2018-Intern Performance Milestones Tracking Form

Overall Supervisor's Name: ________________________________________________

Rotations Completed: _____________________________________________________

Date of Evaluation: ☐ Midyear ☐ End of Year

Average number of hours/week of supervisory contact with intern and all supervisory faculty:

Seminar, Didactic Experience: _____
Rotation Supervisors: _____
Group Supervision: _____
Individual Supervision: _____
Case Supervisors: _____

Nature of activities through this 6-month portion of your training:
Inpatient: _______________________________________________________________
Outpatient: _____________________________________________________________

Interdisciplinary Health Care Settings: _______________________________________
# of all Diagnostic Interviews conducted: _____
# of all Psychological Testing Assessments conducted: _____
# of all Psychological Consultations in interdisciplinary health care settings conducted: _____
Average # of hours/week of consultation/liaison in interdisciplinary health care clinics ______
# of all Individual Treatment Sessions conducted: _____
# of all Family Treatment Sessions conducted: _____
# of all Group Treatment Sessions conducted: _____

Demographics of All Assessment/Treatment/Consultation Cases:
Age: Child: ____ Adolescent: ____ Adult: ____ Senior Adult: ____
Gender: Male: ____ Female: ____ Transgender: ____

General Metric for Intern Performance Tracking:

Has not Achieved Level 1: The intern does not demonstrate the basic skills expected of an incoming intern.
**Level 1:** The intern demonstrates milestones expected of an incoming intern- entry level of basic skills for an intern.

**Level 2:** The intern is advancing and demonstrates the expected level of skill for an intern in the mid-phase of internship training.

**Level 3:** The intern continues to advance and demonstrates the majority of milestones targeted for the completion of internship in this sub-competency. “Intern is “competent to implement clinical skills independently with supervision/review.”

**Level 4:** The intern has advanced so that he or she now substantially exceeds the milestones targeted for internship. This level represents the advanced level of skills what would be expected for an individual that is completing postdoctoral training and is fully prepared for independent practice.

**Level 5:** The intern has advanced beyond performance targets set for internship and is demonstrating “aspirational” goals that might describe the performance of someone who has been in practice for several years. It is expected that very few exceptional interns will reach this level.

*Level 3 or higher is designated as the graduation target. Ultimate decisions about readiness for graduation is the purview of the internship training director(s) and the Core Committee.*

**General Instructions:** Based on the cumulative ratings of supervisors and seminar directors, **Mark the Overall Level of Achievement** that best represents the milestones achieved for the objective/sub-objective (i.e., “Level 1 Achieved”, “Level 2 Achieved”, “Level 3 Achieved”, “Level 4 Achieved”, or “Level 5 Achieved”

<table>
<thead>
<tr>
<th>Goal 1: Preparing professional psychologists to support quality primary care in integrated approaches to health care issues.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Objective 1: To develop in psychology Interns general proficiency in clinical assessment and intervention.</td>
</tr>
<tr>
<td>Sub-Objective 1: To train Interns in a broad range of empirically supported assessment strategies</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

**Comments/Recommendations:**
Sub-Objective 2: To train Interns to become proficient in the implementation of a broad range of interventions, with an emphasis on empirically supported treatments.

<table>
<thead>
<tr>
<th>Level</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
</table>

Comments/Recommendations:

Sub-Objective 3: To train Interns to become proficient in the implementation of interventions with a broad range of patient populations.

<table>
<thead>
<tr>
<th>Level</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
</table>

Comments/Recommendations:

Objective 2: To develop in psychology Interns specific proficiencies in providing clinical assessment and treatment in integrated approaches to health care issues.

Sub-Objective 1: To train Interns in consultation assessment strategies in medical contexts.

<table>
<thead>
<tr>
<th>Level</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
</table>

Qualifications/Comments:

Sub-Objective 2: To train psychology Interns to function effectively in interdisciplinary teams.

<table>
<thead>
<tr>
<th>Level</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
</table>

Qualifications/Comments:
**Sub-Objective 3:** To training Interns to apply treatment strategies in medical settings.

<table>
<thead>
<tr>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
</tbody>
</table>

**Comments/Recommendations:**

---

**Goal II: Preparing professional psychologists who have experience with and interest in serving in mental health and medically underserved areas.**

**Objective 1:** To provide psychology Interns with practicum experiences involving patients from mental health and medical underserved areas.

1. **Has completed one child/family training experience:** No ☐ Yes ☐
2. **Has completed one HIV/AIDS training experience:** No ☐ Yes ☐
3. **Has completed one Sexual Orientation and Gender Minorities training experience:** No ☐ Yes ☐
4. **Has completed one training experience with individuals with chronic/serious mental illness:** No ☐ Yes ☐

**Objective 2:** To provide psychology Interns with educational/didactic experiences involving consumers and/or providers from mental health and medically underserved areas.

No ☐ Yes ☐

---

**Goal III: Preparing professional psychologists that stay abreast of evidence-based practices. (Develop the Attitudes of Empiricism and Reflection in Clinical Practice)**

**Objective 1:** To train Interns to systematically gather and integrate research data, idiographic patient data, idiographic clinician data, and nomothetic and idiographic cultural data for the purpose of clinical assessment and treatment.

<table>
<thead>
<tr>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
</tbody>
</table>
Objective 2: To train Interns to routinize reflective processes in their clinical practice. These reflective processes include the critical thinking inherent in scientific experimentation, habits of reflection outside of direct clinical practice, and the capacity to reflect while in action.

<table>
<thead>
<tr>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

Comments/Recommendations:
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

Objective 3: To continue the development of Intern research skills and thinking through the ongoing participation in a research-scholarship project.

<table>
<thead>
<tr>
<th>Mid Year</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>NA</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

Comments/Recommendations:
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

Goal IV: Preparing professional psychologists who aspire to cultural competence in their practice.

Objective 1: To train Interns to be culturally competent.

<table>
<thead>
<tr>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

Comments/Recommendations:
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

Goal V: Cultivating a professional identity in professional psychologists.
Objective 1: To train interns to maintain an awareness of the ethical standards of the profession of psychology.

<table>
<thead>
<tr>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

Comments/Recommendations:
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

Objective 2: To train interns to constructively participate in the ongoing professional development of themselves and their colleagues.

<table>
<thead>
<tr>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

Comments/Recommendations:
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

Objective 3: To train interns to develop and execute lifelong learning through ongoing self-evaluation, effective use of supervision and consultation and continuous pursuit of knowledge and skills pertinent to the practice of professional psychology.

Comments/Recommendations:
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

Goal VI: Preparing professional psychologists to practice recovery-oriented care that places the emphasis on recovery as a restoration of individuals to meaningful lives regardless of the ongoing presence of mental illness.

Objective 1: To train interns to understand and apply recovery-oriented care processes in their clinical services.

<table>
<thead>
<tr>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

Comments/Recommendations:
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
Training Goals Uniquely Targeted by Individual/Rotations/Track
(Must be formally negotiated at the beginning of the rotation/track)

______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

A) Goals/Objective
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

How assessed
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

Outcome Criteria
______________________________________________________________________________
______________________________________________________________________________

<table>
<thead>
<tr>
<th>Level</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
</table>

**Overall Performance:**

<table>
<thead>
<tr>
<th>Level</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
</table>

Qualifications/Comments:
______________________________________________________________________________
______________________________________________________________________________

Recommendations for Further Training Experiences/Goals/Objectives: *(This section must be completed for the Midyear Evaluation)*:
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
Determination of Successful Completion of the Internship Training (This section must be completed by the End of the Year Evaluation):

Met Criteria for the Successful Completion of the Internship Training:  No ☐ Yes ☐

Intern Comments:
____________________________________________________________________________
____________________________________________________________________________
____________________________________________________________________________

The following will be displayed on forms where feedback is enabled...
(for the evaluator to answer...)

*Did you have an opportunity to meet with this trainee to discuss their performance?
☐ Yes
☐ No
(for the evaluatee to answer...)

*Did you have an opportunity to discuss your performance with your preceptor/supervisor?
☐ Yes
☐ No

*Are you in agreement with this assessment?
☐ Yes
☐ No