ?

Common Access Card



Do **NOT** select the DoD **EMAIL-OA-XX** certificate if prompted for a certificate.

Login

DFAS myPay Password ?

Defense Finance and
Accounting Service

[Forgot DFAS MyPay Login Id?](#)

[Forgot DFAS MyPay Password?](#)

Login



More DS Logon Options



Phishing Alert: We do not initiate contact with beneficiaries via email or telephone to request private personal (Name, SSN, DOB) or sensitive DS Logon account information (username, password, challenge questions). If you think you provided personal or account information in response to a fraudulent email, website or phone call, be sure to change your password and challenge questions immediately.

3. Click **Benefits** on the left side below “My Benefits & Payments.”

<p>Historical Appeals</p> <hr/> <p>My Benefits & Payments</p> <p>Benefits </p> <p>Payment History</p> <hr/> <p>Messages</p> <hr/> <p>Account Activity</p>	<p>Things you can view here:</p> <p>Representative</p> <p>Disabilities</p> <p>Dependents</p> <p>Work in Process</p> <p>Historical Claims</p> <p>Additional Benefits</p> <p>Payment History</p>	<p>Letter Generator </p> <p> Your VA / DoD Personal Information VA uses your personal information to contact you or send payment for your benefits.</p> <p>Update your Direct Deposit and contact information (Compensation & Pension or Education) </p> <p>Update your DEERS personal information  </p> <p> Your VA Online Health Records Manage or share your VA health records </p> <p> Your VA/DoD eBenefits Employment Center Profile View or edit your employment profile</p>
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4. Click **Education**. This is where you will see what you are eligible for.

<p>Dashboard</p> <hr/> <p>My Profile</p> <p>Personal Information</p> <p>Representative</p> <p>Disabilities</p> <p>Dependents</p> <p>My Documents</p> <hr/> <p>My Claims & Appeals</p> <p>Work in Process</p> <p>Historical Claims</p> <p>Historical Appeals</p> <hr/> <p>My Benefits & Payments</p> <p>Benefits</p> <p>Payment History</p> <hr/> <p>Messages</p> <hr/> <p>Account Activity</p>	<h2>Additional Benefits</h2> <p>Some of the benefits you are currently receiving, or are entitled to, appear below. Do not consider this list as proof of benefits because recent updates may not be included. You may be approved for additional benefits that do not yet appear below.</p> <p>For questions about your benefits, please contact the Department of Veterans Affairs:</p> <ul style="list-style-type: none">• By Phone:* 1-800-827-1000 (711 if you use a TDD)• Online: Use our Inquiry Routing & Information System (IRIS) <p>*Monday - Friday, 8:00 am - 9:00 pm ET</p> <table border="1"><thead><tr><th>Benefits</th></tr></thead><tbody><tr><td> Supplementary Benefits</td></tr><tr><td> Vocational Rehabilitation and Employment</td></tr><tr><td> Education </td></tr></tbody></table>	Benefits	 Supplementary Benefits	 Vocational Rehabilitation and Employment	 Education 
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