Hello November

Georgia War would like to wish you a warm and happy fall

Take a peek at what’s happening here at the Blue Goose!
Welcome!

A warm welcome from Georgia War Veterans Nursing Home to the following new staff members:

- Paulette James

A warm welcome from Georgia War Veterans Nursing Home to the following new residents:

- Harlan Burdeshaw
- James Cross Sr.
- Elmer Durham

Pinnacle Honorable Mentions—October 2021

- Crystal Allen
- Brenda Blue
- Amy Green
- Chaplain Lark
- Sharon Neely
- Dr. Richard Sams
- Mary Walker

Dates to Remember:

- November 11—Veteran’s Day
- November 25—Thanksgiving Day
Thank you for continuing to trust Georgia War with your loved one’s healthcare needs. With the decrease in COVID positivity rates in our community and facility, we are pleased to announce that inside visitation will continue (including weekends) beginning November 1st. The courtyard will continue to be utilized as weather permits for outdoor visitation. As we expand both visitations and services in the building, we will continue to follow all infection control procedures. Please refer to the visitation memo on the next page for more information.

Please know that we continue to do all that we can to protect our residents and staff from the spread of COVID-19 and this includes following all updated CDC and GDPH guidelines. Currently, we do not have any cases of COVID-19 for staff or residents. All future cases will be quarantined and surveillance testing will continue as required. We will also continue offering the vaccine to all residents and staff in partnership with Augusta University.

This pandemic has impacted many of our policies and procedures over the last year, and we will remain vigilant in an effort to maintain a safe and healthy environment for all residents and staff. Please know that our leadership team continues working with federal, state, and local government agencies in support of our mission. We continue to experience an amazing outpouring of support from individuals and community partners. On page 5, there is list of those who have provided Georgia War with support during this time. These groups remain committed and will continue to support Georgia War through this public health emergency. We are very fortunate and thankful for their partnership.

Thank you to all of our residents, staff, and families for your efforts and flexibility throughout this pandemic. GWVNH departments continue to step up to ensure that medical care, therapies, and ancillary support services are delivered in a safe and effective manner. Volunteering to help in ways we never imagined, staff continue to work beyond their role and job title which confirms a true commitment to our mission. Everyone should be commended for their efforts.

As we continue to navigate through this ever-changing environment at home, work, and in our communities, we know that none of the freedoms we have today would be possible without the valor and courage of those who chose to defend this great nation. These are the veteran residents who reside in our facility and our community today. We hope that you and your family will continue to remain safe.

Any questions or concerns can be directed to Administration. Thank you for your support of our efforts in caring for the veterans at Georgia War Veterans Nursing Home

Carlton Deese
Executive Director
Georgia War Indoor Visitation Guidelines

Thank you for continuing to trust Georgia War with your loved one’s healthcare needs. Our goal is to continue protecting our residents and staff from the spread of COVID-19 as we follow all applicable guidelines from the CDC and GDPH. Indoor visitations will continue, to include weekends, unless circumstances require limitations due to a high risk of COVID-19 transmission. We ask that you call your unit 48 hours prior to your visit to ensure there is available space. As we begin expanded visitation again, please keep in mind the following visitor requirements:

- Visitation may be limited in duration and frequency (1-2 hours daily) to safely accommodate all residents and families. The total number of visitors in the facility will also be limited based on physical space and allowing for appropriate social distancing. Outdoor visitation may have up to three visitors per resident. Indoor visitation may have up to two visitors per resident at any given time. Visitation will be limited to only those over 18 years of age.

- Indoor visitation will occur in the common areas of each floor and in resident rooms when certain infection control criteria is met. Locations will be established ahead of each visit. Visitors should continue to remain socially distant from other residents, visitors, and staff. All visitors and residents must comply with face mask usage at all times.

  - **Vaccinated Resident and Vaccinated Visitor:** Can visit privately in resident’s room without a mask (no roommate present) Visitor must always wear a mask and practice social distancing while in common areas with other residents or staff. (Hand hygiene is required for the visit).

  - **Vaccinated Resident and Unvaccinated Visitor:** Can have a visit with close contact while social distancing from other residents and staff. Use of mask and hand hygiene is required for the visit. If resident is unable to leave the room, unvaccinated roommate cannot be present.

  - **Unvaccinated Resident and Unvaccinated/Vaccinated Visitor:** Can have a monitored visit without close contact while socially distancing from other residents and staff. Use of mask and hand hygiene is required for the visit.

- All visitors will be screened prior to meeting with their loved one. All visitors who exhibit signs/symptoms of COVID-19 or anyone that does not pass the screening, will not be permitted entry for visitation. Please avoid visiting if exhibiting signs and symptoms of any illness. Any visitor with a pending COVID test or currently under home isolation orders for COVID-19 per the health department will not be permitted to visit with a resident.

- Individuals who have had close contact with someone with COVID-19 within the previous 14 days will not be allowed to visit, regardless of vaccination status. If a visitor, within 14 days of their visit, discovers that they have tested positive for COVID-19 or were exposed to COVID-19, please contact Administration as soon as possible so that we may begin contact tracing. This is extremely important to make sure we keep all of our residents as safe as possible.

These guidelines are required to reduce the possibility that COVID-19 may enter and spread in the facility. We strongly believe that vaccination is an essential and effective way to reduce the spread of COVID-19 and encourage all visitors to get vaccinated. Please let us know if you have any questions or concerns as we move forward with expanded visitation.

**Nursing Unit Numbers:**

2nd Floor: 706-721-2416  
3rd Floor: 706-721-2512  
4th Floor: 706-721-2765  
5th Floor: 706-721-2826
Donations and Contributions

The following individuals/organizations contributed their time and/or services to GVWNH:

- American Legion Post 192
- Pizza Party
- American Legion Post 205
- Ice Cream Social
- WEBB Lodge
- Razors, game boards, honey buns, word search books, toiletries, and candy
- W. H. T. Walker Chapter, U. D. C.
- Books and magazines
- Harlem VFW/Humana
- Resident Birthday Party Supplies and Cake
- Ridge Hill Baptist Educational Association Women’s Auxiliary
- Toiletries and Socks
- Target
- Candy, BINGO prizes, and comfort items
- Elks Lodge 205
- Sub Sandwich Party and Wheelchair Gloves

The following individuals/organizations made contributions to our Resident Benefit Fund:

- Paulding County Post 111
- Billy & Joyce Shurling
- Carlton Dillard and Susan Sasser
- Stuart Bloom

Thank you!
The first full week of October 2021 was National Healthcare Food Service Workers Week.

We celebrated all week long with fun games, prizes, and food. We are very grateful to the wonderful staff here at Ga War. They have been outstanding during this pandemic not only showing up and working extra duties that are asked but coming in every shift dedicated to serving you, our Veterans. We have missed seeing all the wonderful residents in your dining room but hopefully that is coming to an end in the very near future and we cannot wait to serve you.

Henry Williams, CDm, CFPP
Morrison Healthcare
Georgia War Veterans Nursing Home
706-721-2367

Thank you for all you do
Clergy Appreciation Day
October 10, 2021

Referred also as Ministry Appreciation Day, the day is celebrated in commemoration of the pastors, priests, and ministers in the United States and the work they render towards our society. The celebration of this day happens in the month of October, which also happens to be the Clergy/Pastor appreciation month.

The celebration of this day began with the idea to celebrate the contribution of priests, ministers, reverends, and pastors to the country, especially in the US. It is also the day that encourages the ministers and pastors to keep up with their good work and continue their contribution.

https://www.nationaldaystoday.com/clergy-appreciation-day/

Thank you for all you do 🎉
Physician’s Assistant Week

Every year from October 6 – 12, we celebrate Physician Assistant (PA) Week, which recognizes the PA profession and its contributions to the nation’s health. From the medical exam room to the classroom, the boardroom, the halls of Congress, outer space and everywhere in between – PA’s continue to make a difference.

https://www.aapa.org/events/pa-week/

Thank you for all you do
October is National Physical Therapy Month — a time to celebrate the profession and all the ways physical therapists, physical therapist assistants, and PT and PTA students help improve lives across the country. Physical therapists and physical therapist assistants play a critical role in helping Americans of all ages and abilities achieve their physical activity goals, and improve their quality of life.

https://www.choosept.com/nptm

https://www.choosept.com/nptm

Thank you for all you do
Staying Busy at Georgia War

Pumpkin Painting
Staying Busy at Georgia War cont.

Pumpkin Painting
Staying Busy at Georgia War

Robert Smith
Staying Busy at Georgia War
Staying Busy at Georgia War

Cornhole & Movie Night
Staying Busy at Georgia War
Staying Busy at Georgia War

Working Out
Staying Busy at Georgia War
Staying Busy at Georgia War
Halloween at Georgia War
Under the Sea Theme
Halloween at Georgia War cont.

Food theme

Superhero theme
Halloween at Georgia War cont.

Best Costume
Staying Busy at Georgia War cont.
November Word Search

Solutions on pg. 36

Happy Thanksgiving

W O R C E R A C S R Y T
P Y M W B S F J E Z H R
I J R N I A T B O A P E
L Y B R L S M R N C P W
G H E L E E H K A U C O
R S C K V B S S B M W O L
I A R O R G N P O E R F
M U N A I U K A X N N Y
V Q F V V I T E R B E A
L S I I N D I A N C Q M
J N S T U F F I N G S D
G V I S T S E V R A H W

Thanksgiving  turkey  scarecrow  corn
November  stuffing  wishbone  straw
Pilgrim  cranberry  squash  fall
Indian  Mayflower  pumpkin  harvest
Hidden Pictures

Time for a Haircut
By Chuck Dillon

Can you find these Hidden Pictures

- snake
- screwdriver
- mushroom
- spoon
- hat
- carrot
- crescent moon
- nail
- banana
- worm
- adhesive bandage
- saw
- candle
- fishhook
- golf club

In this big picture, find the snake, screwdriver, mushroom, spoon, hat, carrot, nail, banana, crescent moon, saw, worm, adhesive bandage, golf club, fishhook, and candle.

BONUS!

Can you also find a domino, cane, heart, and lollipop?
Wild Turkey

EducationalColoringPages.com

© Guy Colwell 2012
November Scavenger Hunt Contest

Use your eyes to earn a prize!
The (5) items below are hidden throughout our November Vet Com! The first five readers to find them and call in will win a prize! Good luck!

To submit answers, call the Business Office at (706)-721-2386
Mini Pumpkin Pies

Directions: How to Make Mini Pumpkin Pies

1. Unroll pie crusts or roll homemade pie dough into 1/8” thick on a floured surface. Cut 3 1/2” circles using a cookie cutter.

2. Grease a 12-count non-stick muffin pan lightly with cooking spray and place dough rounds inside of each cup, molding the dough to the sides of the muffin cups.

3. In a large bowl, make the filling: whisk together pumpkin puree, 1 egg, 1 yolk, brown sugar, granulated sugar, pumpkin spice, cinnamon, salt, and vanilla. Gradually whisk in evaporated milk and whisk until combined.

4. Bake at 350˚F for 30-40 minutes or until the tops of crusts are golden brown.

5. Cool in pan 10 minutes then run a knife or cake release tool around the edges to help release and transfer to a wire rack and cool to room temperature. Once cool, pipe with whipped cream and dusted with cinnamon.

How to Make Whipped Cream

1. Beat heavy cream for 1 minute until soft peaks form then add 3 Tbsp granulated sugar and 1/2 tsp vanilla extract and beat for 2 minutes or until it’s pipeable and is no longer runny. Do not overbeat.

Mini Pumpkin Pie Ingredients: 1 homemade pie crust disk, or 2 store-bought pie crust rolls - 15 oz pumpkin puree - 1 large egg - 1 large egg yolk - 1/2 cup packed light brown sugar - 1/4 cup granulated sugar - 1 tsp pumpkin pie spice - 1/2 tsp cinnamon - 1/4 tsp salt - 1 tsp vanilla extract - 3/4 cup evaporated milk, 6 oz

Ingredients for Whipped Cream: 1 cup heavy whipping cream - 3 Tbsp granulated sugar - 1/2 tsp vanilla extract

If you, or someone you know, is interested in submitting a recipe for a chance to be published in the Vet Com and win a prize, please submit by using one of the following ways:

Send us a letter:
Georgia War Veterans Nursing Home
ATTN: Business Services
1101 15th Street

OR

Use this QR Code

https://natashaskitchen.com/mini-pumpkin-pies/#jump-to-recipe
The More You Know

Featuring information from the Activities Department
(706)-721-2387
M-F 8:00am-4:30pm

News You Can Use

- Our “Large Group” Activity Calendar appears in the Vet Com each week but we also conduct small group activities (2-9 residents) as well as individualized one-on-one specialized visits.
- We try our best to keep “crowd favorite” snacks on hand but we are unable to guarantee that individual snack requests are possible.
- The activities program is not a mandatory therapy for residents to attend. However, every effort is made to encourage all residents to get involved. Often this includes four or more invitations and encouragement from preferred team members.
- The residents do not live where we work. We have the honor of working in their home. With that being the case, we make every effort to accommodate past hobbies and adapt when needed to best keep our residents involved.

The More You Know features helpful information for families, friends, staff, faculty, and contributors on behalf of Georgia War Veterans Nursing Home.

Do you have a topic that you would like to see covered in an edition of The More You Know?

Send us a letter:
Georgia War Veterans Nursing Home
ATTN: Business Services
1101 15th Street
Augusta, GA 30901

Use this QR Code
Somewhere in this issue, we have hidden the names of one Georgia War Resident and one Staff Member.

If you find your name, please call the Activities Office to claim your prize.

Each month, we will randomly pick the name of one resident and one staff member. Be sure to carefully review each issue to see if your name is hidden somewhere within.

Good Luck!
Thanksgiving is our annual cue to recall, reflect, and remember to be grateful for all that we have. This year has been challenging, and things are constantly changing. The way we used to do business is not the same and most likely will never be. A few folks with whom I have spoken are having a hard time deciding how to celebrate Thanksgiving this year. Should they or shouldn’t they gather? Is it worth the risk to put not only themselves in jeopardy but their family, friends, and loved ones as well? I’m sure this is a question many of us may have.

I think families should prayerfully and carefully think about this as they move forward in their holiday gatherings. I know and have read about many who came together in celebration and then weeks later mourn as so many in their family contracted COVID-19 and died as a result. As a man of faith, I always desire to walk in faith and not in fear, but I believe that we have to walk in wisdom. We are reminded in James 1:5, “If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him.” I not only want God’s protection during this pandemic, but I also want his direction and his wisdom. God not only wants to lead and guide us through this life, but He also wants to guard and grow us as well. I pray that we learn from others’ experiences, both good and not so good. Would you please allow me to share this parable?

A terrible storm came into a town, and local officials sent out an emergency warning that the riverbanks would soon overflow and flood the nearby homes. They ordered everyone in the town to evacuate immediately. A faithful Christian man heard the warning and decided to stay, saying to himself, “I will trust God, and if I am in danger, then God will send a divine miracle to save me.”

The neighbors came by his house and said to him, “We’re leaving, and there is room for you in our car; please come with us!” But the man declined. “I have faith that God will save me.”

As the man stood on his porch watching the water rise up the steps, a man in a canoe paddled by and called to him, “Hurry and come into my canoe; the waters are rising quickly!” But the man again said, “No thanks, God will save me.”

Cont. on next page
The floodwaters rose higher, pouring water into his living room, and the man had to retreat to the second floor. A police motorboat came by and saw him at the window. “We will come up and rescue you!” they shouted. But the man refused, waving them off, saying, “Use your time to save someone else! I have faith that God will save me!”

The floodwaters rose higher and higher, and the man had to climb up to his rooftop. A helicopter spotted him and dropped a rope ladder. A rescue officer came down the ladder and pleaded with the man, “Grab my hand, and I will pull you up!” But the man STILL refused, folding his arms tightly to his body. “No, thank you! God will save me!”

Shortly after, the house broke up, and the floodwaters swept the man away, and he drowned.

When in Heaven, the man stood before God and asked, “I put all of my faith in You. Why didn’t You come and save me?”

God replied, “Son, I sent you a warning. I sent you a car. I sent you a canoe. I sent you a motorboat. I sent you a helicopter. What more were you looking for?”

As we continue in this thing I call LIFE, let us gain the wisdom to see what God has provided to help us along the way! Finally, I want to thank all our Veterans for their sacrifice to serve God and their country. I pray God’s continual blessings upon each of you!

Sincerely,
Chaplain Timothy E. Lark

Happy Thanksgiving
We would like to thank the following individuals for their donations:

In Memory of Johnnie H. Beggs:
Frances Heller

In Memory of Troy Smith:
George and Patrica Bailey
Edith Collins
Wendell and Peggy Gresham
Mary Heriot
Robert and Janet Hitt
David and Bonnie McCauley
Louise Morris
Robert and Eva Morris
Beverly and Robert Pitts
Charles and Beverly Thompson
Shirley Whitaker

Chaplain’s Corner
in Memory of:

Edgar Bollinger
Anthony Morone

Do Not Stand at My Grave and Weep
Mary Elizabeth Frye
Do not stand at my grave and weep
I am not there. I do not sleep.
I am a thousand winds that blow.
I am the diamond glints on snow.

I am the sunlight on ripened grain.
I am the gentle autumn rain.
When you awaken in the morning's hush
I am the swift uplifting rush

Of quiet birds in circled flight.
I am the soft stars that shine at night.
Do not stand at my grave and cry;
I am not there. I did not die.

Source: https://www.panmacmillan.com/blogs/literary/funeral-poems-non-religious-short-uplifting
These wonderful people are the residents and staff who will be celebrating birthdays in *November!*

**Residents**

- Foster Jones  11/05
- Claude Dailey  11/17
- Stuart Word  11/08
- Kenneth Clark  11/19
- Carlton Dillard Jr.  11/12
- Robert Davis  11/25
- Luther Solverson  11/16
- Terry Cook  11/27

**Staff**

- Elizabeth Majchrzak  11/03
- Janice Dorsey  11/15
- Linda Key  11/03
- Tonya Banks  11/16
- Javonne Williams  11/05
- Marie Dossou  11/16
- Linda Tucker  11/07
- Latasha Davis  11/18
- Cynthia McNair  11/10
- Patricia Johnson  11/25
- Shirley Powell  11/13
- Kay Roland  11/29
Puzzle Solutions

Solution to puzzle on pg. 24

Solution to puzzle on pg. 25

Solution to puzzle on pg. 26
<table>
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<th>Sun</th>
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<td>2:30pm Wood Working</td>
<td>2:30pm Bible Study</td>
<td>2:30pm Elks Lodge 205</td>
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<td>2:30pm Monthly Birthday Party</td>
</tr>
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<td>24</td>
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<td>10:00am Technology &amp; Me</td>
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<td>31</td>
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<td>10:00am Technology &amp; Me</td>
<td>10:00am Technology &amp; Me</td>
<td>2:30pm Monthly Birthday Party</td>
<td>2:30pm Monthly Birthday Party</td>
</tr>
</tbody>
</table>

Activities are subject to change based on Resident interest and safety; one-on-one activities occur on each floor.
Thank you

To all of our Veterans, families, friends, staff, faculty, and contributors.

GEORGIA WAR VETERANS NURSING HOME