

Keys for Handling Information Overload

Course Description

The increasing need for information has helped to produce an environment where people are dependent on seeking out different technology sources, not only to gain information, but also to share information. The result is too much information which can overload our technology sources.

Target Audience

This course is intended for all employees.

Course Objectives

- Define information overload
- Identify sources of information overload
- Learn positive and negative implications of information overload
- Learn tips for handling information overload

Course Information

Time/Duration	2 Hours
Cost	No cost
Schedule/Contact	Humanresources_training@augusta.edu
To enroll in session:	https://train.augusta.edu

*To request a special session for your team on this topic, please submit a Service Request at [Wufoo](#).