Psychiatry Clerkship Clinical Sites

GR Medical Center: Students assigned here will spend two weeks on inpatient unit (adult/geriatric or child/adolescent), one week in psychiatry consult-liaison and one week in the emergency room.

Adult/Geriatric Psychiatry Inpatient Unit
MCG Hospital & Clinics - 3S
1120 15th Street
Augusta, Georgia 30912
Phone: 706-721-2477

Schedule: Monday-Friday, 8:00 a.m. - 5:00 p.m.
Attendings:
Krystle Graham, DO - kgraham@gru.edu
David Williams, MD - Pgr. 1909, dwilliams2@gru.edu

Goals:
Students will become proficient in interviewing psychiatric patients. Students will become familiar with DSM IV diagnostic criteria. It is expected that students will acquire psychopharmacology knowledge and basic knowledge of psychotherapy.

Expectations:
The student will be available from 8AM until 5 PM daily except for their scheduled classroom activities. If other activities are required of the student, the schedule should be made known to the attending at the beginning of the rotation. Inpatient rounds are made in the morning. The student will carry up to three inpatients.

Psychiatry Journal Club and Case Conference are held on the second and fourth Thursday respectively of each month from 1:00 - 3:00 p.m. Lunch is provided and students are encouraged to participate.

Lighthouse Care Center of Augusta
3100 Perimeter Parkway
Augusta, Georgia 30909
Phone: 706-651-0005

Schedule: Monday-Friday, 8:00 a.m. - 5:00 p.m.

Attendings:
Donna Londino, MD - Pgr. 8327, dlondino@gru.edu
Eric Lewkowiez, MD- Pgr. 8783, elewkowiez@gru.edu
Dale Peeples, MD- Pgr. 5923, dpeeples@gru.edu
Chelsea Carson, MD – Pgr. 1074, chcarson@gru.edu
Miranda Harris, MD – Pgr. 6585, mirharris@gru.edu
Sandra Sexson, MD – Pgr. 6698, sssexson@gru.edu

The Child and Adolescent Inpatient Unit at Lighthouse provides students an opportunity to participate primarily with a multidisciplinary team offering inpatient care to both children and adolescents under the age of eighteen who present with mental health needs. The student works primarily with experienced fourth year psychiatric residents completing their first year of child sub-specialty training. Average length of stay is five to six days and the predominant focus of treatment is acute stabilization and consultative evaluation. The student can expect to see a full range of psychiatric symptoms, understand psychiatric diagnosis seen in the pediatric population, as well as observe/evaluate and treat
disturbances in a child's psychological functioning and social support. Psychiatric diagnosis seen in children and adolescents include ADHD, oppositional defiant disorder, conduct disorder, eating disorder, autism, depression, anxiety, and childhood psychotic disorders. The focus is on evaluation including interviews with patient and parents individually and with the family as a unit, psychological testing as indicated, educational and occupational assessments, and nursing evaluations.

The ward maintains a structured milieu using a level system, redirection, and other behavioral interventions individually determined. Collaborative work with the educational system, departments of child welfare, and referring physicians offer the student opportunity to experience first-hand the benefit of a multidisciplinary approach in the treatment of children and adolescents. Frequent consultation with pediatric neurology, genetics, and pediatrics offer exposure to these subspecialties. Rounds are held each morning and are attended by the various disciplines of the multidisciplinary team.

Consult/Liaison Psychiatry Inpatient Unit
MCG Hospital & Clinics - 3S
1120 15th Street
Augusta, Georgia 30912
Phone: 706-721-2477

Schedule: Monday-Friday - 8:00 a.m. - 5:00 p.m.

Attending:
Vanessa Spearman, MD - Pgr. 1073, espearman@gru.edu

The Consultation/Liaison Inpatient Psychiatry Unit is a service that provides psychiatric consultation to all medical and surgical services at MCG Hospital. It also provides emergency psychiatric consultation to the Ambulatory Care Clinics at MCG. During this rotation, students will learn how to do psychiatric evaluations and recommend treatment options for patients who are experiencing psychiatric symptoms while undergoing medical or surgical treatment. Examples include: Suicidal patients in the medical intensive care unit; pain management for patients in sickle cell crisis or other pain problems on med/surg services; pseudoseizures in patients with epilepsy; depression, anger, psychosis in patients with med/surg problems; delirium and dementia; difficult management problems due to noncompliance, wanting to leave AMA, agitation, combativeness, and other issues. Student will quickly assume the role of consultant; assessing patients, presenting patients to the consult team, formulating a differential diagnosis, and recommending a treatment plan. They will also follow their patients while they are in the hospital. Students will work with Psychiatry residents, Family Medicine residents and with the Faculty Attending who makes daily rounds with the residents and students. This rotation exposes the students to most psychiatric problems and further gives them the opportunity to see the psychiatry-medicine interface first hand.

MCG Psychiatry Outpatient Clinic
997 St. Sebastian Way
Augusta, Georgia 30912
Phone: 706-721-3141

Schedule: varies.
**Attendings:** Peter Buckley, MD, Brian Miller, MD, Eric Lewkowiez, MD, Dale Peeples, MD child psychiatry fellows, senior psychiatry residents

The MCG Outpatient Psychiatry Clinic treats a wide variety of patients from various ethnic, cultural and socioeconomic groups. In addition to treatment by psychiatrist, patients have access to social worker, nurse, psychologist and an array of services including individual and group therapy and outpatient medication management.

**Augusta State Medical Prison (ASMP)**
3001 Gordon Highway
Grovetown, GA 30813
Phone: 706-855-4700

*Schedule:* varies

**Attendings:**
Niranjini Reddy, MBBS- 706-855-4883, nreddy@gru.edu
Nitin Shendarkar, MD, snshendarkar@gru.edu
Nancy Harpold, DO – Pgr. 6845, nharpold@gru.edu

The Augusta State Medical Prison (ASMP) is an emergency receiving facility and public state hospital for medically and psychiatrically ill prisoners. It serves a large portion of Augusta and the surrounding counties. A wide array of psychiatric disorders are represented including mood and anxiety disorders, substance abuse, personality disorders, and somatoform disorders. Forensic issues and evaluation of malingering are important foci of training in this setting. The student will participate in new patient evaluations and follow-up of outpatients.

**East Central Regional Hospital**
3405 Mike Padgett Hwy
Augusta, GA 30906
Phone: 706-792-7021
*Schedule:* Monday-Friday, 8:00 a.m. - 5:00 p.m.

**Attendings:**
Ishrat Bhat, MD, ibhat@dhr.state.ga.us
Joseph McEvoy, MD, jpmcevoy@dhr.state.ga.us

East Central Regional Hospital is a multi-service facility, which is part of the state mental health system. Junior Medical Students rotate on the Adult Mental Health I Unit, which serves to evaluate, diagnose, and treat adult psychiatric patients. The clinical experience includes performing history and physicals and mental status exams on admission, participating in treatment teams and following patients daily throughout the hospital stay (approximately five patients per student). Varieties of diagnoses are encountered, including Schizophrenia, Bipolar Disorder, Major Depression, Intellectual Disability and Substance Use Disorders. The student becomes an active member of the treatment team.

**Outpatient Experience:**
**Eisenhower Army Medical Center**
300 Hospital Road
The Eisenhower Army Medical Center will include the medical student as an integral part of an Army hospital psychiatry inpatient team on 13-East, an adult inpatient psychiatric unit offering an interdisciplinary approach to soldier care. A significant component of Consult Liaison Psychiatry will be afforded to the rotating student. In addition, an outpatient psychiatry component will be offered, which will include psychiatry walk-in/ triage clinic, substance abuse rehabilitation treatment and psychiatry outpatient office-based care. It is expected that during the rotation, the students will have the opportunity to observe neuropsychological evaluations. Behavioral Health Grand Rounds are held each Friday morning at 8:00 a.m. Students will have the opportunity to participate in the monthly case conference presentations. While on the inpatient service, students will be expected to participate in morning report, held daily (location and time TBA).

Veterans Affairs Medical Center
1 Freedom Way, Wrightsboro Road
Augusta, Georgia
Phone: 706-733-0188 Ext. 6219

Schedule: Monday-Friday, 8:00 a.m. - 5:00 p.m.

Attendings:
Ananda Pathiraja, MD, Ananda.Pathiraja@va.gov
Nagy Youssef, MD, nagy.youssef@va.gov
Denise Evans, MD, denise.evans@va.gov

The Uptown Division of the VAMC is located on Wrightsboro Road, has over 120 beds and serves as a network resource for the treatment of spinal cord injury, blind rehabilitation, post-traumatic stress disorder, and psychiatry patients. The medical center provides the student with both an inpatient and outpatient continuum of care experience.

Patients are both male and female, ages 18 and over. They exhibit both acute and chronic mental illness, across the broad spectrum of cognitive, mood, anxiety, personality, and substance use disorders. Students benefit from the longer length of stay in hospital, compared to other acute care facilities, and the high level of exposure to attending psychiatrists, most of whom are fellowship trained in psychopharmacology. Night and/or weekend call is at MCG, in rotation with students assigned to the other clinical sites.

Highland Rivers Center
180 Water Oak Drive
Cedartown, GA 30125
Phone: 770-748-1662
Attending:
Nizamuddin Khaja, MD, drkhaja@highlandrivers.org

The residential treatment unit at Highland Rivers Center is one of three residential treatment facilities that provide short term crisis stabilization for adult mental health and addictive diseases detoxification. Highland Rivers Stabilization Units do not advertise for services. These units are licensed as Emergency Receiving Facilities and certified by the Department of Behavioral Health and Developmental Disabilities and are CARF Accredited. Consumers are under the medical care of a physician with 24-hour RN care, and Case Managers assisting with aftercare planning and therapeutic services. The medical student will be an integral part of the treatment team in each of these care settings. The rotation will accommodate one student who will rotate through inpatient and outpatient units.

Highland Rivers Center
1 Woodbine Avenue
Rome, GA 30165
Phone: 706-314-0019

Attending:
Joseph Seal, MD, drseal@highlandrivers.org

The crisis stabilization unit at Highland Rivers Center is one of three residential treatment facilities that provide short term crisis stabilization for adult mental health and addictive diseases detoxification. Highland Rivers Stabilization Units do not advertise for services. These units are licensed as Emergency Receiving Facilities and certified by the Department of Behavioral Health and Developmental Disabilities and are CARF Accredited. Consumers are under the medical care of a physician with 24-hour RN care, and Case Managers assisting with aftercare planning and therapeutic services. The medical student will be an integral part of the treatment team in each of these care settings. The rotation will accommodate one student who will rotate through inpatient and outpatient units.

Psychiatric Medicine, PC
4849 Paulsen Street, #201
Savannah, GA 31405
Phone: 912-354-8108

Attendings:
Michael C. Mobley, MD, mcmobley@aol.com - Lead Preceptor

Psychiatric Medicine, PC is a busy outpatient psychiatric practice treating adult, adolescent and geriatric patients. Medical students will participate in new patient evaluations and follow up visits for psychopharmacological management and psychotherapy.

Valdosta Psychiatric Associates, PC
3541 Northcrossing Circle
Valdosta, GA 31602
Phone: 229-244-4200

Attendings:
Students participating in this clinical rotation will experience a mix of inpatient and outpatient treatment. They will be actively involved in the treatment of child, adult and geriatric patients. The inpatient experience will take place at Greenleaf Center, a 50 bed freestanding psychiatric hospital. Outpatient experience will take place at Valdosta Psychiatric Associates, a private psychiatric office. Students should have an experience in treating all aspects of psychiatric illness and severity including childhood disorders and substance abuse disorders.

**St. Simons by the Sea**
2927 Old Demere Rd
St. Simons Island, GA 31522
Phone: 912-638-1999

*Attendings:*
- Miguel Martelli, MD – mjmartelli@msn.com
- Ryan Wagoner, MD – ryancolt.wagoner@gmail.com

St. Simons by the Sea is a private inpatient facility which serves adult, geriatric and adolescent population offering mental health and substance use disorder evaluation and treatment. The hospital’s comfortable, supportive environment helps put patients at ease and is an ideal environment for clinical training in psychiatry for junior medical students who can rotate through various care settings in the hospital.

St. Simons by the Sea’s staff has extensive experience in the fields of addiction treatment, recovery, relapse prevention and mental health treatment.

**Phoebe Behavioral Health**
417 W 3rd Avenue
Albany, GA 31701
Phone: 229-312-7001

*Attending:*
- Angela Dawson, MD – akdawson@ppmh.org

Phoebe Behavioral provides inpatient and outpatient mental health services for adults, geriatric patients, children and adolescents in Albany, GA. Phoebe Behavioral Health Center offers the student the opportunity to interact with adult and geriatric patients with psychiatric disorders in inpatient, outpatient and consult liaison settings, while children and adolescents are served on outpatient basis and in consultation liaison. The student will participate on the evaluation and pharmacological and psychotherapy treatment and group settings.

**Hope’s Corner**
756 WOODBURY HWY
Hope’s Corner at Pathways CSB, Greenville, GA is a child and adolescent crisis stabilization center. One of the few state-funded inpatient psychiatric units in Georgia, this facility treats children and adolescents with a variety of disorders. The student will also have access to adults with developmental disorders in a respite center at Pathways. The student will spend 3 weeks at Hope’s corner and one week at GRU on the inpatient unit to see adults with mental illnesses.

Attending:
Shane Savage, MD
ssavage@pathwayscsb.org