Vet Com
Georgia War Veterans Nursing Home
Augusta, Georgia

October 2020
Welcome!

We would like to welcome the following Staff to Georgia War Veterans Nursing Home:

- Arnica Amerson
- Tyler Gardner
- Cherica Dixon
- Deyajah Lindsay
- Faith Powell

Dates to Remember:

- October 4th—National Golf Day
- October 6th—Mad Hatter Day
- October 12th—Columbus Day
- October 31st—Halloween

Pinnacle Honorable Mentions

- Courtney Fairchild
- Tiffany Johnson
- Lynnette Dillingham Taylor
- Sandra Banks
- Maefield Streetman
- Timothy Lark
- Everald Clarke
- Jermaine Winfrey

Happy Retirement, Laurie!

After 8 years of service, Laurie Cordaro, the Director of Occupational Therapy at Georgia War, has retired. Please join us in wishing her all the very best!
As we enter the 8th month of our efforts to reduce the risk of exposure to COVID-19 in our facility, our goal today remains the same: continue to do all that we can to ensure the safety of all residents and staff. The ongoing restrictions in place have been challenging, but we could not have gotten this far without your commitment and cooperation. As we continue to navigate through this ever-changing environment at home, work, and in our communities, we know that none of the freedoms we have today would be possible without the valor and courage of those who chose to defend this great nation. These are the veteran residents that reside in our facility and our community today.

Currently, we have one resident COVID case and four staff cases in the facility. All cases have been quarantined and surveillance testing will continue for all COVID negative residents and staff. As we continue to fight this pandemic, I am proud to say that all of our departments continue to step up in one way or another to ensure that medical care, therapies, and ancillary support services continue in safe and effective manner. Volunteering to help in ways we never imagined, staff continue to step up in ways that are beyond their of role or job title which confirms a true commitment to our mission. Everyone should be commended for their continued efforts.

As mentioned in previous communications, this pandemic has led to new medical challenges, policies, and procedures, and we want remain vigilant in an effort to maintain a safe and healthy environment for residents and staff. Please know that our leadership team continues working with federal, state, and local government agencies in support of our mission. We continue to experience an amazing outpouring of support from individuals and community partners. On the next page, there is another list of those who have provided Georgia war with PPE, refreshments, and other support during this time. These groups remain committed and will continue to support Georgia War through this public health emergency. We are very fortunate and thankful for their partnership.

Lastly, we want you to be aware that Georgia War restrictions are anticipated to extend at least through October. Please be assured that our approach to reopening will be deliberate and systematic. Thank you to all of our residents, staff, and families for your continued efforts and flexibility in this ever changing environment. We hope that you and your family will remain safe at home and in your community as we continue to fight this pandemic.

Any questions or concerns can be directed to Administration. Thank you for your continued support of our efforts in caring for the veterans of Georgia War Veterans Nursing Home.

Carlton Deese
Executive Director
The following individuals/organizations donated COVID—19 items to GWVNH:

- City of Blythe
- Judy Kersey & Family
- Paulding County Post 111
- Lillian Santiago
- Wanda Shealy Andrieni & The WORMS Book Club
- Phillip & Noemi Smith
- Dr. Ronald Gantt
- Pattye Wright

The following individuals/organizations contributed their time and/or services to GWVNH:

- Elks Lodge
  - Banana Split Party
- Harlem VFW
  - Resident Birthday Parties
- American Legion Post 192
  - Radios
- Sons of the American Legion, Post 192
  - Radios
- 11th District American Legion Department of Georgia
  - Radios
- Sons of the American Legion, 11th District
  - Radios
- American Legion Post 96
  - Radios
- American Legion Post 178 Auxiliary
  - Radios
- American Legion Auxiliary Department
  - Razors, Body Wash, Bingo Prizes, Food for Thought, Pumpkin Painting Party
- American Legion Member, Post 192
  - Books
- Jim and Judy Whalen, American Legion Post 192
  - Resident Pizza Party
- Target of Evans
  - Snack cakes, Bingo prizes, craft supplies, refreshments, and in-room entertainment
Congratulations to our Blue Star Recipients

April Hill*
Janesha Mason*
Daisy Nickson*

*Not Pictured Here
Heroes Supporting Heroes
Years of Service Ceremony

Shannon Brockwell—5 years
Latasha Davis—5 years
Dorothy Gilmore—5 years
Alyse Taylor—5 years
Seabron Colbert—10 years
Talethia Hawes—15 years
Larry Newsome—15 years
Resident Spring Garden—The Results

Music in Motion
Resident Radios provided by The American Legion

Exercise Time
Fall has Arrived at Georgia War!
Fall Décor Continued......
October Word Search

Solutions on pg. 19

Acorns
Blackberries
Cool Weather
Halloween

Apple Pie
Bounty
Corn
Haystacks

Apples
Chestnuts
Crows
Jack o Lantern

Autumn
Chrysanthemum
Fall
Kite Flying

Back To School
Colorful Leaves
Fog
October

Trick or Treat
Sudoku

Solutions on pg. 19
Ingredients:
3/4 c. unsalted butter
1 c. firmly packed dark brown sugar
1 c. sugar
3 large eggs
1 c. pumpkin puree
1/2 c. Buttermilk
1 tsp. pure vanilla extract

2 c. all-purpose flour
2 tsp. baking powder
1 1/2 tsp. ground cinnamon
1 tsp. baking soda
1/2 tsp. fresh ground nutmeg
1 recipe for Pumpkin Cream-Cheese Frosting (below)

Directions:
1. Prepare cake pans: Preheat oven to 350° F. Lightly coat three 8-inch cake pans with softened butter. Cut three 8-inch circles out of parchment paper and fit them into the bottom of the cake pans. Lightly coat the paper circles with butter and set aside.

2. Make the batter: Cream butter until smooth in a large bowl with an electric mixer set on medium speed. Add the sugars and mix until smooth. Add eggs, one at a time, beating well after each addition, until the mixture is smooth and light. Set aside. Combine the pumpkin purée, buttermilk, and vanilla in a medium bowl and set aside. Combine the flour, baking powder, cinnamon, baking soda, and nutmeg in a large bowl and set aside. In thirds, alternately add the flour mixture and buttermilk mixture to the butter mixture, blending well after each addition until smooth.

3. Bake the cake: Pour batter into the prepared pans and bake until a toothpick inserted into the middle of each cake comes out clean -- 35 to 40 minutes. Cool the cakes in the pan on wire racks for 30 minutes. Remove cakes from pans and return to the wire racks until completely cool.

4. Assemble the cake: Place one layer on a cake plate and top with one-third recipe of Pumpkin Cream-Cheese Frosting. Repeat with the second and third layers. Serve or store refrigerated for up to four days.

For the Pumpkin Cream Cheese Frosting:
8 oz Philadelphia 1/3 fat cream cheese, do not use fat-free
1/2 c. pureed pumpkin, canned is fine
1 tsp. vanilla extract
1 tsp. cinnamon
1 tsp. pumpkin pie spice
5 tbsp. packed brown sugar

Combine the cream cheese, pumpkin, vanilla, cinnamon, pumpkin pie spice, and brown sugar until smooth.

Image Credit :https://www.webstaurantstore.com/pellman-pumpkin-spice-cake/999559243.html
If you, or someone you know, is interested in submitting a recipe for a chance to be published in the Vet Com and win a prize, there are two methods:

Use this QR code

Snail Mail: Georgia War Veterans Nursing Home
ATTN: Business Services
1101 15th Street
Augusta, GA 30901
Hidden Name Contest

Somewhere in this issue, we have hidden the names of one Georgia War Resident and one Staff Member.

If you find your name, please call the Activities Office to claim your prize.

Each month, we will randomly pick the name of one resident and one staff member. Be sure to carefully review each issue to see if your name is hidden somewhere within.

Good Luck!

Congratulations!
September 2020 Hidden Name Contest Winners

Staff
Timothy Lark

Resident
George Turner
We’re in the tenth month of the year with its 31 days according to the modern-day Gregorian calendar. Did you know that October originally was the eighth month of the Roman calendar until 153 BC? The Gregorian calendar was first introduced in 1582, but it took over 300 years for all the different countries to adapt it from the Julian calendar. The Gregorian calendar, also known as the Western or Christian calendar, is the most widely used calendar in the world today. Its predecessor, the Julian calendar, was replaced because it did not properly reflect the actual time it takes the Earth to circle once around the Sun, known as a tropical year. Therefore, the Gregorian calendar leads us to a month that give us the correlation of seasons and the beauty of change.

This particular time of the year is so beautiful to me. I observe many tree leaves turning various colors which represents a very visible sign that the season is changing. The season we call autumn, also known as fall, is upon us. It marks the transition from summer to winter. Each season is marked by changes in weather, ecology, and the amount of daylight that lingers. We can now feel the temperatures beginning to drop and the weather starting to become cooler.

As I ponder the seasons and changes that take place in each of them, I would ask that you consider what season you are in, in your life? The book of Ecclesiastes tells us in chapter 3:1 that “for everything there is a season, and a time to every matter under the heaven.” Verse 11 reminds us that “He hath made everything beautiful in its time.”

No matter the season that we find ourselves going through, each is important in its own way. My prayer is that you will be patient with yourself and attentive to the season of life that you are in. Know that what you sow in one season, you will reap in another one.

Symbolically, autumn reminds us that our bodies, minds, and things around us are always developing and changing. I encourage you to embrace the uncertainty of our lives and savor what we have, before it no longer exists. We don’t know what the next season of life will bring us, so let’s enjoy what we have right here and right now!

Chaplain Timothy E. Lark
We would like to thank the following individuals for their donations in memory of our veterans:

**In Memory of Jack Wright**  
Pattye Wright

**In Memory of Richard Peyton**  
Dr. Ronald Gantt

**In Memory of Antonio Cartagena-Rodriguez**  
City of Blythe  
Lillian Santiago  
Phillip and Noemi Smith

**In Memory of Fred Anguilla**  
Wanda Andrieni & The WORMS Book Club

---

**Peace My Heart**

by Rabindranath Tagore

Peace, my heart, let the time for the parting be sweet.  
Let it not be a death but completeness.  
Let love melt into memory and pain into songs.  
Let the flight through the sky end in the folding of the wings over the nest.  
Let the last touch of your hands be gentle like the flower of the night.  
Stand still, O Beautiful End, for a moment, and say your last words in silence.  
I bow to you and hold up my lamp to light your way.
**Happy Birthday**

These wonderful people are the residents and staff who will be celebrating birthdays in *October!*

<table>
<thead>
<tr>
<th>Residents</th>
<th>Staff</th>
</tr>
</thead>
<tbody>
<tr>
<td>Troy Smith</td>
<td>Tameica Carter</td>
</tr>
<tr>
<td>Jasper Boykin</td>
<td>Crystal Allen</td>
</tr>
<tr>
<td>Robert Crumrine</td>
<td>Seaborn Colbert</td>
</tr>
<tr>
<td>Don Hays</td>
<td>Candace Schumann</td>
</tr>
<tr>
<td>Fred Hudson</td>
<td>Kandice Clements</td>
</tr>
<tr>
<td>William Swint</td>
<td>Jermaine Winfrey</td>
</tr>
<tr>
<td>Duane Seaborn</td>
<td>Karen Kyler</td>
</tr>
<tr>
<td>George Nelson</td>
<td>Stephanie Murray</td>
</tr>
<tr>
<td></td>
<td>Henry Williams</td>
</tr>
<tr>
<td></td>
<td>Rozina Harris</td>
</tr>
<tr>
<td></td>
<td>TaRonsa Williams</td>
</tr>
<tr>
<td></td>
<td>Marie Marsh</td>
</tr>
<tr>
<td></td>
<td>Cynthia Germany</td>
</tr>
<tr>
<td></td>
<td>Angela Jones</td>
</tr>
<tr>
<td>10/05</td>
<td>10/05</td>
</tr>
<tr>
<td>10/06</td>
<td>10/06</td>
</tr>
<tr>
<td>10/15</td>
<td>10/08</td>
</tr>
<tr>
<td>10/16</td>
<td>10/09</td>
</tr>
<tr>
<td>10/17</td>
<td>10/09</td>
</tr>
<tr>
<td>10/22</td>
<td>10/10</td>
</tr>
<tr>
<td>10/31</td>
<td>10/11</td>
</tr>
<tr>
<td>10/31</td>
<td>10/15</td>
</tr>
<tr>
<td>10/31</td>
<td>10/17</td>
</tr>
<tr>
<td>10/31</td>
<td>10/20</td>
</tr>
<tr>
<td>10/26</td>
<td>10/27</td>
</tr>
<tr>
<td>10/30</td>
<td></td>
</tr>
</tbody>
</table>
# Puzzle Page Solutions

## Solution to puzzle page 11

```
NQBWOHAYSTACKSUJXLV
QCIAAAAUQYDVHPAXCAPZP
VAULCHESTNUTSLVOMICAH
YSOWVVBXIHOVFDCRKAAM
AAUTUMNUCGQOBKTNOPPE
AZBNKITEFYINGTLPIA
PGWAQOWDLCGVPUALNY
PLMICCOIWEATHERNEEH
LPUMPKINPATCHBILTPCB
EYXGBTTFXEALLOEIOLOL
SDOPRXOOGEEERCVPCRESNA
LHYZLDQUSIKJCJFTTNMCEC
KAFXDIYINCIRAAORSOK
OLPLROIIWTHDNLDBIUMB
TLTSDPJPQIROSITEQDRE
COHRHZTDTOGOREFRKDYR
RWMFPCOLOREUILEAVESR
OEBOCRYSANTHEMUMIEPI
WEXGWSYMCKOAEPOHNILE
SNWTRICKORTREATRUWPS
```

## Solution to puzzle page 12

<p>| | | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>9</td>
<td>6</td>
<td>2</td>
<td>7</td>
<td>1</td>
</tr>
<tr>
<td>7</td>
<td>4</td>
<td>1</td>
<td>6</td>
<td>5</td>
</tr>
<tr>
<td>3</td>
<td>8</td>
<td>5</td>
<td>9</td>
<td>2</td>
</tr>
<tr>
<td>8</td>
<td>7</td>
<td>3</td>
<td>4</td>
<td>6</td>
</tr>
<tr>
<td>1</td>
<td>9</td>
<td>4</td>
<td>5</td>
<td>7</td>
</tr>
<tr>
<td>2</td>
<td>5</td>
<td>6</td>
<td>3</td>
<td>8</td>
</tr>
<tr>
<td>4</td>
<td>2</td>
<td>7</td>
<td>8</td>
<td>9</td>
</tr>
<tr>
<td>5</td>
<td>3</td>
<td>9</td>
<td>1</td>
<td>4</td>
</tr>
<tr>
<td>6</td>
<td>1</td>
<td>8</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>