

## Wellness Links

1. To report non-compliance, see "Related Links" on the bottom of this page: <https://www.augusta.edu/mcg/residents/>. This allows for anonymous reporting to the DIO. Please include your name if you would like follow-up.
2. These topics are reviewed during our interdisciplinary Resident Core Curriculum (IRCC) series. Please contact the GME Office if you would like a recording of the session. See our GME policy regarding wellbeing (HS 34.0) for more details. <https://www.augusta.edu/mcg/residents/hspolicies/>
3. Affordable (i.e., free) care can be obtained through the employee-faculty assistance program. [https://www.usg.edu/well-being/site/article/usg\\_employee\\_assistance\\_program](https://www.usg.edu/well-being/site/article/usg_employee_assistance_program) Access to care 24/7 can be found at AU Health's Emergency Department (ED) or any accessible ED.
4. Access to food is available at several locations near or at AU Health including the cafeteria (Terrace Cafe). During evening hours, food is available in the 9<sup>th</sup> floor House Staff lounge. See our GME policy regarding dining (HS 33.0) for more details. <https://www.augusta.edu/mcg/residents/hspolicies/>
5. Sleep/rest facilities are available on the 9<sup>th</sup> floor of AU Health.
6. If too fatigued to drive home, House Staff may stay at the aforementioned facilities or return home using a rideshare/taxi company. The GME office will reimburse for the transportation once a detailed receipt is provided.
7. A House Staff lactation room with fridge is available on the 9<sup>th</sup> floor of AU Health. See our GME policy regarding lactation (HS 36.0) for more details. <https://www.augusta.edu/mcg/residents/hspolicies/>
8. To request accommodations, please see this site: <https://www.augusta.edu/tds/disabilityservices.php>

## Additional helpful links are below

1. <https://www.acgme.org/what-we-do/initiatives/physician-well-being/>
2. [https://www.usg.edu/well-being/site/article/usg\\_employee\\_assistance\\_program](https://www.usg.edu/well-being/site/article/usg_employee_assistance_program)
3. <https://www.augusta.edu/about/efap.php>
4. <https://www.augusta.edu/mcg/academic-affairs/wellness/index.php#:~:text=The%20Office%20of%20Learner%20Well,then%20you%20are%20a%20learner.>