

Emotional Intelligence in the Workplace

Course Description

Leadership success has traditionally been associated with intelligence and personality; however, over the last 20 years researchers such as Daniel Goleman and Richard Boyatzis have increasingly demonstrated that these factors are only part of the picture. Today, it is widely recognized that Emotional Intelligence (EI) is a distinguishing factor in truly effective leadership.

Target Audience

This course is intended for all employees.

Course Objectives

- Define emotional intelligence in the workplace;
- Explain why emotional intelligence is important in the workplace;
- Demonstrate emotional intelligence in action in the workplace; and
- Describe ways to develop workplace emotional intelligence, including follow-up resources.

Course Information

Time/Duration	2 hours
Cost	No cost
Schedule/Contact	Humanresources_training@augusta.edu
To enroll in session:	https://train.augusta.edu

*To request a special session for your team on this topic, please submit a Service Request at <https://ghsu.wufoo.com/forms/z1vvg2u30ubnux1/>.

