When reading and talking with young children, parents promote rapid growth in their child’s brain. Skills enhanced by reading aloud to the young child include language development, vocabulary and a lifelong love of reading. Moreover, the time spent engaging with babies and books together provides an opportunity for caregiver-infant bonding, developing trust, and establishing healthy caregiver-infant relationships.

Born to Read: Babies and Books empowers new parents and their families to read to their children from resources provided that promote a lifelong desire to read.

Educational workshops are offered through the AU Literacy Center to new parents, grandparents, and other loved ones who want to learn how to read to the new-born child as well as other young minds.