

DEPARTMENT OF KINESIOLOGY
B.S.K. with a Concentration in Exercise and Sport Science

Name: _____

ID: _____

Advisor: _____

Freshman-Sophomore			
(Core Curriculum 60 hrs.)			
	Course	Sem	Grade
A	ENGL 1101 (3)		
	ENGL 1102 (3)		
	MATH 1001/1111/1113 (3)		
B	COMM 1100 (3)		
	INQR 1000 (1)		
C	ENGL 2121, 2122, 2130 FILM 1100 THEA 1100 ART 2010 FREN 1001, 1002, 2001, 2002 GRMN 1001,1002, 2001, 2002 HUMN 2010 MUSI 2320 PHIL 2010, 2020, 2030 SPAN 1001, 1002, 2001, 2002		
	POLS 1101 (3)		
	HIST 2111/2112 (3)		
	Select 1 (3 hrs.): ANTH 2011 (3) ECON 1810 (3) PSYC 1101 (3) SOC 1101 (3)		
	Select 1 (3 hrs.): ANTH 1102,2011 ECON 1810,2105, 2106 GEOG 1111 HIST 1111,1112, 2111, 2112 PHIL 2010 POLS 2401 PSYC 1101, 1103, 2150 SOCI 1101,1103, 1160, 2241		

AREA D			
Select:			
3 Sci (4 hrs. each) OR			
2 Sci (4 hrs. each) + 1 Math/Sci (3 hrs.)			
	Course	Sem	Grade
D	BIOL 1101/1107(4) BIOL 1102 /1108(4) CHEM 1151/1211(4) CHEM 1152/1212 (4) PHYS 1111/2211 (4) PHYS 1112/2212 (4)		
	MATH 1113, 1220, 2011 PHYS 1010 CHEM 1010		
	BSK Major AREA F (18 of the 60 core hrs.)		
	KNHS 2100 (3)		
	BIOL 2111 (4)		
	BIOL 2112 (4)		
	MATH 1401 (3) (MATH 1001/1111 prereq)		
	1000/2000 level science elective (4) (REC: BIOL 2500, PHYS 1111)		
KHS Core (18 hrs.) Required for All BSK concentrations			
	KNHS 3100 (3) Intro to Kinesiology		
	KNHS 3210 (3) Motor Behavior		
	KNHS 3220 (3) Structural Kinesiology		
	KNHS 3310 (3) Sport & Ex. Psych.		
	KNHS 3319 (3) Exercise Physiology		
	KNHS 4210 (3) Fit Assess and Ex Rx		

Approved Electives (9 hrs.)		
See your Advisor for assistance		
Course	Sem	Grade
Special Notations A "C" or better is required in all of your major classes: Area F, Approved Electives, Core, and Professional Prep.		
Professional Prep (18 hrs.)		
Required Courses (12 hrs.)		
KNHS 3300 (3) Practicum		
KNHS 4240 (3) Strength Training & Cond.		
KNHS 4230 (3) Biomechanics		
KNHS 4350 (3) Nutrition in HHP		
Select two of the following (6 hrs.)		
KNHS 2300 (3) Medical Terminology		
KNHS 3311 (3) Sexuality/Gender/Health		
KNHS 3312 (3) Issues in Health, Diseases		
KNHS 4311 (3) Epidemiology		
KNHS 4330 (3) Hist and Phil of KINS		
KNHS 4340 (3) Measurement and Eval		
Internship in KHS (15 credits/450 clock hours)		
KNHS 4960		S or U
Physical Education (4 hrs.)		
WELL 1000 (2)		
WELL Activity (1)		
WELL Activity (1)		