Georgia War would like to wish you a warm and happy holiday season.

Take a peek at what’s happening here at the Blue Goose!
Welcome!

A warm welcome from Georgia War Veterans Nursing Home to the following new staff members:

LaWanda Jordan
Tykisha Watkins

A warm welcome from Georgia War Veterans Nursing Home to the following new residents:

John Forristal    Jackie Keith
Nathaniel Mitchell William Turk

Pinnacle Honorable Mentions—November 2021

Amy Green        Timothy Lark        Sharon Neely
Karen Monaco     Jalah Morris        Dr. Richard Sams
Michael Sylvestre

Dates to Remember:

December 7th: Pearl Harbor Day
November 28th—December 6th: Hanukkah
December 25th: Christmas Day
December 26th — January 1st: Kwanzaa
Georgia War COVID-19 Update

Thank you for continuing to trust Georgia War with your loved one’s healthcare needs. With the decrease in COVID positivity rates in our community and facility, we are pleased to announce that visitation expanded to regular hours (9am-9pm) beginning Monday, November 22nd. Leave requests and day passes are also allowed. As we expand both visitations and services in the building, we will continue to follow all infection control procedures. Please refer to the visitation memo on the next page for more information.

Please know that we continue to do all that we can to protect our residents and staff from the spread of COVID-19 and this includes following all updated CDC and GDPH guidelines. Currently, we do not have any cases of COVID-19 for staff or residents. All future cases will be quarantined and surveillance testing will continue as required. We will also continue offering the vaccine to all residents and staff in partnership with Augusta University.

This pandemic has impacted many of our policies and procedures and we will remain vigilant in an effort to maintain a safe and healthy environment for all residents and staff. Please know that our leadership team continues working with federal, state, and local government agencies in support of our mission. We continue to experience an outpouring of support from our volunteers and community partners and these groups will remain committed as we expand our operations. We are very fortunate and thankful for their partnership.

Thank you to all of our residents, staff, and families for your efforts and flexibility throughout this pandemic. GWVNH departments continue to step up to ensure that medical care, therapies, and ancillary support services are delivered in a safe and effective manner. Volunteering to help in ways we never imagined, staff continue to work beyond their role and job title which confirms a true commitment to our mission. Everyone should be commended for their efforts.

As we continue to navigate through this ever-changing environment at home, work, and in our communities, we know that none of the freedoms we have today would be possible without the valor and courage of those who chose to defend this great nation. These are the veteran residents who reside in our facility and our community today. We hope that you and your family will continue to remain safe.

Any questions or concerns can be directed to Administration. Thank you for your support of our efforts in caring for the veterans at Georgia War Veterans Nursing Home.

Carlton Deese
Executive Director
Thank you for continuing to trust Georgia War with your loved one’s healthcare needs. Our goal is to continue protecting our residents and staff from the spread of COVID-19 as we follow all applicable guidelines from the CDC and GDPH. Visitation hours, leave requests, and day passes adjusted back to normal operations beginning Monday, November 22nd unless circumstances require limitations due to a high risk of COVID-19 transmission. As we adjust back to normal operations, please keep in mind the following requirements:

- Visitation hours will be from 9am-9pm and will be limited to only those over 18 years of age.
- Visitation will occur in the common areas of each floor and in resident rooms. Visitors should continue to remain socially distant from other residents, visitors, and staff.
- All visitors and residents must comply with face mask usage at all times.
- All visitors will be screened prior to entering the building. All visitors who exhibit signs/symptoms of COVID-19 or anyone that does not pass the screening, will not be permitted entry for visitation. Please avoid visiting if exhibiting signs and symptoms of any illness. Any visitor with a pending COVID test or currently under home isolation orders for COVID-19 per the health department will not be permitted to visit with a resident.
- Individuals who have had close contact with someone with COVID-19 within the previous 14 days will not be allowed to visit, regardless of vaccination status. If a visitor, within 14 days of their visit, discovers that they have tested positive for COVID-19 or were exposed to COVID-19, please contact Administration as soon as possible so that we may begin contact tracing. This is extremely important to make sure we keep all of our residents as safe as possible.
- Day passes and overnight leave will be granted upon request as outlined below.

**LEAVE POLICY:** Planned overnight absences from Georgia War Veterans Nursing Home (GWVNH) may be granted after approval by the medical staff (12 per calendar year). Required medications will be provided for overnight absences which should be requested seven (7) full days before the date of departure. Only those medications deemed necessary by the physician will be provided. Therapeutic leave may be canceled if the resident’s medical condition prevents them from leaving the facility or if there is an outbreak in the facility.

**DAY PASS POLICY:** Day passes may be taken by residents wishing to leave the facility for the day, but who do not plan to spend the night away from the facility. Residents on day pass must return to the nursing unit by 9:00 PM. Residents on a Day Pass must sign out in the log at the nursing station on their unit at the time of departure and sign in immediately upon return.

We strongly believe that vaccination is an essential and effective way to reduce the spread of COVID-19 and encourage all visitors to get vaccinated. Please let us know if you have any questions or concerns as we move forward with expanded visitation and leave requests.

**Nursing Unit Numbers:**

2nd Floor: 706-721-2416  
3rd Floor: 706-721-2512  
4th Floor: 706-721-2765  
5th Floor: 706-721-2826
Donations and Contributions

The following individuals/organizations contributed their time and/or services to GVWNH:

- American Legion Post 192
- American Legion Post 205
- Berita Martin & Roger Bellow
- James and Lucille Chavous
- Elks Lodge 205
- Pet Therapy Group
- Pin Up Dolls
- Target
- Zeta Phi Beta

- Veteran’s Day Good Bags and Pizza Party
- Pizza Party
- Live Music
- Razors
- Sub Sandwich Party
- Pet Therapy
- Goody Bags, Pizza, and Bingo
- Entertainment Items
- Pizza Party & Bingo

Georgia War would like to thank everyone that donated goody bags, cards, pictures, and more to our Veterans for Veterans Day.

The following individuals/organizations made contributions to our Resident Benefit Fund:

- Stuart Bloom
- Felecia Liabastre (Matthews)
- Paulding County Post 111
- Carlton Deese
- Billy & Joyce Shurling

Dear Veteran,
I admire you because you are brave and loyal, just like a Cub Scout.
Your friend, Pack 345

Dear Veteran,
Thank you for being a great friend to America
Your friend, CAL EBL.
Days of Service

What is the AU Day of Service?

The AU Day of Service is traditionally held on the first Saturday in November each year. On this day, AU students, employees and their families fan out through the community to perform all types of service projects with different organizations that have requested our help! Community and service are at the heart of our mission and we interact as a university to support our students and our community. Our Day of Service provides an ideal opportunity for the entire Augusta University family to come together in a large-scale demonstration of our commitment to service.

https://dayofservice.augusta.edu/faq/
Days of Service
The Department Head team once again chose the Fort Gordon Christmas House charity to support this year for Christmas. The Christmas House began in 1966 when a group of nurses on Fort Gordon hosted a teddy bear drive to ensure children of deployed soldiers received a Christmas gift. Since then, the Christmas House continues to serve Fort Gordon’s active military families from all branches of service at the rank of E-5 and below. The continued success of the Christmas House is due to the hard work of its volunteers and the generosity of the Greater Augusta community. More than a toy drive, the Christmas House provides military parents an opportunity to select from new toys, bikes, books and stocking stuffers for their children in a cheerfully decorated holiday setting. When we dropped off the toys and donations, the volunteers had the shelves loaded and ready to go for families to select. They continue to work on the warehouse side restocking with new inventory. We are once again privileged to be able to support this wonderful charity in their mission to give joy and new toys to military families.
'Green Veterans' CEO Shawn Hanley and Korean War veteran Duane Seaborn joined 'Fox & Friends'

On Wednesday, November 24th, Fox & Friends interviewed our very own Duane Seaborn and our interim commissioner and board member Shawn Hanley. Shawn is also the CEO of Green Veterans which is the group that provided a pre-thanksgiving lunch for all residents and staff. Mr. Duane Seaborn is also the president of Georgia War’s Resident Council.

During the interview Mr. Seaborn shared details from his time in the service and why it was important for him to serve his country. To see the entire interview click one of the link below.

https://video.foxnews.com/v/6283557710001#sp=show-clips

Behind the Scenes
In Hallowed Halls
(Dedicated to all CNA’s)
by Duane Seaborn

In the hallowed halls of Blue Goose I stumble, I tremble, I turn. “Where am I?” my soul cries. “Where am I today?”

“Lie in some rice paddy, wounded, bleeding, scared? Or march I with my comrades in the death march to Bataan?

Fog, gray fog, embraces my poor, my tired old brain. Swirling fog, miasmic cloud, cries out “Old man, fall down! You ancient husk, you sorry thing, fall down, fall down and die!”

But no, from out the cloud, from out the fog, appears a blue gloved hand.

Encasing gently my poor bones with touch of love and gentleness, a tender tug leads me out, out from the fog of Hell.

A soft voice, angelic tones, whispers “Follow me! Follow me, you precious, you dear, sweet man.”

Soon in bed, from out the fog, from out the cloud, as sleep enshrouds my head, Mother’s voice rings in my ears the old, the childhood prayer. “Now I lay me down to sleep; I pray thee Lord, my soul to keep. If I should die before I wake, I pray thee Lord, my soul to take.”

Midst sound of wind chimes from above, again comes Mama’s voice “Hush, my son, sleep well, sleep well I pray.”

Amen!!
Thanksgiving at Georgia War
Staying Busy at Georgia War

Veterans Day Appreciation
Staying Busy at Georgia War cont.
Staying Busy at Georgia War cont.

Pet Therapy
Staying Busy at Georgia War cont.
Staying Busy at Georgia War cont.
Staying Busy at Georgia War
Staying Busy at Georgia War

Bingo

Garden Club
Staying Busy at Georgia War
Staying Busy at Georgia War

Wood Working

Haircuts
Staying Busy at Georgia War

Dominos

The Word

Sunshine Therapy
Staying Busy at Georgia War

Sweet Treats
Staying Busy at Georgia War

Working Out

Bowling
Holiday Word Search Challenge

Solve each clue to reveal the holiday-related words to find in the puzzle going across, down, and diagonal.

1. December 25th holiday: ____________
2. Jolly man in red suit: ____________
3. Hung by the chimney: ____________
4. December holiday celebrating African-American heritage: ____________
5. Family customs passed down to next generation: ____________
6. Kwanzaa candle holder: ____________
7. Hung on a door at Christmas: ____________
8. Jewish Festival of Lights: ____________
9. Special Jewish candelabra: ____________
10. Red and white striped Christmas sweet: ____________

11. A wax light that is used as a ceremonial symbol of many holidays: ____________
12. Number of days of Hanukkah: ____________
13. Santa’s vehicle: ____________
14. Kwanzaa feast: ____________
15. Gifts given on the last day of Kwanzaa: ____________
16. Christmas songs: ____________
17. Potato pancakes: ____________
18. They pull Santa’s sleigh: ____________

Bonus: Find 5 more holiday words hidden in the word search grid

SCHOLASTIC Find more printables for children at scholastic.com/parents/activities-and-printables
December Sudoku
Solutions on pg. 36
1. Who said, “God Bless Us, Everyone!”?
2. How many Wise Men were there according to the Bible?
3. Which country created eggnog?
4. After red and green, what are the two most popular Christmas colors?
5. The custom of finding a button in the plum pudding means what to an unmarried man?
6. What does “Advent” mean?
7. We all know Rudolph has a red nose, but does Rudolph have antlers?
8. Which U.S. President barred the Christmas Tree from being displayed in the White House?
9. What popular children’s cracker today, was introduced in 1902 as a Christmas ornament?
10. Round/Oval candies filled with fruit preserves or cream and covered with chocolate are called?
11. December 24, 1814 ended what war?
12. What were Frosty the Snowman's last words?
13. What was the most popular toy of 1984?
14. What Florida town maintains a fully decorated tree year round?
15. The most popular item to put on top of a Christmas tree is?
16. The average number of gifts an adult male gets for Christmas is?
17. What song contains the line, “Let’s be jolly, deck the halls with boughs of holly”?
18. What city name do the states Kentucky, Indiana, New Hampshire, Maryland, Connecticut, and Georgia have in common?
19. After Joseph, Mary and Jesus left Bethlehem, they went to which country?
20. What is the main ingredient in gingerbread cookies? Flour, Ginger or Molasses?
21. What river did General Washington cross on December 25, 1776?
22. McDonald’s puts what holiday image on bags during the Christmas season?
23. In “Jingle Bell Rock,” everyone is dancing and prancing where?
24. In “It’s A Wonderful Life,” what did Clarence receive for his accomplishing his mission?
25. “Greensleeves” is another name for what Christmas song?
December Coloring Page

Bobby Latham
Use your eyes to earn a prize!

The (5) cheerful items below are hidden throughout our December Vet Com! The first five readers to find them and call/write in will win a prize! Good luck!

To submit answers via phone
Call the Business Office at
(706)-721-2386

To submit answers via mail send the Business Office a letter
Georgia War Veterans Nursing Home
ATTN: Business Services
1101 15th Street
Augusta, GA 30901
Monthly Recipe

Egg Nog

Directions:
1. Whisk the egg yolks and sugar together in a medium bowl until light and creamy.
2. In a saucepan over medium-high heat, combine the cream, milk, nutmeg and salt. Stir often until mixture reaches a bare simmer.
3. Add a big spoonful of the hot milk to the egg mixture, whisking vigorously. Repeat, adding a big spoonful at a time, to temper the eggs.
4. Once most of the hot milk has been added to the eggs, pour the mixture back into the saucepan on the stove.
5. Whisk constantly for just a few minutes, until the mixture is just slightly thickened (or until it reaches about 160°F on a thermometer). It will thicken more as it cools.
6. Remove from heat and stir in the vanilla.
7. Pour the eggnog into a pitcher or other container and cover with plastic wrap.
8. Refrigerate until chilled. It will thicken as it cools. If you want a thinner, completely smooth consistency, you can add the entire mixture to a blender with 1 or 2 tablespoons of milk and blend until smooth.

Ingredients:
- 6 large egg yolks
- 1/2 cup granulated sugar
- 1 cup heavy whipping cream
- 2 cups milk
- 1/2 teaspoon ground nutmeg
- pinch of salt
- 1/4 teaspoon vanilla extract
- ground cinnamon, for topping

If you, or someone you know, is interested in submitting a recipe for a chance to be published in the Vet Com and win a prize, please submit by using one of the following ways:

Send us a letter:
Georgia War Veterans Nursing Home
ATTN: Business Services
1101 15th Street
Augusta, GA 30901

Use this QR Code
https://tastesbetterfromscratch.com/homemade-eggnog/
Somewhere in this issue, we have hidden the names of one Georgia War Resident and one Staff Member.

If you find your name, please call the Activities Office to claim your prize.

Each month, we will randomly pick the name of one resident and one staff member. Be sure to carefully review each issue to see if your name is hidden somewhere within.

Good Luck!
Greetings and Salutations!

The year 2021 is quickly coming to a close when many reflect on the past year. Here at GWVNH, I would like us as an organization and individuals to ask how well did we do? Did we accomplish everything we planned? What could we have done better? Did I do my part? I believe we must constantly ask ourselves these questions and answer them honestly.

As we prepare for the New Year of 2022, I can share a short story with you.

This is a story about four people named Everybody, Somebody, Anybody, and Nobody.

There was an important job to be done, and Everybody was sure that Somebody would do it. Anybody could have done it, but Nobody did it. Somebody got angry about that because it was Everybody’s job. Everybody thought Anybody could do it, but Nobody realized that Everybody wouldn’t do it. It ended up that Everybody blamed Somebody when Nobody did what Anybody could have done.

May this story inspire you to continue to be that individual who makes things happen. How? In the words of a famous shoe manufacturer: “Just do it!”

My prayer for us here at Georgia War is to never have to deal with this situation, even though we may have our bumps and bruises, laughs, and losses. All of us here at GWVNH are part of a community with different talents, personalities, job descriptions, and responsibilities. Relying on Anybody, Somebody, Nobody and Everybody will not help our community. It takes ALL BODIES supporting each other to help us continue to thrive.

It is very challenging at times to keep the proper perspective and stay focused. I have to remind myself why I’m doing what I do and who I am doing it for. The Good News Translation reminds me, “whatever you do, work at it with all your heart, as though you were working for the Lord and not for people.” Colossians 3:23

As we wrap up this year, let’s determine today that we will not be defeated. If the Lord allows us to see another year, we will do better.

May this holiday season bring comfort and cheer! I wish you all a Merry Christmas and a happy holiday.

Sincerely,

Chaplain Timothy E. Lark

The article above references the condensed version of Charles Osgood’s “Responsibility Poem”; the full version can be found at: http://www.greatexpectations.org/wp-content/uploads/pdf/lp/responsibility/Responsibility%20poems.pdf
After the Fire
by Ada Limon

You ever think you could cry so hard
that there’d be nothing left in you, like
how the wind shakes a tree in a storm
until every part of it is run through with
wind? I live in the low parts now, most
days a little hazy with fever and waiting
for the water to stop shivering out of the
body. Funny thing about grief, its hold
is so bright and determined like a flame,
like something almost worth living for.

Chaplain’s Corner
in Memory of:

Darryl Cagle
Steve Crawford
Elmer Durham
Paul Evans
Robert Johnson
Nathaniel Smith

We would like to thank the following individuals for their donations:

In Memory of Troy Smith

Kyle & Kay Johnson
Robert & Eva Morris

Gordon & Coleda Phillips
Laura Smith & Family

Source: https://www.sympathymessageideas.com/poems-about-grief/
These wonderful people are the residents and staff who will be celebrating birthdays in December!

### Residents

<table>
<thead>
<tr>
<th>Name</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carol Black</td>
<td>12/1</td>
</tr>
<tr>
<td>Henry Goldman</td>
<td>12/3</td>
</tr>
<tr>
<td>Charles Dunn</td>
<td>12/4</td>
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<tr>
<td>Joseph Thomas</td>
<td>12/5</td>
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<tr>
<td>Albert Liabastre</td>
<td>12/13</td>
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<tr>
<td>Rolland Grisco</td>
<td>12/18</td>
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<tr>
<td>Wilbur Lewis</td>
<td>12/20</td>
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<tr>
<td>Herman Kersey</td>
<td>12/21</td>
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<tr>
<td>Jack Yelton</td>
<td>12/21</td>
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<tr>
<td>George McCoy</td>
<td>12/22</td>
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<tr>
<td>David Buckner</td>
<td>12/22</td>
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<tr>
<td>John Harper</td>
<td>12/23</td>
</tr>
<tr>
<td>Ronnie Harris</td>
<td>12/26</td>
</tr>
<tr>
<td>Robert Lewis</td>
<td>12/31</td>
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</table>

### Staff

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Teresa Craig</td>
<td>3-Dec</td>
</tr>
<tr>
<td>Miranda Crocker</td>
<td>8-Dec</td>
</tr>
<tr>
<td>Dorothy Gilmore</td>
<td>8-Dec</td>
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<tr>
<td>Theresa Austin</td>
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<tr>
<td>Elaine Ellerbee</td>
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<tr>
<td>Lydia Lee</td>
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<tr>
<td>Latoya Cottrell</td>
<td>16-Dec</td>
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<tr>
<td>Karen Monaco</td>
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<tr>
<td>Mary Walker</td>
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<td>Sharon Davis Martin</td>
<td>18-Dec</td>
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<tr>
<td>Shirley Hill</td>
<td>19-Dec</td>
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<tr>
<td>Vita Crawford</td>
<td>20-Dec</td>
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<tr>
<td>Lynnette Dillingham-Taylor</td>
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<tr>
<td>Alyse Taylor</td>
<td>28-Dec</td>
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<td>Janesha Mason</td>
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<td>Shaneka Lowe</td>
<td>30-Dec</td>
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<tr>
<td>Jeronda Yarbrough</td>
<td>30-Dec</td>
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<tr>
<td>Joseph Wolff</td>
<td>31-Dec</td>
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</tbody>
</table>

These wonderful people are the residents and staff who will be celebrating birthdays in December!
Puzzle Solutions

1. Tiny Tim
2. It doesn’t say
3. United States
4. Silver and Gold
5. Bachelorhood
6. Coming
7. Yes
8. Teddy Roosevelt
9. Barnum’s Animal Crackers
10. Sugar Plums
11. War of 1812
12. “I’ll be back again someday.”
13. Cabbage Patch Doll
14. Christmas, Florida
15. Angel
16. 6
17. Rockin’ Around The Christmas Tree
18. Bethlehem
19. Egypt
20. Flour
21. Delaware River
22. Tree
23. Jingle Bell Square
24. His wings
25. “What Child is This?”
Puzzle Solutions cont.
<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
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<td>9:00 Coffee Club</td>
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<td></td>
<td></td>
<td>10:00 Christmas Cards</td>
<td>10:00 ELS Lodge 205</td>
<td>10:00 Salt Ornaments</td>
<td>10:00 Oh Deer Hunt</td>
<td>10:00 The Word w/ Chaplain Link</td>
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<td></td>
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<td>2:30 Bingo</td>
<td>2:30 Elks Lodge 205</td>
<td>2:30 Fun and Games</td>
<td>2:30 Bingo</td>
<td>2:30 Bingo</td>
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<td>9:00 Coffee Club</td>
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<td>2</td>
<td>3</td>
<td>10:00 Music in Motion</td>
<td>10:00 Bible Study</td>
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<td>4</td>
<td>10:00 Scrabble and</td>
<td>10:00 Christmas</td>
<td>10:00 Christmas</td>
<td>10:060 Memory's/Stories for</td>
<td>10:00 The Word w/ Chaplain Link</td>
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<td>11</td>
<td>10:00 S'Mores and</td>
<td>Cards</td>
<td>10:00 S'Mores and</td>
<td>10:00 Family Visits</td>
<td>10:00 Mini Golf PLINKO</td>
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<td>10:00 Bingo</td>
<td>Scones</td>
<td>10:00 Bingo</td>
<td>10:00 Target Practice</td>
<td>2:30 What's Your Resolution</td>
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<td>10:00 Bingo</td>
<td>2:30 Bingo</td>
<td>10:00 Bingo</td>
<td>10:00 Target Practice</td>
<td>2:30 Cooking Corner</td>
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<td>2:30 Feel the Burn Stretch</td>
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</tr>
</tbody>
</table>

Activities are subject to change based on Resident interest and safety. One-on-one activities occur on each floor.
Thank you

To all of our Veterans, families, friends, staff, faculty, and contributors.