



WHERE CAN I GET COUNSELING?

Residents and Fellows often need counseling and mental health support! There are a number of options available to you 24/7/365.

1 EAP FOR UNIVERSITY EMPLOYEES:

706-721-2599
No Charge | M-F 8-5

2 KEPRO

1-844-243-4440;
Company code: USGCARES
No Charge | 24/7/365
4 sessions per issue
Local in person & virtual sessions



3 PHYSICIAN SUPPORT LINE

1 (888) 409-0141
Open 7 days a week | 8:00AM - 1:00AM ET
Free & Confidential | No appointment necessary
Peer Support provided by 800 volunteer psychiatrists to US physicians and medical students navigating the many intersections of our personal and professional lives.

4 COVID RAPID RESPONSE BEHAVIORAL HEALTH SERVICES

Sponsored by the MCG Department of Psychiatry and Health Behavior. Provides counseling, peer to peer support, and groups. Access services at <https://www.augusta.edu/mcg/psychiatry/> Scroll down to COVID Rapid Response Behavioral Health.



5 GA CRISIS & ACCESS LINE

1-800-715-4225
24/7/365 | Call, text, or chat

6 NATIONAL SUICIDE PREVENTION HOTLINE

1-800-273-8255
24/7/365 | Free and confidential

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