

TEN TALKS

Adulting 101:

Discussions with Purpose

**Location: University Hall 156
Academic Success Center
Conference Room**

Time: 12 p.m.

*Each talk includes
discussion & light snacks!*

**#COLLEGIALITY
#LEADERSHIP**



AUGUSTA UNIVERSITY
First & Second
Year Experiences

FALL 2018

13
SEP

Episode 1
More than Mac-n-Cheese
Cooking on a Budget

20
SEP

Episode 2
Parks and Recreation
Getting fit for free

27
SEP

Episode 3
Finessing Your Finances
Manage your Money Wisely

17
OCT

Episode 4
Sick and Tired?
Taking Care of Stress and Your Health

24
OCT

Episode 5
Graduate Programs at AU
Taking the Next Step

7
NOV

Episode 6
Managing your Parents
Going Home for the Holidays

COMING SPRING 2019

JAN

Episode 8
Apartment Hunting
Looking for the Right Place

JAN

Episode 9
Certificate Programs
Dressing Up your Degree

FEB

Episode 10
SGA Updates
New Things for You

FEB

Episode 10
Investing in Yourself
What is an IRA account?