Georgia War would like to wish you a warm and sunny spring!

Take a peek at what’s happening here at the Blue Goose!
Welcome!

A warm welcome from Georgia War Veterans Nursing Home to the following new staff members:

Marie Dossou  Tiana Jones  Emily Parrish

A warm welcome from Georgia War Veterans Nursing Home to the following new Residents:

Charles Dunn  Coleman Wingate

Pinnacle Honorable Mentions

Timothy Lark  Candace Schumann  Crystal Allen
Micah Ferguson  Chris Townsend  Shannon Black
Amy Green  Dr. Nidhi Gulati

Dates to Remember:
March 14th – Daylight Savings Time
March 17th – St. Patrick’s Day
March 20th – First Day of Spring

Congrats, Dr. Gulati!
Select faculty of the Medical College of Georgia at Augusta University are recognized annually with Exemplary Teaching Awards for their contributions to students and residents at MCG. Awards for undergraduate medical education are based on quantity of teaching (number of students taught or number of lecture hours, for example) and student evaluations. Please join us in congratulating our very own Dr. Nidhi Gulati for receiving the Exemplary Teaching Award for the 2019/2020 Academic Year.
It’s been a year since we began our efforts to reduce the risk of exposure to COVID-19 in our facility and our goal today remains the same: continue to do all that we can to ensure the safety of all residents and staff. Most recently, we have had the opportunity for both residents and staff to access the COVID 19 vaccine and many of you have chosen to participate. Thank you! Your commitment and ongoing efforts on infection prevention remains critical in this pandemic.

Currently, we do not have any resident or staff COVID-19 cases at GWVN. All future cases will continue to be quarantined and surveillance testing will continue for all COVID negative residents and staff. As we continue to fight this pandemic, I am proud to say that all of our departments continue to step up to ensure that medical care, therapies, and ancillary support services continue in a safe and effective manner. Volunteering to help in ways we never imagined, staff continue to work beyond their role or job title which confirms a true commitment to our mission. Everyone should be commended for their continued efforts.

As mentioned in previous communications, this pandemic has led to new medical challenges, policies, and procedures, and we want remain vigilant in an effort to maintain a safe and healthy environment for residents and staff. Please know that our leadership team continues working with federal, state, and local government agencies in support of our mission. We continue to experience an amazing outpouring of support from individuals and community partners. On the next page, there is list of those who have provided Georgia war with PPE, refreshments, and other support during this time. These groups remain committed and will continue to support Georgia War through this public health emergency. We are very fortunate and thankful for their partnership.

Lastly, we want you to be aware that Georgia War restrictions are anticipated to extend at least through March. Please be assured that our approach to reopening will be deliberate and systematic. Thank you to all of our residents, staff, and families for your continued efforts and flexibility in this ever changing environment. As we continue to navigate through this ever-changing environment at home, work, and in our communities, we know that none of the freedoms we have today would be possible without the valor and courage of those who chose to defend this great nation. These are the veteran residents that reside in our facility and our community today. We hope that you and your family will continue to remain safe at home and in your community as we continue to fight this pandemic.

Any questions or concerns can be directed to Administration. Thank you for your continued support of our efforts in caring for the veterans at Georgia War Veterans Nursing Home.

Carlton Deese
Executive Director
Donations and Contributions

The following individuals/organizations contributed their time and/or services to GVWNH:

American Legion Auxiliary Unit 205
American Legion Post 192
Augusta University of Nursing
Cub Scouts Pack 7
Delta Gems
Family Dollar and Greater Downtown/Walton Way Community
Harlem VFW Post 6445
Richmond County 4-H
Target
VFW
Jim and Judy Whelan

Valentine’s Day Cakes and Mints
Root Beer Floats
Cards
Elevated Planter Boxes
Snack Foods, Toiletries, Puzzle Books, Tissues, Candy, and more
Mylar balloons for Resident Valentine’s Day Party
Resident Birthday Party
Words of Encouragement Poster
Bingo Prizes, Snacks, Water, Craft Supplies
Body Wash
Pizza Party

The following individuals/organizations made contributions to our Resident Benefit Fund:

Stuart Bloom
Carlton Dillard
Pattye Wright

Brandel Estate
Joyce Shurling
Paulding County Post 111
Retired Military Police Association, CRSA Augusta Chapter 2
Donations and Contributions

The Delta Gems make a special delivery for our Residents!

The Richmond County 4-H wishes all Georgia War staff members safety and well-being, as we continue our mission to serve Georgia’s war veterans.
More than twenty years have passed and yet it seems like just yesterday when I stepped into Georgia War Veterans Nursing Home (GWVNH) as Medical Director on January 1, 2001. Over the twenty-five years prior to that, the role was fulfilled by my mentor, Dr. Arthur Gelbart, with whom I had trained during my post-graduate medical training at the Medical College of Georgia. He was a kind, knowledgeable man with years of experience and I learned so much from him. It was a sort of intangible knowledge of managing people and situations. It was experiential knowledge and it was a lot of experience all accumulated up into one person. It’s amazing to think that these last forty-five years have been covered by just the two of us—myself and Dr. Gelbart. And now, a couple of decades after my start date, here I am on the verge of my retirement. Yes, I plan to retire from my current position as Medical Director of Georgia War Veterans Nursing Home (GWVNH) effective April 1, 2021. My last day of work will be March 31, 2021.

I would like to take this opportunity to thank the entire Georgia War family, residents, families, students, staff/administration, GDVS, and AU’s Department of Family Medicine for decades of meaningful opportunities and experiences in my role as Medical Director here. I have found my time here to represent a true honor: to be able to serve the very men and women who have served this great country in the armed forces. It has been an honor, a privilege, and the very best part of my career that I will cherish always. Though this may be the last time that my signature line reads “Medical Director-GWVNH”, it will certainly not be the last time I think of you all. And moving forward, this title will be passed on to a most capable, compassionate, and dedicated physician, Dr. Richard W. Sams, II. He is a career Navy physician who joined Augusta University’s Department of Family Medicine in 2017. I am confident that he will carry on the mission and true founding spirit of GWVNH for many years to come.

Sincerely,

N.K. Gulati, MD, CMD, FAAFP
Medical Director-GWVNH
2021 King and Queen of Georgia War

Congratulations!
Georgia War’s King and Queen of 2021

Mark Knebelsberger
Kathryn Riffle
Valentine’s Day Celebration
Valentine’s Day Celebration, con’t.
Staying Busy at Georgia War

United Way AmeriCorps

AHA Raffle Winner

Food For Thought

The Word with Chaplain Lark

AHA Valentine’s Day Baskets

Bloom Family Valentine’s Day Bouquets
BINGO
Sunshine Therapy

Fun in the sun!
“In his showily imperial way MacArthur became a substitute emperor figure, ensconced mystically atop Tokyo’s Dai Ichi building”

“General of the Army Douglas MacArthur is an icon of American military history, a soldier who served his country for more than a half-century and is best known for his pivotal roles in World War II and the Korean War.”

Read more about General MacArthur here!

In the 2020 Veterans Week Edition of the Vet Com, our very own Mike Robinson shared that the most memorable part of his deployment was serving General Douglas MacArthur and his wife at their home in the Embassy in Tokyo (1946-1951). Since then, we’ve learned that Mr. Robinson and the MacArthur’s had a very close working relationship. In fact, Mrs. MacArthur would give him bottles of champagne and other gifts on a regular basis. General MacArthur is best known for commanding the Southwest Pacific in World War II (1939-1945) and overseeing the successful Allied occupation of postwar Japan and led United Nations forces in the Korean War (1950-1953).

We are so proud of the residents hard work!
Therapy Highlights, con’t.

Karen Monaco, OTR/L
Alyse Taylor, OTA
Everald Clarke, PT, DPT
Shannon Strippy, PTA
Jermaine Winfrey, RT
Root Beer Floats
Louisa Shepherd, SLO president, was thrilled to give back to Georgia War Veterans Nursing Home.

“It is home to so many men and women who sacrificed years of their lives for the safety of others. As future nurses, we can look to them as examples of those who live for others,” she said.

With the junior BSN class broken up into three cohorts to satisfy social distancing classroom guidelines, representatives from SLO announced the project at each of their class meetings. SLO provided supplies to create the cards during class breaks.

There are over 100 residents at Georgia War and each will receive a handmade Valentine’s Day card.

“During difficult times like these, I want to make sure these residents know they are loved and that the BSN students are wishing them joy on Valentine’s Day,” Prescott said.

Read the full article at https://jagwire.augusta.edu/college-of-nursings-student-leadership-organization-delivers-valentines-day-cards-to-georgia-war-veterans-nursing-home/
TRIVIA: M*A*S*H is an acronym for: ____________________________________________

(To answer the trivia fact, look for words or phrases that are hidden in the puzzle, but not on the word list)
March Brain Teaser

Solutions on pg. 29

SPOT THE DIFFERENCE

Can you spot the 8 differences between these two pictures?
March Sudoku
Solutions on pg. 29
Churro Muffins
by Blue Plate Patty

Preparation

Step One: Preheat the oven to 350°F.

Step Two: Cut the puff pastry sheets in half, then use a rolling pin to roll each half out to 24 inches long x 8 inches wide.

Step Three: Brush the puff pastry sheets with the melted butter, then carefully roll them up into tight logs. Cut the logs in half lengthwise. (Like splitting a hot dog length wise.)

Step Four: Take each half and fold the smooth part of the dough inward to create a spiral shape.

Step Five: Place the spirals in a muffin tin and brush the tops with egg wash.

Step Six: Bake for 15 minutes on the top rack, then transfer to the bottom rack and bake for another 15 minutes.

Step Seven: Combine the sugar and cinnamon in a small bowl.

Step Eight: Remove the muffins from the oven. Once cool enough to handle (but still warm), roll in the cinnamon sugar mixture.

Boom! Done! Enjoy! You can serve it with a scoop of ice cream or by itself.

Ingredients for 8 servings
- 2 sheets puff pastry
- ½ cup butter, softened
- 1 egg, beaten
- 1 cup granulated sugar
- 1 tablespoon cinnamon
February 2021 Recipe Winner

Congratulations Blue Plate Patty

If you, or someone you know, is interested in submitting a recipe for a chance to be published in the Vet Com and win a prize, please submit by one of the following ways.

Send us a letter:
Georgia War Veterans Nursing Home
ATTN: Business Services
1101 15th Street
Augusta, GA 30901

Use this QR Code
Hidden Name Contest

Congratulations!
February 2021 Hidden Name Contest Winners

Sandra Banks

Thomas Perry

Somewhere in this issue, we have hidden the names of one Georgia War Resident and one Staff Member.

If you find your name, please call the Activities Office to claim your prize.

Each month, we will randomly pick the name of one resident and one staff member. Be sure to carefully review each issue to see if your name is hidden somewhere within.

Good Luck!
Let’s Talk About Grief

There has been a loss of normalcy, loss of connectedness, loss of togetherness, loss of touch, and loss of life! I dare not go on about all the loss we have found ourselves dealing with, not only this year but in times past. With any loss comes grief. Often, I tell those who attend our grief sessions, “Grief will make you grit your teeth!” There may be times when you may have to say to yourself and others, “I am not crazy; I am just grieving.”

**WHAT IS GRIEF?**

Grief is a strong, sometimes overwhelming emotional reaction to loss. There are many losses, but a few could be from death, divorce, separation, or change. Anything that you are connected to if threatened, harmed, or disconnected, you could find yourself grieving. Grief is normal, unpredictable, challenging, and unique for each individual.

Grief is a process that has to be worked through, and experience has taught me that it is arduous work. Those who are willing to do the work can find healing and wholeness through their hurt. Alan Pederson reminds me that “Grief is not something you get over; it’s something that you go through.”

Grief never completely goes away. It is normal to feel numb, sad, angry, or even depressed after a loss. I have learned as time moves on, those emotions should lessen in their severity. The loss is like having an amputation; you do not grow a new limb, but you learn how to live with the significant loss in a healthy way from day to day.

Many people at some point have found themselves being pressured, prodded, or even pushed to move on or hide their grief from others in fear of being judged. As you walk through your grief journey, you may have to pray like the weeping prophet Jeremiah prayed: “Heal me, O LORD, and I shall be healed; save me, and I shall be saved: for thou art my praise. Jeremiah 17:14

Please know that you are not alone on your grief journey, and as your Chaplain, I am here to walk with you through this tedious process. May you find healing, hope, comfort and care while on this expedition of grief.

Chaplain Timothy E. Lark
There is No Night Without a Dawning

No winter without a spring
And beyond the dark horizon
Our hearts will once more sing ....
For those who leave us for a while
Have only gone away
Out of a restless, care worn world
Into a brighter day

In Memory of Antonio Cartagena-Rodriguez
These wonderful people are the residents and staff who will be celebrating birthdays in March!

### Residents

- Thomas Williams 3/6
- Welborn Spencer 3/8
- Mike Robinson 3/13
- Larry Ratliff 3/14
- Charles Schauss 3/16
- Clifford Stiber 3/19
- George Horne 3/29

### Staff

- Ilinda Carter 3/3
- Cheryl Jones 3/7
- Gabriel Anthony 3/10
- Charles Esposito 3/12
- Santwania Baskett 3/15
- Faith Powell 3/19
- Willa Bryant 3/24
- Andrew Blount 3/31
Puzzle Solutions

M*A*S*H - SOLUTION

Solution to puzzle on pg. 19

Solution to puzzle on pg. 20

Solution to puzzle on pg. 21
<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>9am Coffee Club</td>
<td>9am Bike Club</td>
<td>9am 2-5 Music in</td>
<td>8:30am Spa Day</td>
<td>9am Coffee Club</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10am Bingo</td>
<td>10am Bible Study</td>
<td>Motion</td>
<td>9am Coffee Club</td>
<td>9:30am 2-5 Movie &amp;</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:30pm Bingo</td>
<td>10am Bible Study</td>
<td>2:30pm Sunshine</td>
<td>2:30pm Painting</td>
<td>Popcorn</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Therapy</td>
<td></td>
<td>Food for Thought</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>9:30am</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:30am</td>
<td>9am</td>
<td>Spa Day</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9am</td>
<td></td>
<td>Coffee Club</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:30pm</td>
<td></td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9am</td>
<td>10am</td>
<td>The Word with</td>
<td>9am Coffee Club</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Chaplain Lark</td>
<td>9:30am 2-5 Movie &amp;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Popcorn</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10am</td>
<td></td>
<td>2:30pm</td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:30am</td>
<td>9am</td>
<td>Spa Day</td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9am</td>
<td></td>
<td>Coffee Club</td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:30pm</td>
<td></td>
<td>2:30pm</td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9am</td>
<td>10am</td>
<td>The Word with</td>
<td>9am Coffee Club</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Chaplain Lark</td>
<td>9:30am 2-5 Movie &amp;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10am</td>
<td></td>
<td></td>
<td>Popcorn</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:30pm</td>
<td>9am</td>
<td>2:30pm</td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9am</td>
<td>10am</td>
<td>The Word with</td>
<td>9am Coffee Club</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Chaplain Lark</td>
<td>9:30am 2-5 Movie &amp;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10am</td>
<td></td>
<td>2:30pm</td>
<td>Popcorn</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:30am</td>
<td>9am</td>
<td>Spa Day</td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9am</td>
<td></td>
<td>Coffee Club</td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:30pm</td>
<td></td>
<td>2:30pm</td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9am</td>
<td>10am</td>
<td>The Word with</td>
<td>9am Coffee Club</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Chaplain Lark</td>
<td>9:30am 2-5 Movie &amp;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10am</td>
<td></td>
<td>2:30pm</td>
<td>Popcorn</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:30am</td>
<td>9am</td>
<td>Spa Day</td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9am</td>
<td></td>
<td>Coffee Club</td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:30pm</td>
<td></td>
<td>2:30pm</td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9am</td>
<td>10am</td>
<td>The Word with</td>
<td>9am Coffee Club</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Chaplain Lark</td>
<td>9:30am 2-5 Movie &amp;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10am</td>
<td></td>
<td>2:30pm</td>
<td>Popcorn</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:30pm</td>
<td>9am</td>
<td>2:30pm</td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9am</td>
<td>10am</td>
<td>The Word with</td>
<td>9am Coffee Club</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Chaplain Lark</td>
<td>9:30am 2-5 Movie &amp;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10am</td>
<td></td>
<td>2:30pm</td>
<td>Popcorn</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:30pm</td>
<td>9am</td>
<td>2:30pm</td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9am</td>
<td>10am</td>
<td>The Word with</td>
<td>9am Coffee Club</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Chaplain Lark</td>
<td>9:30am 2-5 Movie &amp;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10am</td>
<td></td>
<td>2:30pm</td>
<td>Popcorn</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:30am</td>
<td>9am</td>
<td>Spa Day</td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9am</td>
<td></td>
<td>Coffee Club</td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:30pm</td>
<td></td>
<td>2:30pm</td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9am</td>
<td>10am</td>
<td>The Word with</td>
<td>9am Coffee Club</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Chaplain Lark</td>
<td>9:30am 2-5 Movie &amp;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10am</td>
<td></td>
<td>2:30pm</td>
<td>Popcorn</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:30pm</td>
<td>9am</td>
<td>2:30pm</td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9am</td>
<td>10am</td>
<td>The Word with</td>
<td>9am Coffee Club</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Chaplain Lark</td>
<td>9:30am 2-5 Movie &amp;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10am</td>
<td></td>
<td>2:30pm</td>
<td>Popcorn</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:30pm</td>
<td>9am</td>
<td>2:30pm</td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9am</td>
<td>10am</td>
<td>The Word with</td>
<td>9am Coffee Club</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Chaplain Lark</td>
<td>9:30am 2-5 Movie &amp;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10am</td>
<td></td>
<td>2:30pm</td>
<td>Popcorn</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:30pm</td>
<td>9am</td>
<td>2:30pm</td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9am</td>
<td>10am</td>
<td>The Word with</td>
<td>9am Coffee Club</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Chaplain Lark</td>
<td>9:30am 2-5 Movie &amp;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10am</td>
<td></td>
<td>2:30pm</td>
<td>Popcorn</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:30pm</td>
<td>9am</td>
<td>2:30pm</td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9am</td>
<td>10am</td>
<td>The Word with</td>
<td>9am Coffee Club</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Chaplain Lark</td>
<td>9:30am 2-5 Movie &amp;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10am</td>
<td></td>
<td>2:30pm</td>
<td>Popcorn</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:30pm</td>
<td>9am</td>
<td>2:30pm</td>
<td>2:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Notes:** Activities are subject to change based on resident interest and safety.
Thank you

To all of our Veterans, families, friends, staff, faculty, and contributors.