Hello June!

Georgia War would like to wish you a wonderful month filled with happiness.

Take a peek at what’s happening here at the Blue Goose!
Welcome! A warm welcome from Georgia War Veterans Nursing Home to the following new staff members:

Daija Harris  Katrina Wright
Shenia Williams

A warm welcome from Georgia War Veterans Nursing Home to the following new residents:

George Bennett  Freddie Handy
George Hunt  Robert Johnson, Jr.

Pinnacle Honorable Mentions—May 2021

Brenda Blue  Amy Green  Donna Moore
Richard Sams, MD

Dates to Remember:

June 14th — Flag Day
June 19th — Juneteenth
June 20th — Summer Solstice
June 20th — Father’s Day
Georgia War COVID-19 Update

Thank you for continuing to trust Georgia War with your loved one’s healthcare needs. We continue to do all that we can to protect our residents and staff from the spread of COVID-19 and this includes following all updated CDC and GDPH guidelines. Currently, we do not have any cases of COVID-19 for staff or residents. All future cases will continue to be quarantined and surveillance testing will continue for required staff. Indoor and outdoor visitations will continue as previously communicated. The courtyard will continue to be utilized as weather permits for outdoor visitation. Please refer to the visitation memo on the next page for more information.

Please know that we will continue to follow all infection control procedures and distribute the vaccine to all residents and staff in partnership with Augusta University. I am proud to say that all of our GWVNH departments continue to step up to ensure that medical care, therapies, and ancillary support services continue in a safe and effective manner. Volunteering to help in ways we never imagined, staff continue to work beyond their role or job title which confirms a true commitment to our mission. Everyone should be commended for their continued efforts.

As mentioned in previous communications, this pandemic has led to new medical challenges, policies, and procedures, and we will remain vigilant in an effort to maintain a safe and healthy environment for residents and staff. Please know that our leadership team continues working with federal, state, and local government agencies in support of our mission. We continue to experience an amazing outpouring of support from individuals and community partners. On page 5, there is a list of those who have provided Georgia War with support during this time. These groups remain committed and will continue to support Georgia War through this public health emergency. We are very fortunate and thankful for their partnership.

Thank you to all of our residents, staff, and families for your continued efforts and flexibility in this ever-changing environment. As we continue to navigate through this ever-changing environment at home, work, and in our communities, we know that none of the freedoms we have today would be possible without the valor and courage of those who chose to defend this great nation. These are the veteran residents that reside in our facility and our community today. We hope that you and your family will continue to remain safe at home and in your community.

Any questions or concerns can be directed to Administration. Thank you for your continued support of our efforts in caring for the veterans at Georgia War Veterans Nursing Home.

Carlton Deese  
Executive Director
Georgia War Indoor Visitation

Guidelines

Thank you for continuing to trust Georgia War with your loved one’s healthcare needs. We are doing all that we can to protect our residents and staff from the spread of COVID-19, including following all applicable guidelines from the CDC and GDPH. Indoor visitations are anticipated to resume for all residents except when circumstances require limitations due to a high risk of COVID-19 transmission. Please call 706-721-2824 to schedule a visit. As we begin expanded visitation, please keep in mind the following visitor requirements:

- Visitation will be limited in duration and frequency to safely accommodate all residents and families. We must also limit the total number of visitors in the facility at one time, based on size of the building, physical space and allowing for appropriate social distancing.
  - We can allow up to three visitors at a time for outdoor visitation.
  - Indoor visitation may have up to two visitors per resident at any given time.
  - Visitation will be limited to only those over 18 years of age.

- Frequency of both indoor and outdoor visits will be determined from week to week depending on the facilities available resources. Severe weather or extreme temperatures may prevent outdoor visitations.

- Indoor visitation will only occur in the lobby of the first floor and locations will be established. Visitors should continue to remain socially and physically distant from other residents and one another, except in cases where the resident has been fully vaccinated.

- All visitors will be screened for symptoms and temperature checked prior to meeting with their loved one. All visitors and residents must comply with face mask usage at all times.

- All visitors who exhibit signs/symptoms of COVID-19 or anyone that does not pass the screening, will not be permitted entry for visitation. Please avoid visiting if exhibiting signs and symptoms of any illness.
  - Any visitor with a pending COVID test or currently under home isolation orders for COVID-19 per the health department will not be permitted to visit with a resident.
  - All visitors must perform hand hygiene prior to visiting with their loved one. Hand sanitizer is available for visitation.
  - Indoor/outdoor visitation does not apply to residents on isolation due to a COVID-19 infection or those under quarantine.

- Individuals who have had close contact with someone with COVID-19 within the previous 14 days will not be allowed to visit, regardless of vaccination status. If a visitor, within 14 days of their visit, discovers that they have tested positive for COVID-19 or were exposed to COVID-19, please contact Administration as soon as possible so that we may begin contact tracing. This is extremely important to make sure we keep all of our residents as safe as possible.

- Circumstances which would require indoor visitation limitations due to a high risk of COVID-19 transmission:
  - The resident is required to quarantine. In this case, visitation may be conducted virtually unless a compassionate care visit is permitted.
  - The facility has an active case in the building. In the event of a new case of COVID-19 among residents or staff, all indoor visitation will be suspended and outbreak testing will begin immediately. Visitation will resume according to guidelines, typically within 14 days.

These and other guidelines will be required to reduce the possibility that COVID-19 may enter and spread in the facility. We strongly believe that vaccination is an essential and effective way to reduce the spread of COVID-19 and encourage all visitors to get vaccinated. Please let us know if you have any questions or concerns as we move forward with indoor visitation. Thank you.
### Donations and Contributions

The following individuals/organizations contributed their time and/or services to GVWNH:

<table>
<thead>
<tr>
<th>Organization</th>
<th>Contributions</th>
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<tbody>
<tr>
<td>Paulding County Post 111</td>
<td>Carlton Deese</td>
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<tr>
<td>Stuart Bloom</td>
<td>Charles Schauss</td>
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<td>American Legion Department Auxiliary</td>
<td>Razors</td>
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<tr>
<td>American Legion Post 192</td>
<td>Pizza Party, razors, sodas, snack cakes, puzzle books</td>
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<tr>
<td>American Legion Post 205</td>
<td>Banana Split Party</td>
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<tr>
<td>Dennis Venson</td>
<td>Diet Sodas</td>
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<tr>
<td>Elks Lodge 205</td>
<td>Puzzles, Snacks, Cookies &amp; Coffee</td>
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<tr>
<td>Harlem VFW #6445 Family</td>
<td>Birthday Party (Cake and Ice Cream)</td>
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<tr>
<td>HCCU</td>
<td>Bingo prizes, puzzle books, snacks, comfort items</td>
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<tr>
<td>Pin Up Dolls</td>
<td>Memorial Day Gift Bags</td>
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The following individuals/organizations made contributions to our Resident Benefit Fund:
National Nurses Week Celebration

Nurses Week is an annual celebration of all that nurses around the world do for their communities. It’s our time to recognize, appreciate, and invest in the nurses we know or work with every day, as well as the entire nursing industry as whole.

Thank you for all you do
National Nurses Week Celebration cont.

RN’s and LPNS were invited to join us in the courtyard as we blessed the hands that care for so many.
National Nurses Week Celebration cont.
Held annually since 1967, National Skilled Nursing Care Center Week (NSNCW) recognizes the role of skilled nursing care centers in caring for America’s seniors and individuals with disabilities.
National Skilled Nursing Care Week Celebration cont.
National Skilled Nursing Care Week Celebration cont.

Together Through the Seasons
TURN UP THE HEAT WITH A BONUS CASUAL DAY &
GEORGIA WAR COOKOUT

Sausage Dog or Cheeseburger®, Baked Beans, Chips, Cobbler, Tea or Lemonade

Wednesday, May 12
11 am in the Courtyard

*Vegetarian option available by pre-order; please see Heather Nichols prior to May 11th
National Skilled Nursing Care Week Celebration cont.
National Skilled Nursing Care Week Celebration cont.
National Skilled Nursing Care Week Celebration cont.
National Skilled Nursing Care Week Celebration cont.
Staying Busy at Georgia War

Puzzles from Elks Lodge 205
Staying Busy at Georgia War cont.

Resident Garden

Coffee Club

Sunshine Therapy

Crafts
Staying Busy at Georgia War cont.

Cookies & Coffee from Elks Lodge 205

Therapy Work Outs
June Word Search

Solutions on pg. 30

Old TV Shows 3

Find and circle all of the old TV shows that are hidden in the grid. The remaining letters spell the name of an additional old TV show.

T N I A S E H T T P R E T E N D E R Q
E O Y R R A H R E D N A L H G I H R U
N B C C E G O L D E N G I R L S O H A
G E N H G E B L S E E K N O M C I G N
A W I A N X M F E A H B A N K D N T T
R I U R A F U I M C V F A F E I M G U
D T Q L R I L W A I A E O T D S A E M
Y C S I E L O O O M L R N N M S S T L
R H X E N E C H I N D O A G K A H S E
E E I S O S N L C F D L V A E A N M A
L D N A L R Y N I N S E E E P R K A P
L M N N K T E L A T U P R P L E S R I
A C A G I U E H O E N B Y Y R U L T P
G C M E O S N N S I S D Y T E L C S M
T L S L F G K G W N A O R D I A G Y U
H O R S I Z Z T F Y A A R B A N R L N
G U N S M O K E S U T G Y Y I R A S G
I D D W O H S Y B S O C O W A M B S A
N Y L I M A F S M A D D A H O T E L L M

ADDAMS FAMILY
AVENGERS
BATMAN
BEWITCHED
BRADY BUNCH
CHARLIE'S ANGELS
COACH
COLUMBO
COSBY SHOW
CYBILL
DRAGNET

FAMILY TIES
GET SMART
GOLDEN GIRLS
GUNSMOKE
HAPPY DAYS
HARRY O
HIGHLANDER
HOGAN'S HEROES
HOTEL
I LOVE LUCY

KNOTS LANDING
KUNG FU
LONE RANGER
MAGNUM P.I.
MANNIX
MASH
MCCLUID
MONKES
NIGHT GALLERY
PRETENDER

QUANTUM LEAP
QUINCY
ROCKFORD FILES
ROSEANNE
STAR TREK
THE SAINT
TWIN PEAKS
WINGS
WONDER YEAR
X FILES
June Brain Teaser

Solutions on pg. 30

Find these hidden items in the big picture:

- apple core
- spoon
- toothbrush
- teacup
- artist's brush
- open book
- slice of pizza
- sock
- fish
- pencil
- heart
- baseball glove
- gingerbread man
- banana
Crack Chicken Twice Baked Potatoes

By Blue Plate Patty

**Ingredients:**

- 4 - 6 Medium/Large Russet Potatoes (If it looks like Mr. PotatoHead then you have the right one.)
- 1 Bag (Two Cups) of Shredded Cheddar Cheese
- 6 Slices of Bacon (I prefer thick cut)
- Butter
- 1 Packet Ranch Seasoning
- 3-4oz Ranch Dressing
- 1lbs Boneless Skinless Chicken Breast (A little over 1lbs wont hurt anything)
- 4oz Cream Cheese
- Salt and Pepper
- Chives
- Crock Pot
- Aluminum Foil

**Preparation:**

Start the chicken.

- Place your chicken breast into the crock pot.
- Sprinkle in the packet of ranch seasoning on top of the chicken.
- Set the 4oz block of cream cheese ON TOP of the ranch covered chicken. No need to spread or break up the cream cheese block.
- Set the crock pot on high for 3 hours.
- Clean the potatoes and set aside to dry.
- Wait two hours.

Start the Potatoes.

- Pre-Heat the oven to 425°F.
- CAREFULLY stab the potatoes with a fork 10 to 12 times all over to vent.
- Layout aluminum foil squares large enough to wrap each potato individually.
- Using the butter coat the outside of the potatoes and season with salt. (Don’t be shy with the salt).
- Wrap the seasoned potato in foil and place on a baking sheet.
- Once you have seasoned and wrapped each potato slide the baking sheet into the oven for 45 minutes to an hour. (A fork should easily pierce the potato with little to no resistance. Also the baking sheet is optional. The potatoes can be placed directly on the wire rack if you are confident in your foil wrapping skills.)
- Cook your bacon until crispy. (Microwave/Pan Fry/Air Fryer makes no difference as long as it is crispy and easily crumbled)
- Crumble the bacon and set aside.
Wait again.

*Ding* Potatoes are cooked.

- Carefully remove the potatoes from the oven.
- Using mittens unwrap the potatoes and transfer them to your cutting board.
- Slice off the top 3/4 of each potato and place it into a medium size mixing bowl.

- Using a spoon carefully hallow out your potatoes. (Like a canoe.) Place the scooped potato into the mixing bowl and return the hollowed out potato shells to the baking sheet.

- Add ½ bag (1 cup) of shredded cheddar cheese to the mixing bowl and start mashing. Once loosely mixed add in 5 Tbsp of ranch dressing. (I like buttermilk ranch but I don’t know that it really makes a difference.) Once the ranch is mixed in add in half of your crumble bacon, salt, and pepper. Mix well. Add in dollops of butter until your mashed potatoes reach your preferred level of creamy.
- Fill your potato shells with the mashed potato mixture (you will have a bit left over even if you mound it up).
- Slide the potatoes back into the oven (about 10-15 minutes more).

*Ding* Chicken is ready.

- Open your crockpot and shred the chicken breast with two forks.
- Add ¼ cup cheddar cheese and ¼ of your remaining bacon crumble to the crockpot and mix well. Close the crockpot and leave on warm until ready to use.
- Pull out the potatoes and top each one with a heaping portion of Crack Chicken mixture. Sprinkle a bit more cheese on top along with remaining bacon crumbles.
- Turn the oven to broil and slide the potatoes back in until the cheese is melted.
- Top with diced chives and serve!
May 2021 Recipe Winner

Congratulations “Cinnaman”

If you, or someone you know, is interested in submitting a recipe for a chance to be published in the Vet Com and win a prize, please submit by using one of the following ways:

Send us a letter:

Georgia War Veterans Nursing Home
ATTN: Business Services
1101 15th Street
Augusta, GA 30901

OR

Use this QR Code
Somewhere in this issue, we have hidden the names of one Georgia War Resident and one Staff Member.

If you find your name, please call the Activities Office to claim your prize.

Each month, we will randomly pick the name of one resident and one staff member. Be sure to carefully review each issue to see if your name is hidden somewhere within.

Good Luck!

Oops! Our Staff Member did not find their name last month.

Irvine Faulkner
How we see things is our personal reality. Our natural way of viewing things are vastly different from God’s. We are reminded that our thoughts and ways are not like His (Isaiah 55:8-9). As a man of faith, I desire to always see the good in everyone and everything. I’m not saying that I do, but I strive to do so. The personal perspective we grab hold of and nurture shapes us, for better or worse, into the individuals we become. It is vitally important that we are willing to look at things from other viewpoints. Below is a poem written by Chanie Gorkin that gave me a new perspective on how one’s attitude determines one’s happiness. I ask that you read it slowly; once you thoroughly read it, reread it, starting from the bottom up and see a different perspective on the day.

Today was the absolute worst day ever
And don't try to convince me that
There's something good in every day
Because, when you take a closer look,
This world is a pretty evil place.

Even if
Some goodness does shine through once in a while
Satisfaction and happiness don't last.
And it's not true that
It's all in the mind and heart
Because
True happiness can be attained
Only if one's surroundings are good
It's not true that good exists
I'm sure you can agree that
The reality
Creates
My attitude
It's all beyond my control
And you'll never in a million years hear me say
Today was a very good day

Now that you have read the poem from the bottom up, may your life be lived that way from day to day! Whatever God brings you to, just believe that He can bring you through.

- Chaplain Timothy E. Lark
Inspiring Poem About Grief
By Michele Meleen

As the shadow that walks
beside you every day,
grief can be your partner
in good times and in bad.
Your shadow looks dark
but it reacts to light
showing you when the sun is high.
It walks with you
and reflects who you are,
not a burden, but
a partner to walk beside.

We would like to thank the following individuals for their donations:

Barbara Trotman-Lassetter In Memory of The Fuehrer Family
Frances and Joe Warnock In Memory of James T. Jenkins

Source: https://dying.lovetoknow.com/Poems_Related_to_Grief
These wonderful people are the residents and staff who will be celebrating birthdays in June!

**Residents**

- Charles Clements  6/01
- John Forrester   6/10
- Freddie Handy    6/19
- George Hunt      6/22
- William Harmon   6/24
- Albert Davis     6/27
- Marvin Armour    6/30

**Staff**

- Donte Brisbon    6/2
- Richard Sams     6/2
- Tamala Bray      6/5
- Ingenue Willis   6/6
- Richard Blount   6/13
- Melissa Tolbert Hall  6/15
- Michael Diaz     6/21
- Lanethia Davis   6/25
- Erika Bowdre     6/30

Happy Birthday
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- 9am: Coffee Club
- 9:30am: News with Friends
- 2:30pm: Goodie Bag Giveaway!
- 9am: Coffee Club
- 10am: Wood Working
- 2:30pm: Ladies Glamour Day Giveaway!
- 9am: Coffee Club
- 10am: Wood Working
- 2:30pm: Elks Lodge 205 Social
- 9am: Coffee Club
- 9:30am: Movie & Popcorn, 2-5
- 2:30pm: Balloon Volleyball
- 9am: Coffee Club
- 10am: The Word with Chaplain Lark, 4th floor
- 2pm: Takin’ Shots!
- 9am: Coffee Club
- 10am: Sunshine Therapy
- 2:30pm: Bingo
- 9am: Coffee Club
- 9:30am: News with Friends
- 2:30pm: Men’s Spa Day
- 9am: Coffee Club
- 10am: Water Balloon Toss
- 2:30pm: Ice Cream Social
- 9am: Coffee Club
- 9:30am: Movie & Popcorn, 2-5
- 2:30pm: Parachute Play
- 9am: Coffee Club
- 10am: The Word with Chaplain Lark, 3rd floor
- 2:30pm: Frozen Friday
- 9am: Coffee Club
- 10am: Sunshine Therapy, I Spy
- 2:30pm: Frozen Friday
- 9am: Coffee Club
- 10am: Sunflower Therapy
- 2:30pm: Bingo
- 9am: Coffee Club
- 9:30am: News with Friends
- 2:30pm: Coke Floats
- 9am: Coffee Club
- 10am: Memory Match Up
- 2:30pm: Ice Cream Social
- 9am: Coffee Club
- 9:30am: Movie & Popcorn, 2-5
- 2:30pm: Music in Motion
- 9am: Coffee Club
- 10am: The Word with Chaplain Lark, 5th floor
- 2:30pm: Frozen Friday
- 9am: Coffee Club
- 10am: Sunshine Therapy
- 2:30pm: Bingo

Activities are subject to change based on Resident interest and safety; One-on-One activities occur on each floor.
Thank you

To all of our Veterans, families, friends, staff, faculty, and contributors.