About the Residency Program

The Medical College of Georgia (MCG) Internal Medicine residency training program at Augusta University recently received continued full accreditation for the next 10 years by the Accreditation Council for Graduate Medical Education (ACGME). We are committed to the development of outstanding physicians who achieve milestones contained in the six core competencies of patient care, medical knowledge, practice-based learning, communication, professionalism, and systems-based practice. We are a moderate sized program with 20 categorical, 9 preliminary, and 1 research/categorical residents per year. This allows for personalized opportunities for residents to focus on their career interest. Residents enjoy a balanced learning and working environment that is based on a culture of diversity and inclusion, wellness, quality, and patient safety. Residents care for individuals who have diverse disease states from varied socioeconomic and cultural backgrounds in both the in-patient and ambulatory settings. Our dedicated faculty and staff foster skills, attitudes, and habits of excellence amongst the residents. The MCG Internal Medicine training program provides a unique combination of resident and faculty collegiality, patient-centered care, and leadership development that promote the development of compassionate, dedicated, and qualified physicians.

MCG Facts:
- Founded in 1828; 13th oldest medical school in the US
- More than 2,400 students in Schools of Allied health, Dentistry, Graduate Studies, Nursing and Medicine
- Inpatient services at the bed MCG medical center and adjacent VA medical center, and training at nearby University Hospital
- Approximately 937 full and part time faculty, 455 residents and fellows, 88 PhD candidates, and 20 MD-PhD candidates
- Multidimensional basic, clinical, and translational resident research
- Within the University System, MCG has links to Georgia Institute of Technology, Georgia State University and the University of Georgia
- Fellowships in Allergy, Cardiology, Endocrinology, Gastroenterology, Hematology-Oncology, Infectious Disease, Nephrology, Pulmonology-Critical Care, and Rheumatology

Alyce M. Oliver, Ph.D., M.D., Program Director

The Medical College of Georgia I.M. Residency program welcomes you to Augusta! We wish you a productive and informative interview while you are here. Our program is designed to train you to become a competent internist. During your training, we will challenge you and provide opportunities for diverse career paths as practicing physicians, educators, physician-scientists and administrators. The program is fluid and adaptive, and you will have the opportunity to mold it to accommodate both patient and training needs as they evolve. The approach reflects the diverse goals of our residents, the needs of our community and changing landscape of American medicine. The emphasis is on a team approach to patient care, with the goal of developing physicians as leaders of multi-disciplinary teams that focus on family-centered care, improved outcomes, compassionate delivery and community health. In this context, we strongly encourage research that focuses on the needs of our patients and our faculty in this environment provides an ideal milieu to address relevant questions that pertain to the health of the community at large. We are the largest residency program at the University and have a strong reputation of clinical excellence, dedication to the art and practice of medicine, and camaraderie among our housestaff. I am extremely proud of the exemplary work of our residents and equally proud of the outstanding career paths achieved by our graduates.

Please enjoy your visit to Augusta. Get to know the city, our people, our program, and what make MCG a unique and effective learning and work environment for you to achieve your career goals.
Program Structure — Residency Program Tracks

Categorical

We offer two tracks for categorical medicine residents. This provides residents the opportunity to pursue their personal academic goals while satisfying the requirements of the American Board of Internal Medicine.

1. General Medicine Track: Prepares residents for a career as a general internist working primarily in an outpatient primary care or multi-specialty setting. Residents receive a broad exposure to both general and subspecialty medicine in varied clinical settings as well as special training in practice organization, communication skills, and small group leadership.

2. Research Track: Designed for candidates primarily interested in pursuing a career in research, it is a 5 year integrated program that combines training in research with training in clinical internal medicine, where the first 3 years are dedicated to research work, followed by 2 years of residency training. Throughout the research block, 10% of time is dedicated to outpatient ambulatory clinic 1 day per week. The coursework will lead to a Master’s Degree in Biomedical Science and will focus on clinical and genetic epidemiology, pharmacology and medical outcomes, among others.

Preliminary Medicine Internship

This track is for medical graduates desiring strong internal medicine training prior to assuming a residency in specialties such as neurology, dermatology, radiology, ophthalmology, and others. The one year internship is rich in inpatient general medicine, cardiology, nephrology, hematology/oncology and critical care, and establishes key competencies in care of very ill patients that will be of great value during a future career in a variety of specialties.

Didactics

- Morning Report “Ground Rounds” - Join us in the Medicine Library from 7:30-8:00am Monday-Friday. Impromptu Case Presentations on Tuesday, Evidence-Based Wednesday, Skills Thursday (EKGs, CXRs, Bedside US, Procedures, ABGs, suturing and much more!!), Prepared Case Presentation on Friday with a subspecialist. All presentations are interactive utilizing Mentimeter™ online presentation application.
- Medicine Grand Rounds every Tuesday at 12:00 PM—Leaders in their field from AUMC and other institutions present cutting edge topics.
- Clinic Report—Wednesday Mornings during ambulatory/clinic rotations from 8:00-9:00am. Utilizes Yale Curriculum & Evidence Based Medicine.
- Noon Conference every Monday, Tuesday, Thursday, and Friday—system/specialty based
- Interdisciplinary Conference every Wednesday at noon, Translational Research conference once a month
- Morbidity Mortality and Improvement Conference & House-staff Meeting last Thursday & Friday, respectively at Noon Conference monthly
- Quality Improvement projects - led by PGY2’s/PGY3’s
- Simulation Labs/Cases: Designed around real patient cases to give residents experience in acute/emergency situations (Unstable Arrhythmias, CODE Blue, Respiratory Distress, Intubations, Procedures).
- Ultrasound Curriculum: Monthly online US curriculum, as well as, 8 point of care ultrasound labs including: Bedside echo, Lung US, Biliary system, vascular access and much more!!
Curriculum

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<td>Night Float</td>
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<td>Quality Improvement Project</td>
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<tr>
<td>Electives/Selectives</td>
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Daily Schedule/Call Schedule

Inpatient Wards

- Currently there are 3 inpatient wards services at AU and 3 at the VA. There is also a Hematology/Oncology team, a Pulmonary/Cystic Fibrosis service, an AKI and ID service, and a Cardiology Inpatient team.
- The medicine teams at the VA operate on a q4 call schedule. A team is on call for 24 hours with a dedicated Night Float Resident who will admit to the same team from 7pm-7am to a maximum cap of 20 patients.
- Medicine teams at AU work in inter-disciplinary teams that include developing key relationships between nursing, pharmacy, rehabilitation, and care management staff. The teams share admission/transfer times with non-academic team hospitalists. Residents do not remain in-house overnight to admit as there is a dedicated night float residency for this from 7pm-7am).
- This is a high volume, rapid turnover learning and working environment with an excellent opportunity for experience and patient care. The Inpatient AU rotation closely resembles that of private practice hospitalist medicine service while still providing ample time and protection for our residents to learn and participate in morning report, as well as, noon conference.

MICU/CCU

- At AU each Critical Care service has 1 Fellow, 2-3 Residents, and 1-2 Interns in addition to 1-2 off-service interns.
- At the VA, the MICU team consists of 1 Fellow, 1 Resident, and 1 Intern.
- MICU/CCU Nights covered by rotating intern/resident
- In-house pulmonary/critical care fellow

4+2 Ambulatory Block Scheduling

- Housestaff follow a 4+2 block schedule. This is composed of 4 week blocks of inpatient duties alternating with 2 week blocks of outpatient experiences and continuity clinic.
- Inpatient ward care/call is not interrupted by outpatient clinic responsibilities.
- Outpatient experience is protected, operates similarly to a private practice model, and resembles current trends in Medicine with a separation of inpatient and outpatient care. Housestaff cover calls and inboxes for other members of their ‘firm.’
- This ensures full immersion in the educational experiences for our housestaff over the course of their training.

"A strength of our program is the moderate size for an academic program which allows intimate, personal supervision and mentorship..."
Augusta, the 2nd largest city in Georgia, is located on the south bank of the Savannah River, only a short distance from the Great Smokey Mountains or the coastal beaches of South Carolina and Georgia. It is a growing and thriving city with a metropolitan area population of 500,000. Augusta, nicknamed the Garden City of the South, is the hub of the CSRA (Central Savannah River Area) which includes the surrounding counties of South Carolina and Georgia and is well known for its balmy climate with an average temperature of 64 degrees and its golf, headlined by the Augusta National Golf Club, home of the annual Masters Golf Tournament.

**History—There's more than Bobby Jones**

Augusta, also the 2nd oldest city in Georgia, was founded in 1736 by General James E. Oglethorpe, who named the city for Princess Augusta, wife of the Prince of Wales. The city is steeped in history as a pivotal site during the Revolutionary and Civil wars, boasting the only structure ever built by the Confederate States of America—the site of the old Confederate Powderworks. With the construction of the Augusta Canal in 1847, it became the second largest inland cotton market in the world during the cotton boom. Several historic neighborhoods and buildings grace the city, including the Cotton Exchange, est. in 1872, the boyhood home of Woodrow Wilson (28th President), the Ezekial Harris House (1797), Meadow Garden (home of George Walton, the youngest signer of the Declaration of Independence), and the Springfield Baptist Church, the oldest African American church in America. One can tour the Augusta Museum of History, the Sacred Heart Cultural Center, the Lucy Craft Laney Museum of Black History, or even endeavor to participate in one of the many walking/driving tours.

**The Outdoors—Not all water is considered a Hazard**

While water hazards on the course challenge the avid golfer, the Savannah River bordered by Riverwalk Augusta, Strom Thurmond Lake and Dam, Lake Olmstead, the Augusta Canal, and Savannah Rapids provide many leisurely activities throughout the year including:

- Swimming, boating, canoeing, kayaking, fishing, and even cycling along the Canal
- Augusta is recognized as the water sports capital of the Southeast and home to the Augusta Southern Nationals (the world's richest drag boat race) and several international rowing regattas
- In September, Augusta hosts the Ironman 70.3, a sold out event where 3500 athletes compete in the popular triathlon.
- One can also enjoy the beauty of the wild at several state parks, as well as Aiken’s Hitchcock Woods, the largest urban forest in America.

**Sports—Imagine that…the Augusta “Greenjackets”**

- Headlined by the Augusta Greenjackets, Augusta’s professional baseball team, Single A Affiliate of the San Francisco Giants across the river in North Augusta’s Riverside Village.
- Across the river in nearby Aiken, equestrian events are king, as the area is well known for breeding Kentucky Derby contenders and has the oldest continuously active polo club in the Americas, now hosting the third leg of the Triple Crown of Polo. The Aiken Trials and Steeplechase events also dot the calendar in the spring and fall, the latter typically drawing around 25-30,000 spectators.
- Augusta is also only 2 hours from Atlanta for any major professional sporting events, as well as within 2 hours of the 4 major universities in the area—the University of Georgia, Georgia Tech, Clemson, and the University of South Carolina
- Last but definitely not least is of course the sport Mark Twain was quoted as describing “a good walk spoiled”—golf. The CSRA boasts >30 golf courses and >15 allow non-member play.
Art, Music, and Festivals—From Masters week to Lobster Races??

First Friday headlines the art scene, where on the first Friday of each month all of the downtown art galleries and studios are open from 5-10pm with live music and entertainment. The Morris Museum of Art, the Gertrude Herbert Institute of Art, Artists Row and the Aiken Center for the Arts. Several entertainment venues outside of the bar scene are also in the area, including:

- Imperial Theatre, Bell Auditorium (featuring the Augusta Ballet), the Riverwalk amphitheater, the Civic Center, Fort Gordon Dinner Theater, the Aiken Convocation Center, and the Aiken Community Playhouse.
- The newly renovated Miller Theater is home to the Augusta Symphony led by Maestro Dirk Meyer
- Featured events include everything from Broadway musicals and national musical acts, such as Hinder and Charlie Daniels, to the Wiggles, the Ringling Bros Circus, and Disney on Ice
- The plethora of festivals in the area include Arts in the Heart of Augusta, the CSRA Winefest, A Day in the Country at the Riverwalk, the USC/Georgia Football Border Bash, Riverblasts, Lights of the South, Kicks 99 Guitar pull, both the Western Carolina and Georgia/Carolina fairs, Aiken Bluegrass Festival, Aiken Jazz Festival, Aiken Highland Games, Aiken’s Makin’ arts and crafts show, the Hopelands Gardens Concert series, and of course the Aiken Lobster Races held on the day of the Kentucky Derby each year. The Saturday Farmers Market on Broad is also a shopping destination for local produce and crafts.

Fine Dining—From the veranda at the National to Takosushi

- Augusta boasts a wide variety of restaurants to appease any palate from down home Southern cooking to French, Italian, Cajun, German, Cuban, Thai, Mexican, Irish, and anything in between.
- Some local favorites are Bee’s Knees, Takosushi, Pizza Joint, Calvert’s, Cotton Patch, French Market Grille, Rhinehart’s Oyster Bar, Sconyer’s BBQ, Augsburg Haus, Boll Weevil Café, Villa Europa, Wild Wings, Augustino’s, Blue Sky, Abel Brown, Sheehan’s, Beck’s, Frog Hollow, Farmhaus, and Fuse.

Nightlife—In Augusta, you’ll see plenty of birdies, eagles, and night owls

Whatever your style, Augusta can probably offer you a nighttime haven outside of the hospital. Broad street has an eclectic mix of restaurants, clubs, pubs, and coffeehouses that boast live music throughout the year, whether you like jazz, techno, dance, karaoke, or are even feeling a little country. Enjoy local music and cuisine each ’Fifth Friday’ in Downtown.

- MCG hotspots include Bee’s Knees, Metro A Coffeehouse, Craft & Vine, 1102 Downtown Bar, Soul Bar, Still Water Tap Room, Whisky Bar, Surrey Tavern, Tap Tap, Finch & Fifth, and the Fox’s Lair, (where once a week an MCG attending plays traditional Irish pub and drinking songs to a vocal crowd).

Quick Facts—2-3 hours from the mountains or the beach

- Est 1736
- Metro Population 500,000
- Major Highways: Interstates 20 and 520, US Routes 1, 25, 78, 278
- Colleges: MCG, Augusta University, Pain College, Augusta Tech, University of South Carolina at Aiken, Aiken Tech
- Military Installations: Fort Gordon
- Airports: Augusta Regional Airport, Daniel Field, and Aiken Municipal Airport
- Average temperature: 64 degrees F
- 68 miles to Columbia, 100 miles to Athens, 124 miles to Savannah, 150 miles to either Atlanta or Charleston (a couple of hours to either the mountains or the beach!)
Residents actively participate in research in various basic and clinical science settings. Around 25 residents had presentations accepted at regional and/or national meetings of various professional organizations such as American College of Physicians, American College of Gastroenterology, and American Heart Association, American College of Cardiology.

Fellowships/Post-Residency Plans

About 60% of our residents pursue subspecialties, while the remainder are divided equally into primary care and Hospitalist positions.

Resident Salaries

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<td>PGY 6</td>
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2019                                      2018
Cardiology - 2                             Cardiology - 2
Chief Resident - 3                          Chief Resident - 3
GI - 1                                     GI - 1
Hem/Onc - 1                                Hem/Onc - 4
Hospitalist - 10                           Hospitalist - 7
ID - 1                                     Nephro - 1
Nephro - 1                                 Primary Care - 1
Primary Care - 1                           Pulm/Crit - 1
Pulm/Crit - 4                              Rheum - 1
Rheum - 2

Link to GME site:  http://www.augusta.edu/mcg/residents/
Link to Benefits Plan, contract and summary of benefits:  http://www.augusta.edu/mcg/residents/general-information.php
Resident Benefits

- Leadership conference – PGY-2 categorical
- BLS and ACLS Certification & re-certification
- Handbook for inpatient and ambulatory medicine
- Leadership conference – PGY-2 categorical
- 4 weeks vacation (includes 1 week at Christmas or New Year
- MKSAP – PGY-2 year
- Travel stipends for those who present at conferences
- 2 lab coats
- Free Parking in deck located adjacent to hospital
- Membership at state-of-the art MCG Wellness Center ($20/month) or families ($40/month)
- Health Insurance – resident and dependents receive plans at a favorable rate

Cost of living comparison

Equivalent Income to Maintain Living Standard based on $50,000 income in Augusta, GA

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<th>City</th>
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<td>$55,096</td>
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<td>Charlottesville, VA</td>
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Residents and attendings are an affable and fun-loving group that enjoys spending time with each other outside the hospital, just as much as working together at MCG. In addition to the numerous activities Augusta has to offer, we sponsor events such as residents’ night out, softball games, holiday parties, Greenjackets’ games, and other social outings to further help residents relax and foster relationships with their peers outside the hospital setting. These activities have led to a strong sense of camaraderie, which we believe is vital to a positive work environment and residency experience.

In addition to an outstanding medical education, our community offers great weather, minimal traffic, affordable living, and world-class golf. We invite you to visit us soon at the Medical College of Georgia and look forward to showing you what Augusta has to offer!
Application Process

Resident Recruitment
Candidates must apply through ERAS, and December 1st is the final date we accept applications. It is best if you apply and book your date early as we get filled quickly and space is limited by date. The recruitment activities include dinner the evening before the interview, an introduction to MCG, a tour of the facility, free time with the residents, interviews, lunch, and a tour of Augusta.

Preliminary intern candidates can be interviewed on the same date as their specialty interview. Candidates must apply directly to the program through the ERAS system and schedule your interview accordingly. If you need more information about this, you can email mtorres@augusta.edu or call the housestaff office at 706-721-2423. For more information visit www.augusta.edu/resident/internalmed.