

Get started!

Treatment Planning



5. REASSESSMENT PHASE

42 slides, about 1.5-2 hour

OK, now we have taken care of the patient's
immediate problems.

We've done all the procedures that were planned to
control disease.

Time to move on the **big stuff**, right?

The Fixed Pros, the Removable Pros, the Esthetic fun stuff!

Not so fast.....

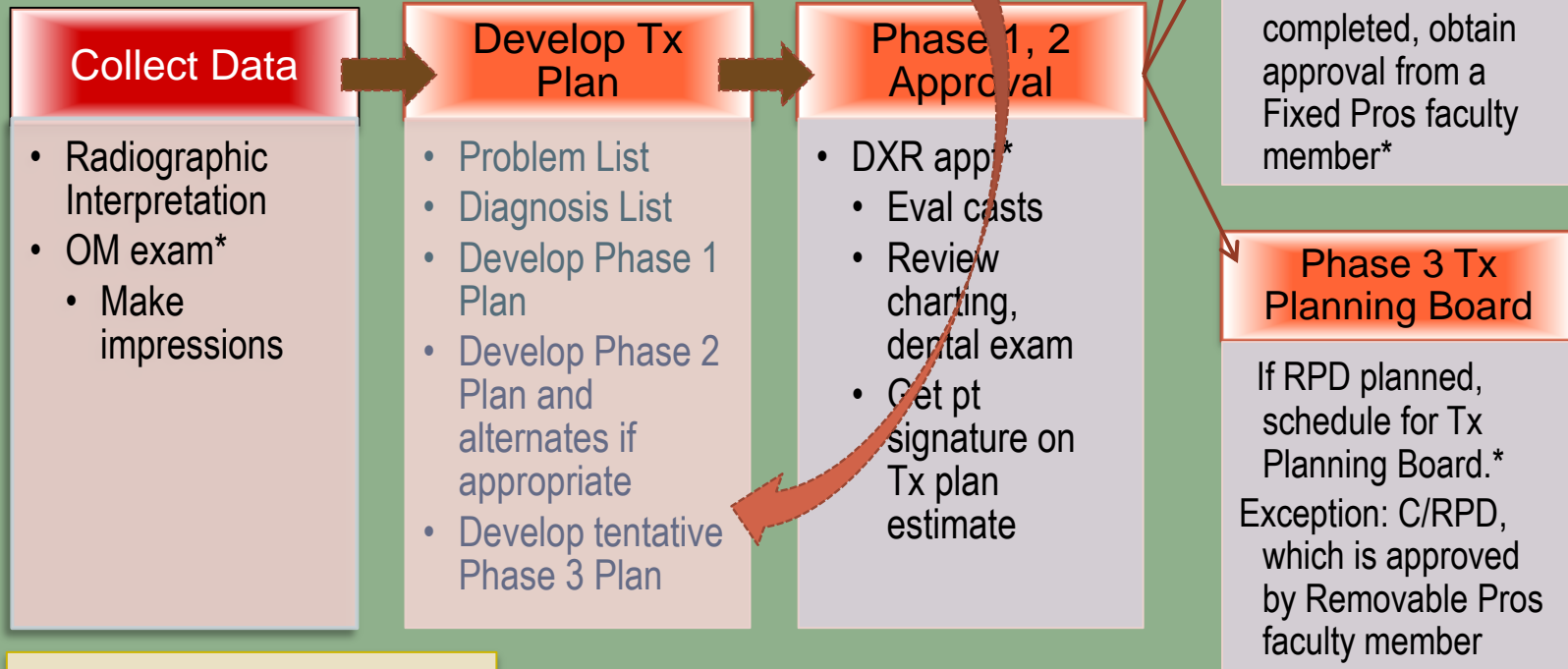
It's time to



and see if the patient is *really* ready!

Data Collection → Tx Plan

Reassessment is called “Department Case Complete” or a **D0003**, usually Operative. It always happens between Phase 2 and



*=Pt present

Gray= work done between appts

But it's called....

Re-
eval



- The **code we use in axiUm** to make sure this step is done correctly is a **D0003**, which is called an “**Operative Case Complete**.” *Terrible name...* makes it sound like the only question is So is all the Operative treatment finished?
- Instead, it's just a code....and a name for the re-eval process that we're going to describe here.
- But it is certainly ***not*** an add-on at the end of an appointment, as in “Oh, by the way, can you sign off my Operative Case Complete since this is the last operative this patient needs?”

Reassessment Phase Goals

Re-
eval

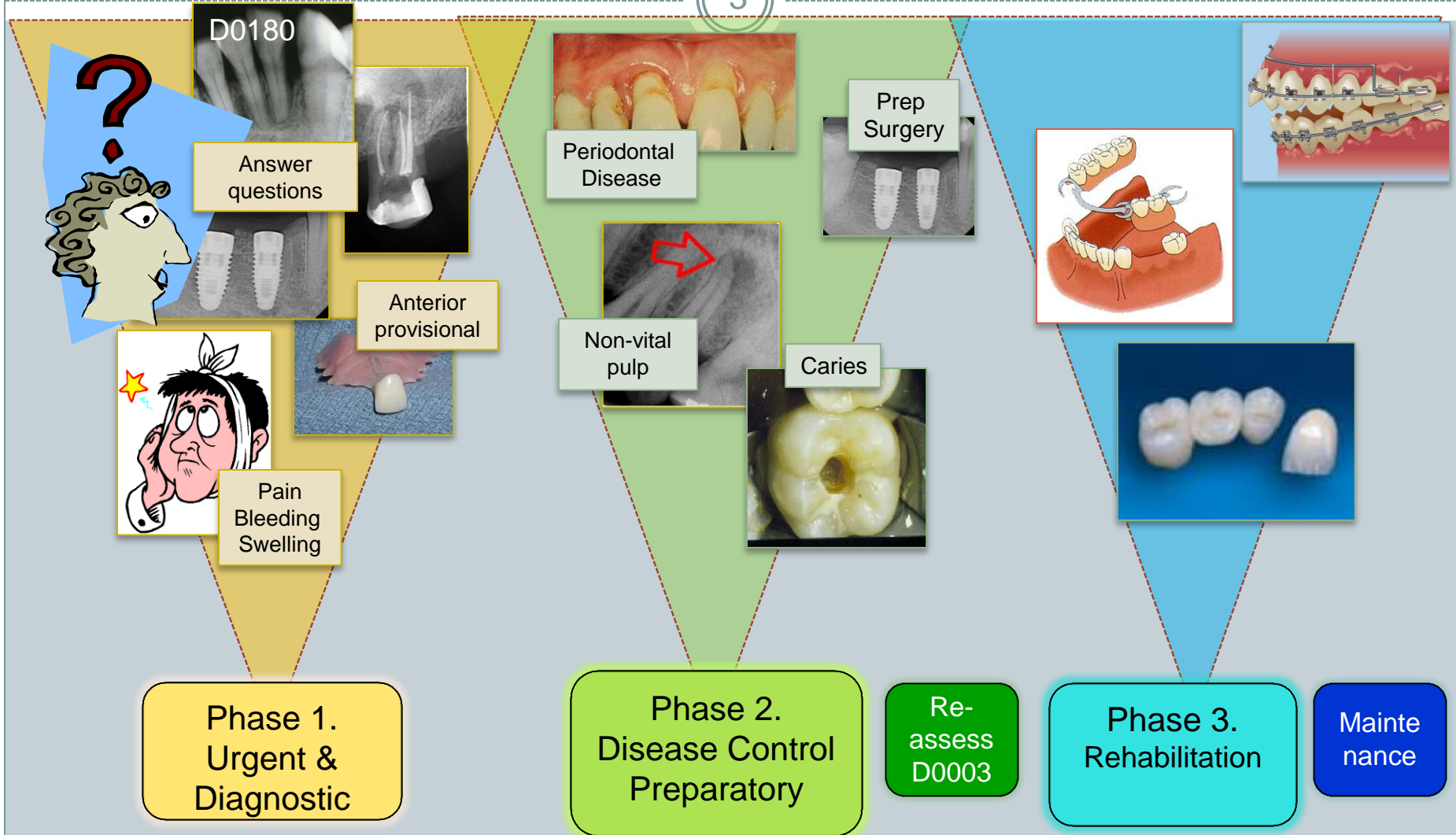
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- The goal of Phase 2 was to control the patient's disease processes and do preparatory care for the final phase. So we need to stop and make sure that those things happened! Are the patient's caries, periodontal disease, and any other systemic diseases that might affect final treatment controlled by the patient or resolved?
- Go back to your original problem list (another reason not to pack it with a lot of extraneous junk "just because it's there") and see if the problems are resolved.
- Look at each section of treatment and see if you have met your goals:
 - Are disease processes controlled?
 - Healing adequate from the procedures you have completed?
 - Patient's level of compliance with preventive measures adequate?

Overview of Phases

Re-
eval

3



Reassessment Phase



**ORTHODONTICS
ENDODONTICS
PERIODONTICS
ORAL SURGERY
CARIES**

Overview of Reassessment

Re-
eval

4

Generally, treatment in Phase 3 should not start until Reassessment goals are met.

It may not even be ethical to continue with treatment if you know that active disease has not been controlled to a level that can make Phase 3 care predictably successful. So back to our three diseases:

1. **Oral Cancer** and other oral diseases. If you noted a lesion, follow up to make sure it resolved. If not after 2-4 weeks, it needs to be in a jar so the pathologist can look at it. If you sent a consult, you need to have a response, follow up on the results, and ensure the patient has stabilized.
2. **Periodontal disease.** After the correct time to allow for healing, the charting is done again to evaluate if the problem areas are resolved. By this time you have been able to evaluate the patient's plaque control over time and determine if they can control their disease successfully.
3. **Caries.** Because caries is relatively slow, it's hard to be sure that the disease is controlled until several years have passed-that's why 36 months is the past evaluation time frame in caries risk!-but you're not going to make your patient wait that long. But you can talk to your patient and get a sense for whether they are on board or not.

Back to
Review

Orthodontics

Re-
eval

5

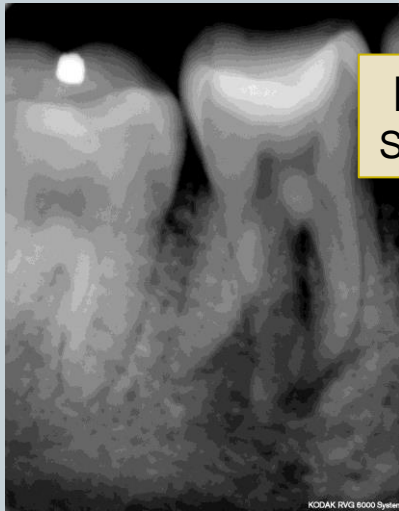
- Don't assume that your orthodontist could read your mind on all the details, so work with them along the way.
- Carefully evaluate the results of the orthodontics- are the teeth where you need them to be? More importantly, are the *spaces* where you need them to be?



Endodontics

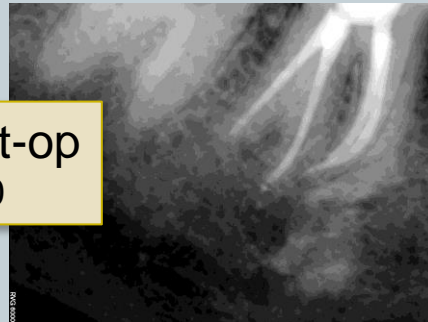
Re-
eval

6



Pre-op
Sept 2009

Notice anything funny about this tooth? It's a #30, so how many roots *should* it have? How many do you see? Welcome to Endo...



1 year Post-op
Nov 2010

Notice the nice bone fill where there was a radiolucency.

Case courtesy Dr. Lisiane Susin

- Evaluation tools:
 - **Percussion**- should be negative
 - **Palpation**- should be negative
 - **Radiographs**- tricky. If there was a lesion prior to treatment, it can take months to fill in, and up to 5% of the time it does not fill, leaving a "**bone scar**." Want to see it improving...but don't wait!
 - **Probing depths**- should be within normal limits (no deeper than when you started)
 - **Mobility**- Should be the same as adjacent or contralateral teeth.
- The patient should be asymptomatic, and sinus tracts should be healed.

- An endodontically treated tooth is one exception to the Phase rules:

Place a **final restoration** on an endodontically treated tooth as soon as possible! On posterior teeth, this usually means it must **cover the cusps, even if that treatment would normally be in Phase 3.**

- Why? Two major reasons:
 1. **Fracture.** The tooth is much weaker and is likely to fracture.
 2. **Leakage.** If the provisional leaks into the endodontic filling material, it is contaminated and the endo will have to be redone.

Key Concept: It's all about the seal



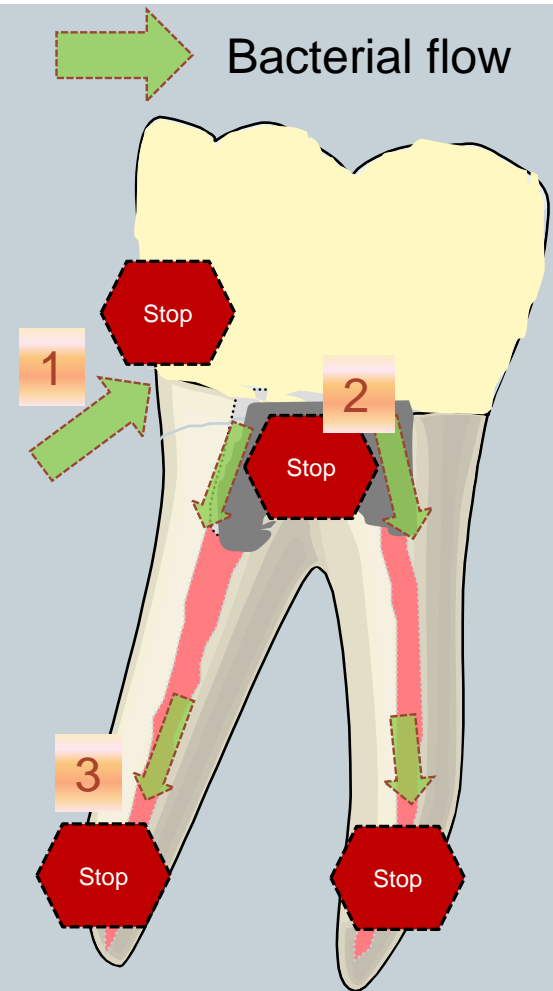
You are fighting bacteria. Always. You have to stop them every step of their way to the apex, and every step done well increases the success rate:

STEP 1. Restoration margins. Anterior teeth- acid etch + composite. Posterior teeth-full coverage like crowns cemented with our best sealing materials like glass ionomer.

STEP 2. Chamber seal. Anterior teeth- fill with glass ionomer, posterior teeth usually amalgam with a layer of RMGI liner or composite with dentin bonding agent.

STEP 3. Endo seal. The last 5 mm is the crucial bit and needs to be left undisturbed.

Note: two of the three success points are under the control of the restorative dentist, not the endodontist!



Periodontics

Re-
eval

6



This represents the patient prior to any perio therapy. There are local factors: plaque and calculus, and loss of attachment and supporting bone.

This represents a (somewhat optimistic) case after initial therapy, Perio Re-eval, and perio corrective surgery, which included bone grafting and guided tissue regeneration.



Oral Surgery

Re-
eval

6

- Evaluate healing.

Periodontally involved teeth required removal.
Tori would interfere with placement of
dentures and were surgically removed.



Caries

Re-
eval

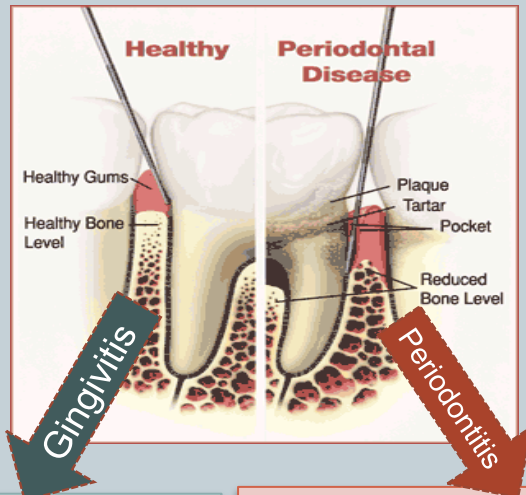
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Periodontal Treatment

Phase
2

7



Supragingival
calculus and/or
Stain and/or
Pocket depth <4mm

Prophylaxis
D1110

Subging Calculus +
Bleeding on probing
and/or
Pocket depth > 4mm in
several areas +
Radiographic bone loss

Comprehensive
Periodontal Evaluation
D0180

- You have learned this in your Periodontics course, so to review:
- Full mouth probing in OME
- Review in DXR
- Schedule:
 - Comprehensive Periodontal Evaluation D0180 in Phase 1 OR
 - Prophy D1110, other perio treatment to treat disease in Phase 2 based on findings
- Follow treatment plan developed with Perio faculty

Periodontics

Phase
2

6

- When patients have calculus and stain, the prophy should be done before the Operative treatment is started.
- Why? We already mentioned how calculus can keep your matrix band from fitting, giving you an overhang.
- Stain can also throw off your color matches on anterior restorations.
- In general, it's best to start treatment on clean, polished teeth with healthy gingiva because your life will be so much easier!



Periodontal Therapy: General Overview

Phase
2

7



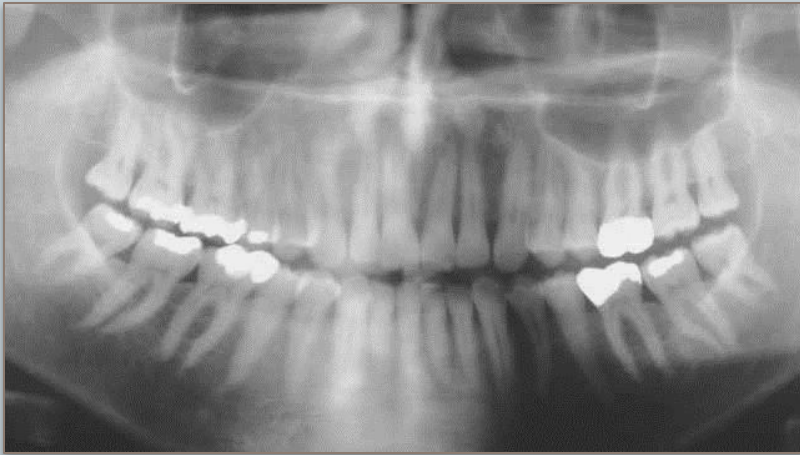
1. **Initial therapy.** Remove the calculus and toxin soaked cementum from all root surfaces.
2. Wait 6 weeks for healing.
3. Reevaluate healing.
4. At that point, if there are still deeper pockets, you may decide you need to do flap surgery to access the calculus, evaluate bone, consider grafting etc.

Back to
Review

Oral Surgery: Extractions

Phase
2

8



Sample Consult Write-up

"This 30 year old Caucasian male presents with acute pulpitis #19. He is currently taking no medications and is in good health. BP 124/78. After evaluation, caries under the existing deep restoration has rendered it non-restorable per eval by Fixed Pros faculty (Dr. Furness). The patient has been offered sedation but is not interested. Please evaluate and extract #19 with local anesthesia."

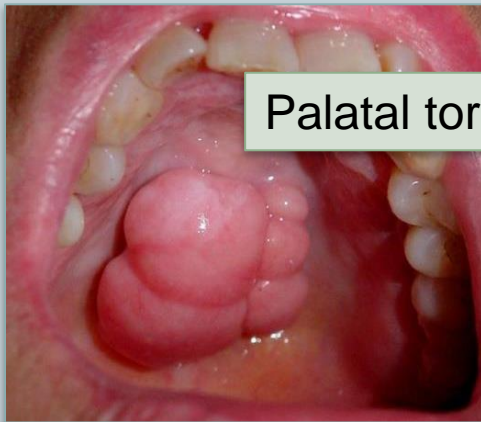
When your patient needs to have a phase 2 extraction, do the following:

- **Write a consult to Oral Surgery.**
 - ✦ Present the patient (age, sex, race)
 - ✦ Outline pertinent medical history or issues that might affect tx like psychiatric or anxiety history
 - ✦ Explain what you want them to do *and why*. They do not do irreversible treatment on your say-so!
- Ensure adequate radiographs, usually a **panoramic that is less than a year old.**
- Explain to your patient that there will be **two appointments**- an evaluation appointment, and the treatment appointment. Evaluate their interest in **sedation** (usually costs several hundred dollars- may be less if there's a sedation course going on).

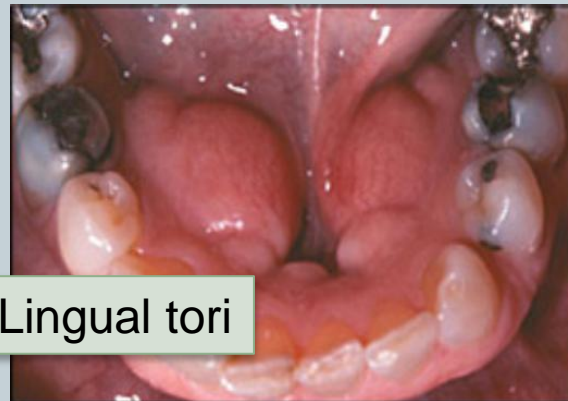
Oral Surgery: Adjunctive Surgery

9

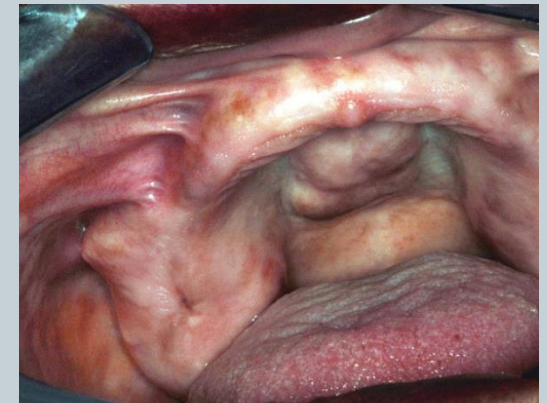
- Oral Surgeons can help you by reshaping supporting bone that would cause serious problems for certain restorative treatments, usually removable prosthetics.



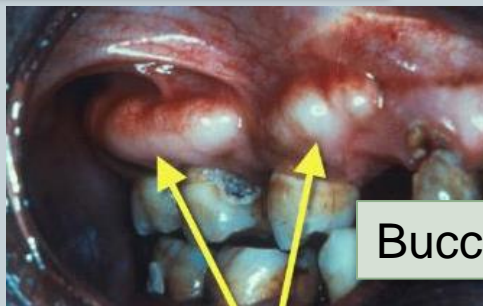
Palatal torus



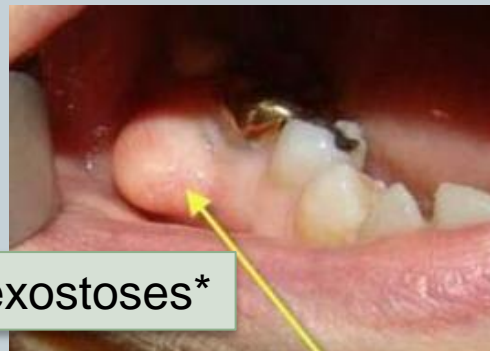
Lingual tori



Expanded tuberosity



Buccal exostoses*



Implants

Phase
2

10

Welcome to the branch of higher math that is implant treatment planning.

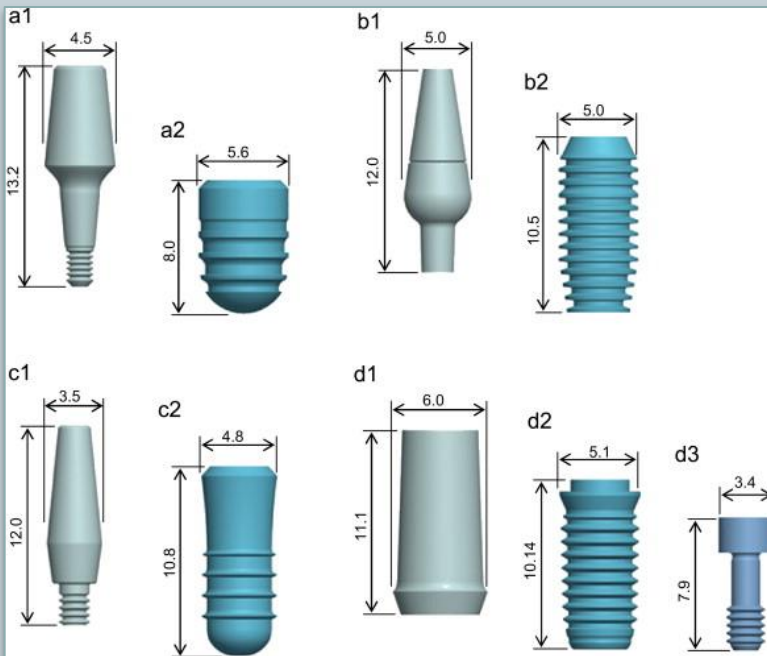
- The first thing to know is that there is a **1.5 mm “halo”** around the implant that can't touch anything—root, edge of bone, or another implant “halo”.
- That means there has to be **at least 3 mm between the side of one implant to the side of the next implant.**



Implants are placed by 3 departments: Oral Surgery, Periodontics, and GPR. You write a consult to Patient Services telling what implants you want, then they assign the case.

Implants

11



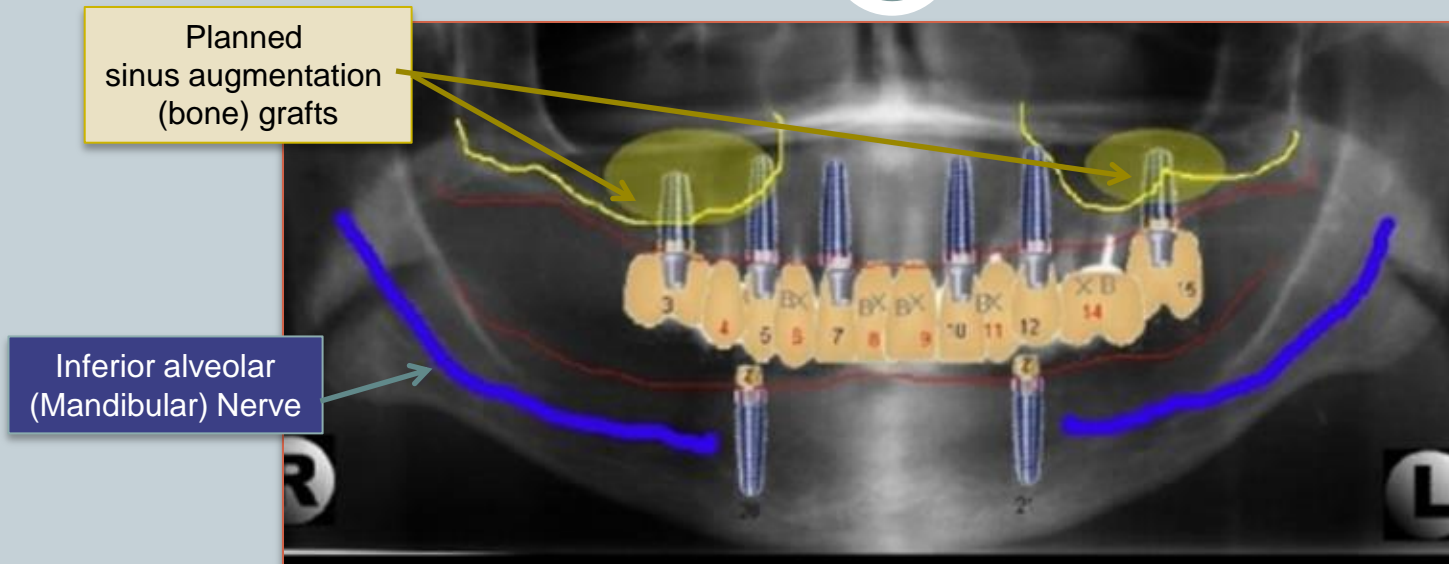
There is a mind-numbing variety of shapes, sizes, coatings, attachment types, thread arrangements, etc. For now, it's all in our "Too Hard" box.

- Implants come in several sizes:
 - Narrow platform (NP) 3.5mm
 - Regular platform (RP) 4.3 mm
 - Wide platform (WP) 5.0 mm
- And a variety of lengths:
 - 8.5 mm (don't like!), 10 mm
 - 11.5 mm, 13 mm, 15 mm, 18 mm
- And basically, **it's the total area in bone that matters.**
- Gross oversimplification:
Go as long and wide as possible, but:
If you can't go wide, go long.
If you can't go long, go wide.

Implants: Useful Planning Tidbits

Phase
2

12

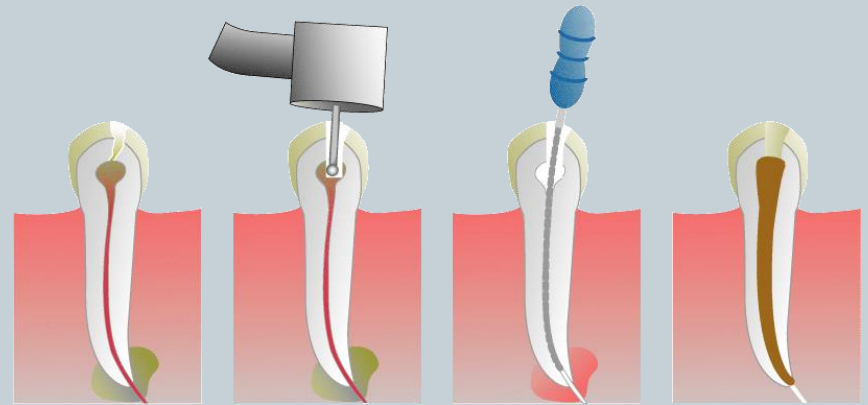


Back to
Review

- Don't advocate this treatment plan, but it's a useful radiograph. Here, they are planning a fixed upper FPD against a lower complete denture. Look where they put the mandibular implants to avoid the Inf Alv. Nerve.
- Maxillary bone isn't as good as mandibular bone, **so in the maxillary arch, plan 1 implant per tooth** replaced unless you are doing the whole arch as a unit (like above). **In the mandibular, you can do 3 unit FPD's on 2 implants.**
- You can **push up the maxillary sinus about 2 mm, after that, you need a sinus graft.** You **always need 3-4 mm of good bone**, though, even with a graft.
- You **cannot fabricate an FPD with an implant as one abutment and a natural tooth as the other.** EVER. NEVER! (Please memorize this so we don't look stupid in treatment planning board...)

Generally:

1. Decide if you can do the endo in one appt or need two (you'll learn the reasons in Endo class)
2. Clean out the pulp tissue with rotary and hand files with irrigating solutions
3. Fill the root canal space with gutta percha and sealer.



Caries Treatment Planning

Phase
2

14

First, you figure out the caries risk, then you develop a preventive and restorative treatment plan with that in mind.

In the Operative Manual, there is a copy of the questions in the axiUm form, but there is a **guide** (on the left) to what questions to ask to get the information you need to score it correctly.

Be really familiar with these questions before the appt. Even better, print out a copy. It should help you develop a script so you won't sound like you're reading off the screen!

This is the left hand part of the form, where you determine the patient's risk. Use this form as an informational tool for you to discuss, in a non-threatening way, the factors that increase your patient's risk of caries. Ask the questions in brown and jot down answers before you glove up to do the exam. Then do your exam, keeping the questions in blue in mind, and answer them after the exam is complete.

Questions to ask patient Questions in brown- ask before the exam Questions in blue- answered from the clinical exam		Caries Risk	Low 0	Moderate 1	High 10
Contributing Conditions					
I.	"Do you drink tap water or bottled? How many times a day do you brush your teeth? Do you use a fluoride mouthwash or rinse? When was the last time you had a fluoride treatment at the dentist? " 3-4 exposures is YES=low risk, 1-2 is NO=1 point.	Fluoride Exposure (through drinking water, toothpaste, supplements, professional application)	YES	NO	
II.	"Let's talk about sweet things... do you drink juice, sweet tea, soda? How often? (then tease out other sources of possible sugar exposures- how many, how often, how long) Any liquid meds with sugar? " In order of damage: sticky sweets >slow dissolving (hard candy>liquids> solids >2-3 between meals= HIGH (10)	Sugary or Starchy Foods or Sweetened Drinks (juices, carbonated or non-carbonated soft drinks, energy drinks, sweet tea, coffee with sugar or flavored creamers, medicinal syrups)	Primarily at mealtimes		Frequent or prolonged between meal exposures/ day
III.	Skip	Caries Experience of Mother or Caregiver and/or siblings (for patients ages 6-14) Not pertinent to Junior Clinic	No new carious lesions in last 24 months	Carious lesions in last 7 to 23 months	New carious lesions in last 6 months
IV.	"In the past two years, have you had a regular dentist?" "When was your last dental visit?"	Dental Provider (Is an established patient of record and receiving regular care in a dental office)	Yes	No	
General Health Conditions					
I.	Does this patient have any mental or physical impairment that would affect their ability to care for their teeth or comply with your instructions? Ex: Arthritis, Parkinson's, dementia. Anything causing xerostomia? Ex: renal disease, diabetes, AIDS, bone marrow transplant	Special Health Needs	No	Yes (over age 14)	Yes (ages 6-14)

Caries Treatment Planning

Phase
2

15

You've evaluated the Caries Risk, so now you need to know what to do with that information. Here's where the rubber meets the road. The major components

Strategy	Low Risk	Moderate Risk	High Risk
Patient Education	Sugar isn't good for anyone, and risk can change, so <5/day is good advice.	The patient needs to understand that carbs are the source of their caries, that without modification, little that we do will stop the process. Help them find the sources of carbs in their diet and suggest substitutes.	
Home Fluorides	Fluoridated water Brush with ADA approved toothpaste 2x/day- tell pt "Spit, don't rinse"	All Low Risk items + Add 1 brushing (3x/day) + Add at bedtime: ACT rinse 0.05% NaF (buy small bottle ACT)	Same as Mod Risk, but at bedtime, substitute Rx for NuPro 5000 ppm F toothpaste. "Spit, don't rinse"
Xylitol	Can't hurt...	Gum or mints 2 pieces 3-5x/day	Gum or mints 2 pieces 3-5x/day
Office F	Probably not helpful	Every 6 months	Every 3 months
Other items		Evaluate for salivary flow if indicated as a risk above. If low, treat as high risk.	<ul style="list-style-type: none"> • If low salivary flow, consider use of Biotene products. • Consider fluoride in custom tray • Consider sealing all uncoalesced grooves

Back to
Review

Caries Treatment

Phase
2

16

- **Finally! Something you know how to treat! Yea!**
- In general, you want to do:
 - **Worst (deepest) caries first**
 - **Posterior teeth before anterior teeth** to establish stable occlusion and because long term, they are more important.
 - Besides, when the front ones look good, some patients stop coming in!



Caries Treatment

Phase
2

17

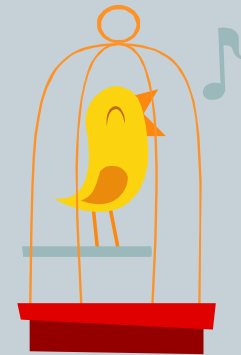
- But sometimes, you want to start on something simple to build the patient's (and your!) confidence, especially if they are anxious.

"It's a good idea to slay a few canaries before you take on the dragons."

Dr. D.

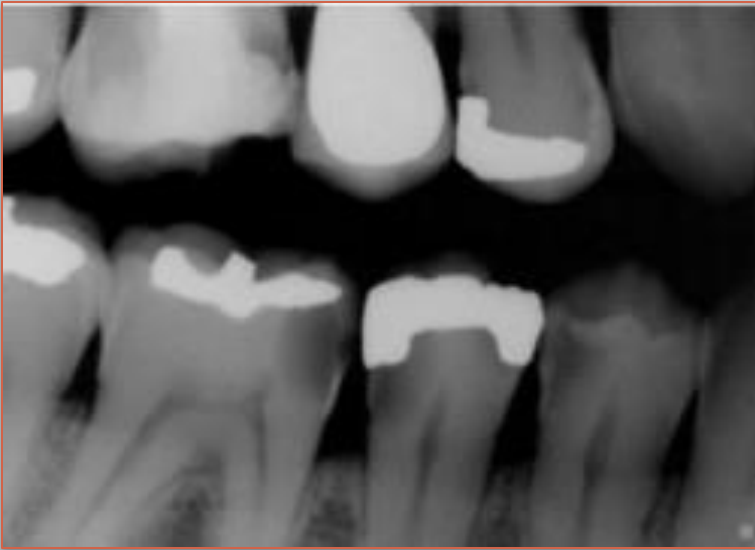
Snyder

JK Mitchell, DDS



Caries Treatment Planning

18



Crucial questions:

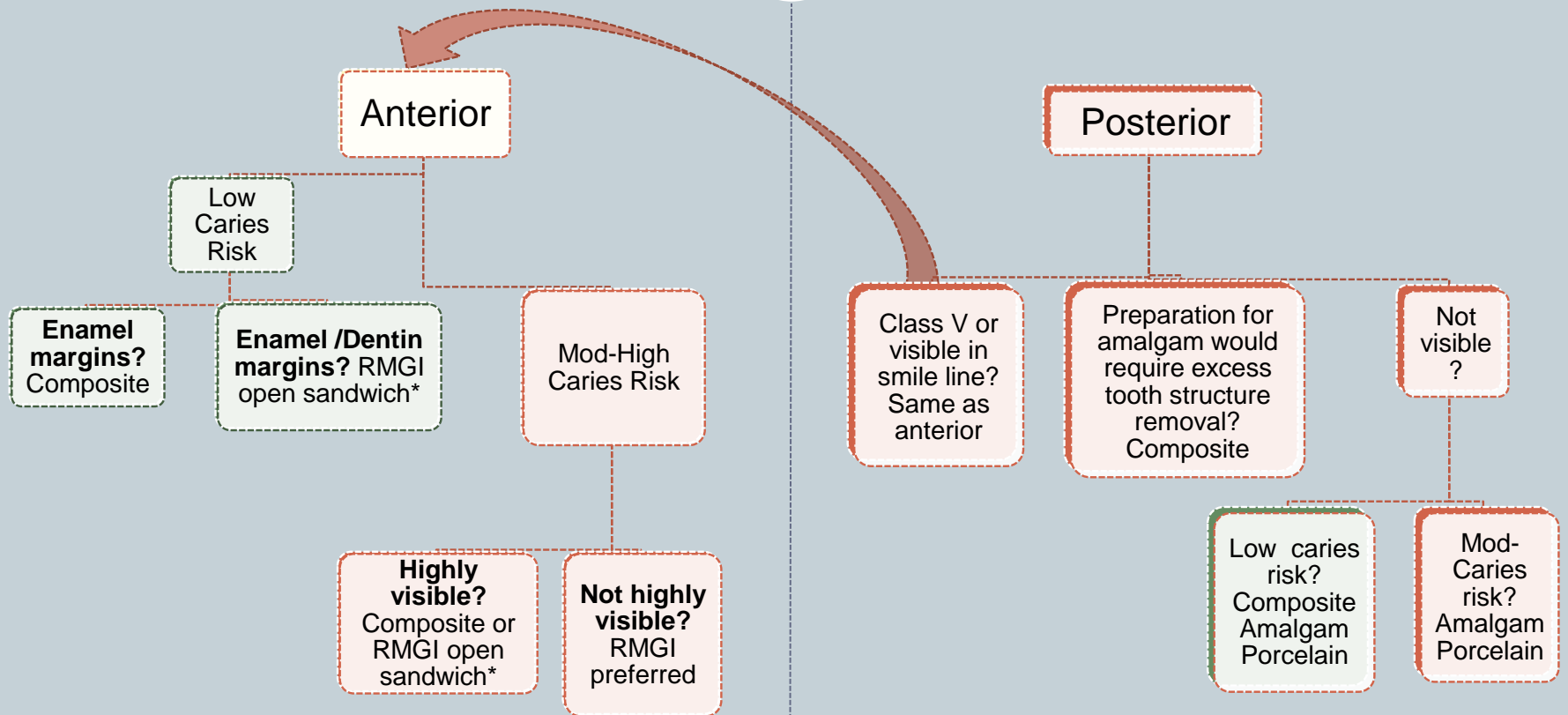
1. **Esthetic demands** (anterior vs posterior)
2. **Caries risk**- some materials are better in high risk pts than others.
3. **Contours of defect**- some materials require less preparation than others and can save tooth structure

- For each lesion, you will choose which material you think would be best.
- **How do you pick?** Well, if you go back and look at your notes from Operative, we gave you lots of advantages and disadvantages of each material.
- Now it's time to turn that around and think we can make **best use those characteristics** for any particular lesion.
- There is **no perfect material** for all situations!

What material do I pick?

Phase
2

19



Open sandwich= RMGI left exposed to mouth with composite on occlusal

Closed sandwich= RMGI completely covered by composite

Back to
Review

“Caries Control”

Phase
2

20

- In patients with **rampant caries** (extensive, fast-moving caries) you may wish to give yourself some working time by stopping the active disease and removing the bacterial reservoir.
- When possible, do a quadrant or sextant at a time. This overlaps with Phase 1, where you were dealing with symptomatic teeth and determining restorability. To repeat, **priorities** are:
 - **Symptomatic teeth**
 - **Determining restorability**
 - **Deep lesions threatening the pulp**
 - **Asymptomatic teeth**
- Glass ionomer is your best provisional.
- Don't worry about removing the deep decay, just make sure you have removed ALL the peripheral decay at least 2 mm inside the DEJ.



Picture & text from Axel Ruprecht, University of Iowa College of Dentistry.
<http://hardinmd.lib.uiowa.edu/ui/dent/toothdecay3.html>

Note the extensive Class V caries, and multiple white spot lesions. Many of the carious lesions are very light in color, indicating quickly moving, very active caries. It will be crucial to help the patient understand how sugar is causing this and help them find alternatives. Then you might approach it by:

1. Caries control
2. Fabricate custom trays for Fluoride gel
3. Replace provisional restorations with final restorations one by one (or more, as you get faster).

Back to
Review

Rhodes, Greece

Its' very strategic location ensuring a colorful history, Rhodes has been important since it's days as a Greek naval power (the Colossus of Rhodes stood at the mouth of the harbor) to the middle ages, when it was the headquarters of the wealthy order of the Knights Hospitaller. It's got minarets from Ottoman ownership and Italian food from, you guessed it, Italian colonial times, but now it is a very popular beach resort with a fantastic medieval center.

Break time!









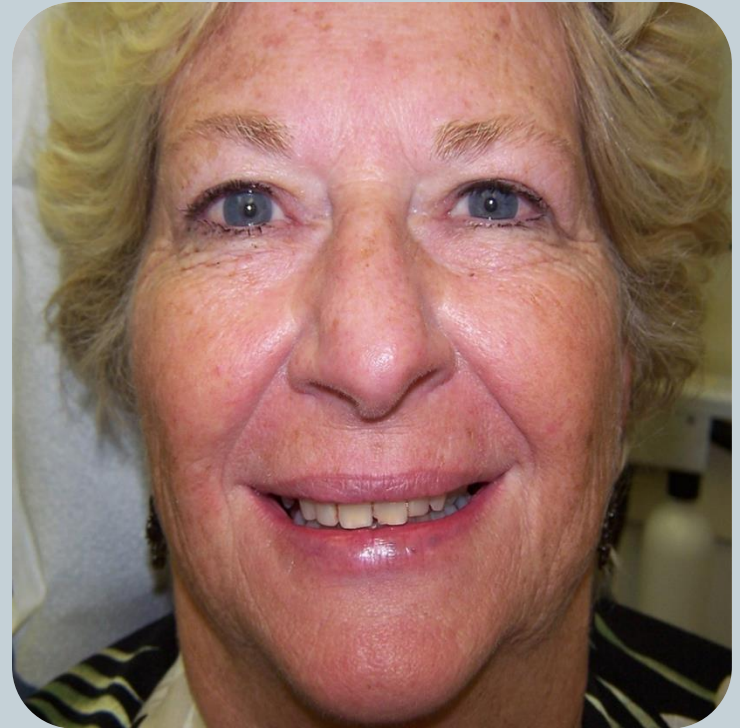
Ready to stop for lunch? This is the original “hero”- that’s how “gyro” is pronounced. The roast meat is delicious, and it’s served with tzaziki sauce (Greek yogurt, cucumber, garlic) and grilled vegetables.

Case 1: Allison

21

Allison currently lives in Atlanta. She is 66 years old and the married mother of four children. She is very nice, but has high expectations of the final results and is an esthetically demanding patient. Does not drink or smoke.

Special thanks to
Dr. A Kious for the case!



Chief Concern, Med Hx

22

CC: " I have broken and missing teeth" which she wishes to have fixed.

History of Present Illness: Pt gives a history that her teeth broke when she was chasing her granddaughter at the skating rink. She fell on her rear end and her teeth banged together causing them to break.

Medical History: Pt takes one baby aspirin a day because she "heard it was good for you" and takes a multi-vitamin. Pt describes her health as excellent.

Vitals- BP 145/96 Pulse 82 Temp 98.0 Resp 14 Pain 1/10

Head and Neck Exam: All findings within normal limits

Dental Exam

23

- Treat this as if it was a patient and do an exam from the photos and radiographs. Print off a copy of the paper Exam Form and use it to take notes from the next four slides. On the top odontogram (in pencil), chart:
 - Missing and Impacted teeth
 - Conditions
 - Materials (existing restorations- from radiographs and pictures)
- On the lower odontogram, chart obvious caries (I know they aren't the best radiographs so don't sweat it), non-restorable teeth and periapical pathosis. Decide which teeth you aren't sure about restorability...which might you need a consult on?

Initial Exam

24



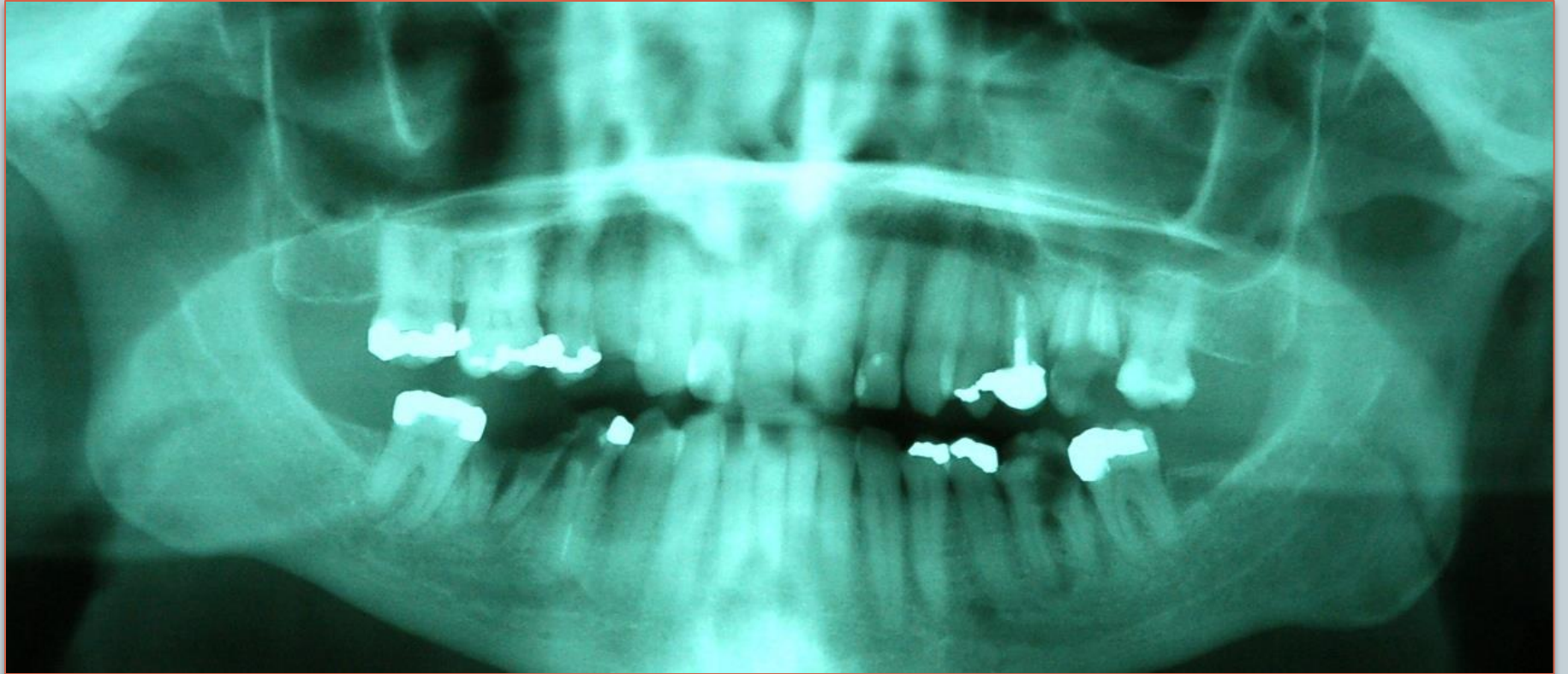
Initial Exam

25



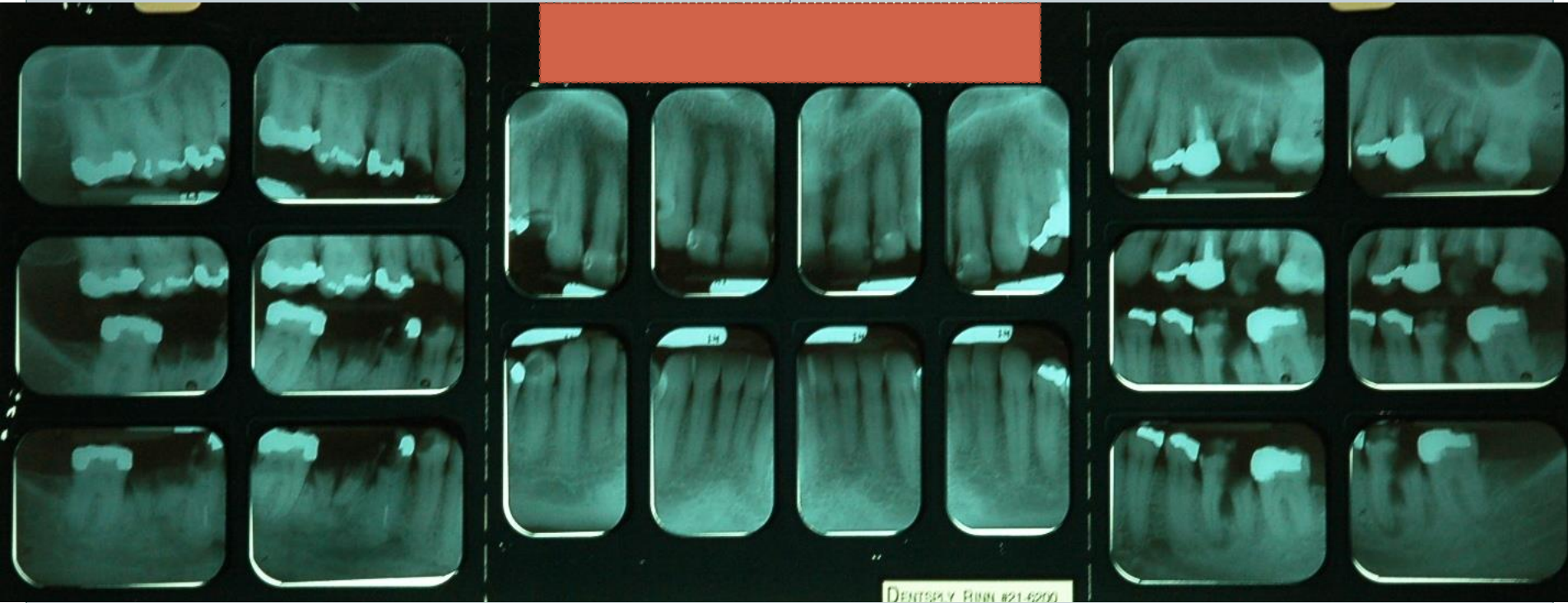
Panoramic Radiograph

26



Full Mouth Radiographs

27



Caries Risk

28



- Allison loves to drink fruit juice...she keeps it around for the grandchildren and is sure it's very healthy. She squeezes her own. "It's all natural" she assures you. Sigh.
- You go through her Risk Assessment and it is 26. Although she broke her teeth in an accident, they were weakened by decay- this did not happen from that event.
- You have a lot of tactful educating to do. Think how you might approach this- practice on a friend if you can.

Periodontal Findings

29

- Gingival Inflammation= 68%
- Plaque Accumulation=75%
- Two quadrants have pockets $> 4\text{mm}$ with subgingival calculus.



Case 1: Allison. Start Tx Plan

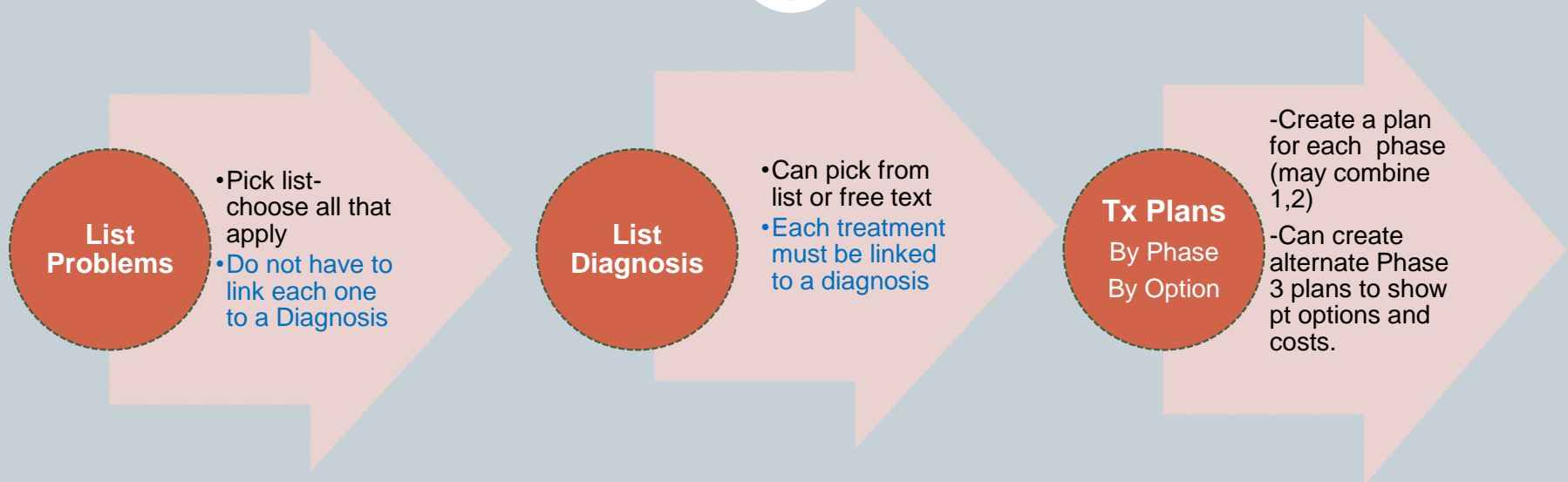
30

OK, let's get started. First thing....create a problem list. Remember the mnemonic? *See more...?* You remember.

- Chief Concern...that's easy. Broken teeth. We'll get to that no matter what. Check. So you'd pull up the Treatment Plan tab and start two new plans. Call them Phase 1 and Phase 2, since we will have some questions to answer before we can finish Phase 2. List the Chief Concerns as she said them.

Case 1. Allison. Develop Problem, Dx List

31



- **M**= Med hx. Anything there?
- **O**= Oral lesions. We didn't see anything of concern.

Pull out your print out of Problems and Diagnoses, take a look at the options and see what applies in this case.

Case 1: Allison. Med-Oral Les

32

Problem List	Diagnosis Quick List
TM Joint pain/masticatory muscle pain	524.6 TMJ Disorders (details- Full List) <i>Temporo Mandibular Joint. Complex pain cluster of the face and joint. Usually not caused by occlusion unless iatrogenic.</i>
Reduced salivary flow Xerostomia	527.7 Dist salivary secretion
Halitosis	784.99 Halitosis
Alcohol use Autoimmune Disease Bleeding disorder/Anticoagulation medication Cardiovascular disease Diabetes Head and Neck pain Neurological disease Respiratory disease Tobacco use	<i>No specific codes that correspond as a diagnosis. Just note in the problem list so you take it into account, and document that you noted it.</i>

Looking at the list under Medical History, there aren't any problems on this list for this patient. In fact, **there are a lot of specific medical problems NOT on this list** (including hypertension) because they already show up in the **Medical History tab**.

This problem list was rather carefully selected as those that are **likely to affect your treatment planning**, or that should prompt you to look further for a diagnosis (like halitosis → lung problems).

What effect will her borderline hypertension have on her dental treatment? Other than your taking her BP at each appointment, not much.

BUT- if she starts taking anti-hypertension medications, her salivary flow will probably be affected, changing her Caries Risk Status...course, it's already High, but it will still be an issue.

Case 1: Allison. Rest

33

- **R**= Restorative. There's plenty of work here! Let's start with the big ones: do you think there are any teeth that are non-restorable?

No

Yes, one

Yes,
two

Yes, more than
two

Which teeth would you like to be evaluated for restorability?

#3

#5

#13

#28

#29

Then go tooth by tooth and see which have restorations, and which of those need to be replaced. That should be pretty straightforward for you now, but there is one wrinkle. Those radiolucencies on the anterior teeth- when you look at the pictures, there are restorations there...what's up? Those are old composites which are radiolucent. They are unesthetic, and with her decay rate, probably should be replaced.

Case 1: Allison. Rest

34

White spot enamel lesions	521.01 Caries- only in enamel (<i>white spot lesion</i>)
Cavitated lesions	521.03 Caries- extending into pulp (<i>think of vital pulp therapy</i>)
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Unesthetic restoration	525.67 Unesthetic restoration
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Provisional restoration	<i>No specific codes that correspond as a diagnosis. Just note in the problem list so you take it into account, and document that you noted it.</i>
Previously endodontically treated tooth	
Mod-High Caries Risk	

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Those that need to have restorability determined go into the Phase 1 treatment plan.

Those you are sure of can go into your Phase 2 treatment plan.

Case 1: Allison. Rest

34

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Those you are sure of can go into your Phase 2 treatment plan.

That's all!

Case 1: Allison. Endo

35

- E=Endodontics. Look at #29. IF you've decided to keep it, what are you going to do?

Determine restorability

Plan to redo the Root Canal

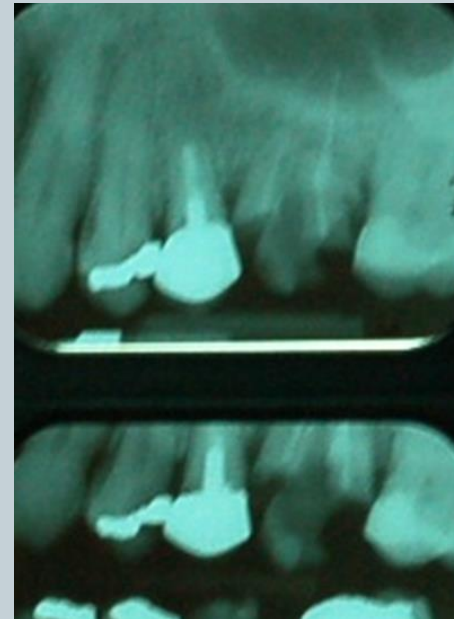
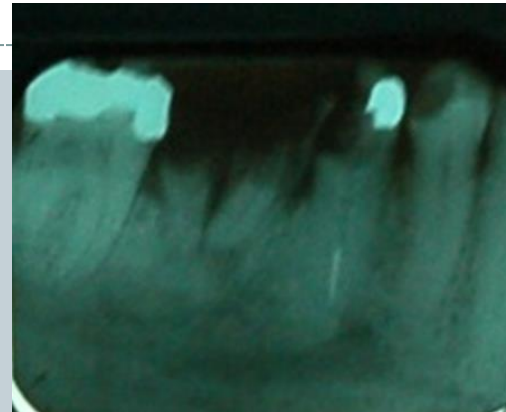
Plan a post, core, crown

Now lets look at #13. What do you think of the endo?

Don't like the fill

Don't like the post

Don't know without an exam



Case 1: Allison. Endo

36

Now- are you ready to list any of these?

Or do you want to wait until we have determined restorability and have done the final endo exam?

Best answer is to wait a bit and get an opinion from Endo first.
More on that later.

Spontaneous pain	522.0 Pulpitis
Pain to thermal stimulus	522.1 Pulp necrosis
Pain, patient unable to specify	522.4 Acute apical perio , pulpal origin
Pain to biting/percussion	522.5 Periapical abscess w.o. sinus
Palpation tenderness	522.7 Periapical abscess w sinus tract
Periapical radiolucency	
Sinus tract	
<i>(These problems are evaluated together with test findings to develop a precise diagnosis from the list on the right)</i>	
Swelling of suspected endodontic origin	528.3 Cellulitis and abscess
Discolored tooth	521.7 Post eruptive color changes <i>(Those changes attributable to a history of trauma)</i>
Failing endodontic therapy <i>You need a series of past radiographs to be sure the lesion is staying the same or getting worse, or it needs to be symptomatic.</i>	526.6 Pathosis of previous endo tx
Radiographic evidence of tooth/root resorption	521.4 Pathologic resorption <i>Either internal or external evidence lost tooth structure not caused by caries.</i>

Case 1. Allison. Perio

37

<p>Plaque</p> <p>Supra-gingival calculus</p> <p>Sub-gingival calculus</p> <p>Bleeding on probing</p> <p>Suppuration</p> <p>Probing depth 4-6 mm</p> <p>Probing depth >6 mm</p> <p>Gingival inflammation</p> <p>Furcation involvement</p> <p>Radiographic evidence of bone loss</p> <p>Mobility</p> <p>Gingival hyperplasia</p> <p><i>All of these problems, signs are synthesized into one of the diagnoses on the right. You will give a more specific diagnosis in the narrative of the chart.</i></p>	<p>523.6 Calculus, extrinsic stain <i>This is not really a diagnosis, but if you need to do a full mouth debridement before you do your perio probing, this is the code that corresponds to that treatment.</i></p> <p>523.0 Acute gingivitis</p> <p>523.1 Chronic gingivitis</p> <p>523.31 Aggressive periodontitis, localized (<i>periodontal abscess</i>)</p> <p>523.32 Aggressive perio generalized</p> <p>523.41 Chronic perio localized</p> <p>523.42 Chronic perio generalized</p>
<p>Gingival recession</p> <p>Inadequate zone of attached gingiva</p>	<p>523.2 Gingival recession (<i>Miller class in narrative</i>)</p>
<p>Implant failure</p>	<p>525.71 Implant failure-integration <i>Pre-integration failures: complications of surgery, iatrogenic, systemic disease, poor bone quality, any other reason.</i></p> <p>525.72 Implant failure-biologic <i>Post integration failures from: lack of attached gingiva, occlusal trauma (poor pros design), parafunctional habits, peri-implantitis, poor oral hygiene, iatrogenic, complications of systemic disease.</i></p> <p>525.73 Implant failure-mechanical <i>Post-integration failures from: failure of dental prosthesis causing loss of dental implant, fracture of dental implant.</i></p>
<p>Acute necrotizing ulcer gingivitis</p>	<p>101 ANUG Acute Necro Ulcer Ging</p>

P= Perio. Pick out Allison's problems and give a best guess on diagnosis (they really aren't very specific on this list- the periodontists will want something better from you later).

Case 1. Allison. Perio

37

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Case 1. Allison. Perio

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Case 1. Allison. Perio

37

That's
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Are you going to schedule a:

D1110 Prophyl

D0180 Comprehensive Perio
Exam

Case 1. Allison. OSurg

38

- O= Oral Surgery. We know we want to extract #14, 19, 30, but which diagnoses will apply?
- Here at GHSU, we have decided to use the code **521.02 Caries- unspecified** as the code for **non-restorable caries**- that's the code we'll link to 14 & 19. It's under the Restorative list, because that is where you diagnosed it.
- But #30 is now just root tips, so we will call it **525.3 Retained dental root**. Not a big point, just using it to make the distinction.
- **BUT** there are other questionably restorable teeth, so we have some Phase 1 work to do before we send our consult to Surgery.

Supernumerary teeth	520.1 Supernumerary teeth
Impacted teeth	520.6 Impacted teeth <i>Not erupted at the normal time-crown still in bone.</i>
Pericoronitis	523.3 Pericoronitis
Retained root	525.3 Retained dental root
Implant failure	525.71 Implant failure- integration <i>Pre-integration failures: complications of surgery, iatrogenic, systemic disease, poor bone quality, any other reason.</i>
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	525.73 Implant failure-mechanical <i>Post-integration failures from: failure of dental prosthesis causing loss of dental implant, fracture of dental implant.</i>
Fascial space infection of odontogenic origin	528.3 Cellulitis and abscess
Traumatic wound	<i>Codes for this are under medical codes, which gets really complicated...</i>

Case 1. Allison. O-O-P-E

39

These all really feed into Phase 3 thinking, which is the next tutorial, but lets give it a quick once over:

- **O**= Occlusion. You do an initial occlusal exam and notice a slight posterior crossbite on the rightside. Otherwise, there are no concerns.
- **O**= Ortho. No concerns.
- **P**= Pros. Once the non-restorable teeth are extracted, we will have questions on whether to replace them, and if so, how. Since there will be short spans (1-2 teeth), the choices are either FPD or implants.
- **E**=Esthetics. For a since she has fair coloring, her teeth appear fairly dark. Always offer bleaching to patients (tactfully!!) and if you bleach **always bleach before starting operative**, so put it early in Phase 2!

Case 1. Allison. Diagnostic Summary

40

- Once you determine the basic outline of the patient's problem list, you create a “**diagnostic summary**” in Forms-Dental Exam at the top of the form. It says:

”Summary of findings to include CRA, perio assessment, occlusal problems, missing teeth to be replaced, and patient and provider esthetic concerns”

- Think in terms of our three diseases. If they don't have it, you don't need to mention it, of course.
- **This should be written so that someone not familiar with the case to get a quick overview of the key concerns at the diagnostic stage.**

Allison's Diagnostic Summary

- High caries rate with numerous non-restorable teeth, periapical radiolucencies, questionably restorable teeth, fractured restorations, and secondary caries. Previous endodontic treatment will need to be evaluated as well.
- Probing depths >4mm and subgingival calculus requires a Comprehensive Perio exam and further evaluation.
- Teeth #14, 19, 30 will be extracted, possibly 5, 13, 29. A number of older restorations are unesthetic as well as leaking, and will be replaced after vital bleaching, which patient has requested.

Back to
Review

Case 1. Allison Treatment Plan

41

Phase 1

- Determine periapical status #13. Take results of tests and radiographs (but not necessarily the patient) to Endo for consult- see if they feel it is a good risk for “disassembly” (taking out the post). If so, add it to your list of teeth to determine restorability. If not, add to extraction list.
- Determine restorability #5, 29

Phase 2

- D0180- start perio tx with scale/root planing. Prophyl
- Extract non-restorable teeth
 - List teeth in Tx Plan
 - List Consult in Tx Plan
 - Write consult to Oral Surgery
- Vital bleach
- Restorative
 - Posterior
 - Anterior

Learning Objectives

Phase
2



- 1 Know basic parameters for what to do in Phase 2 and which items should be done early in the phase.
- 2 Understand the sequence for periodontal therapy in Phases 1 and 2
- 3 Be able to list the types of procedures that you may refer to Oral Surgery, know the requirements for a referral, and be able to write an appropriate referral consult.
- 4 Know the basic requirements for planning implants- all noted items in blue.
- 5 Know (cold!) how to treat/advise all risk categories of caries on home care and office fluorides
- 6 Know which restorative materials to select for which situations
- 7 Understand how to approach a Caries Control case.
- 8 Be able to write a clear, concise, and complete Diagnostic Summary.

Now that you have the basics...

42

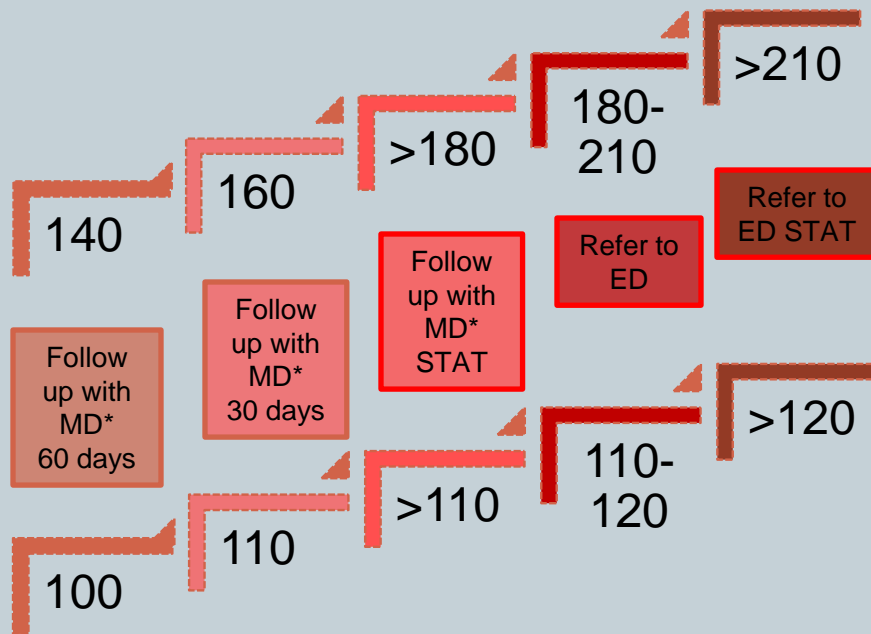
- Read **Chapter 7: pgs 138-159, 182-191** (including “What’s the Evidence?” boxes) The Disease Control Phase of Treatment. This will give you a really good feel for how and why we treat caries and periodontal disease the way we do, and help you get a feel for how long our restorations can be expected to last.

Good job!



Finish

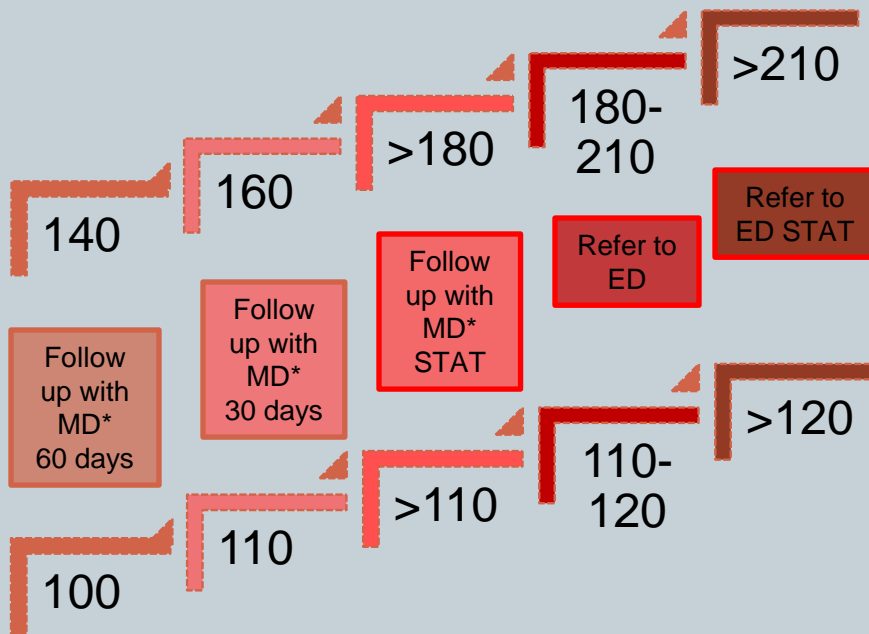
You said No Need for Med Consult



- Allison's blood pressure is a little high. You should take it two more times over the about 15 min and see if it's still high. Maybe it was the traffic from Atlanta, and maybe it just makes her nervous to see a dentist (or a student!), but if it stays this high, she should see her physician within 60 days.
- It would not stop us from treating her, however.

Return

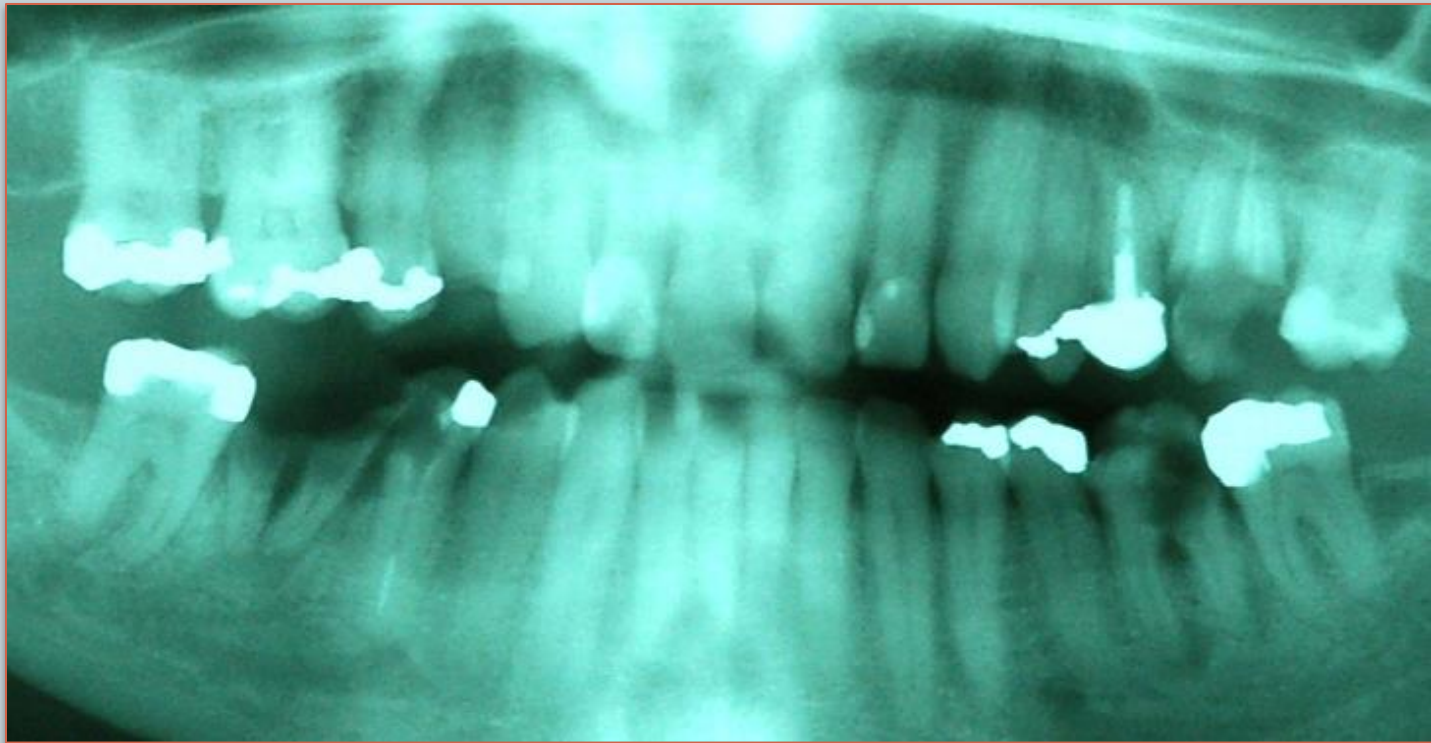
You said Yes to Med Consult



- Correct! You noticed that Allison's blood pressure is a little high. Maybe it was the traffic from Atlanta, and maybe it just makes her nervous to see a dentist, so take it three times over the appointment, but if it's still high, she should see her physician within 60 days.
- It would not stop us from treating her, however.
- Nice work!

Return

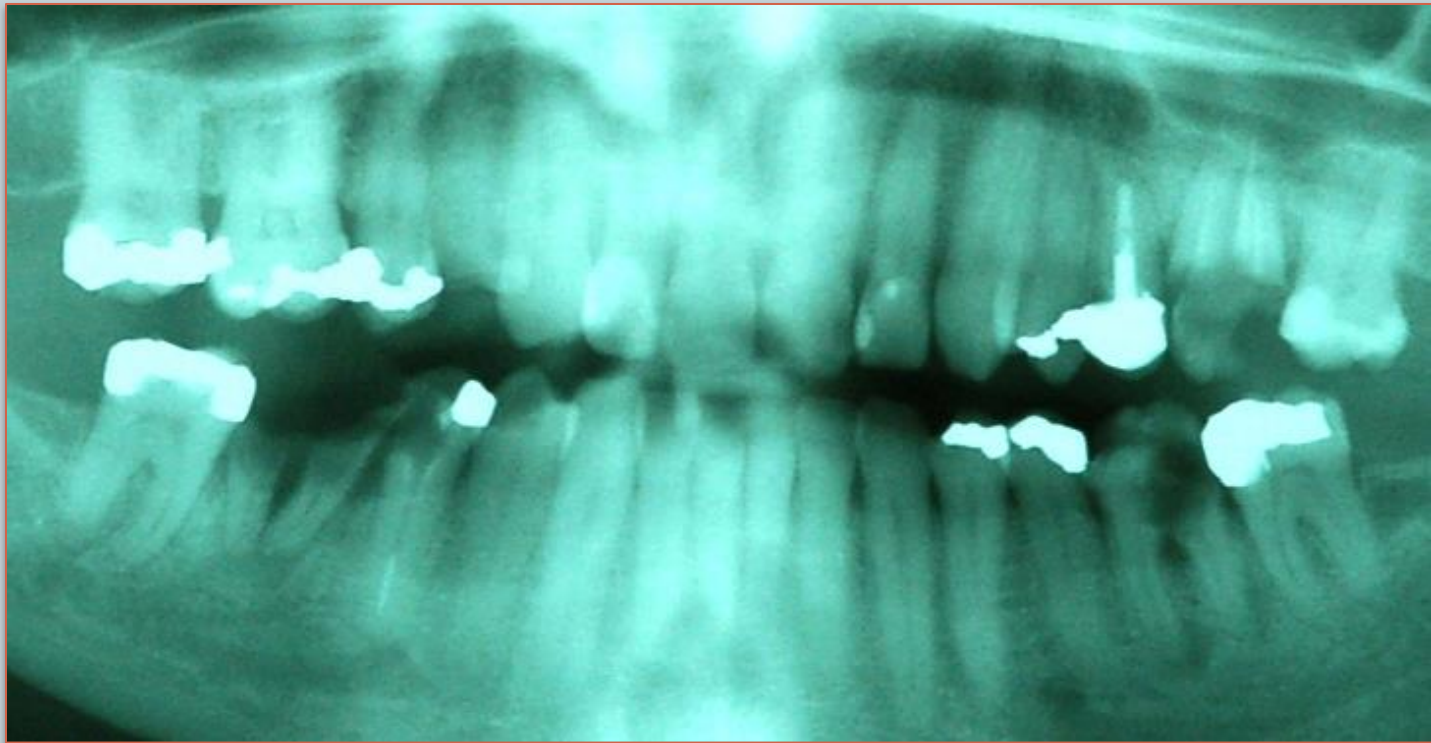
You said No Non-restorable teeth



Well, it's flattering that you think we're good enough to fix some of these, but once the caries is below the level of the bone, or through the furcation of a molar, it cannot be restored. Try again!

Return

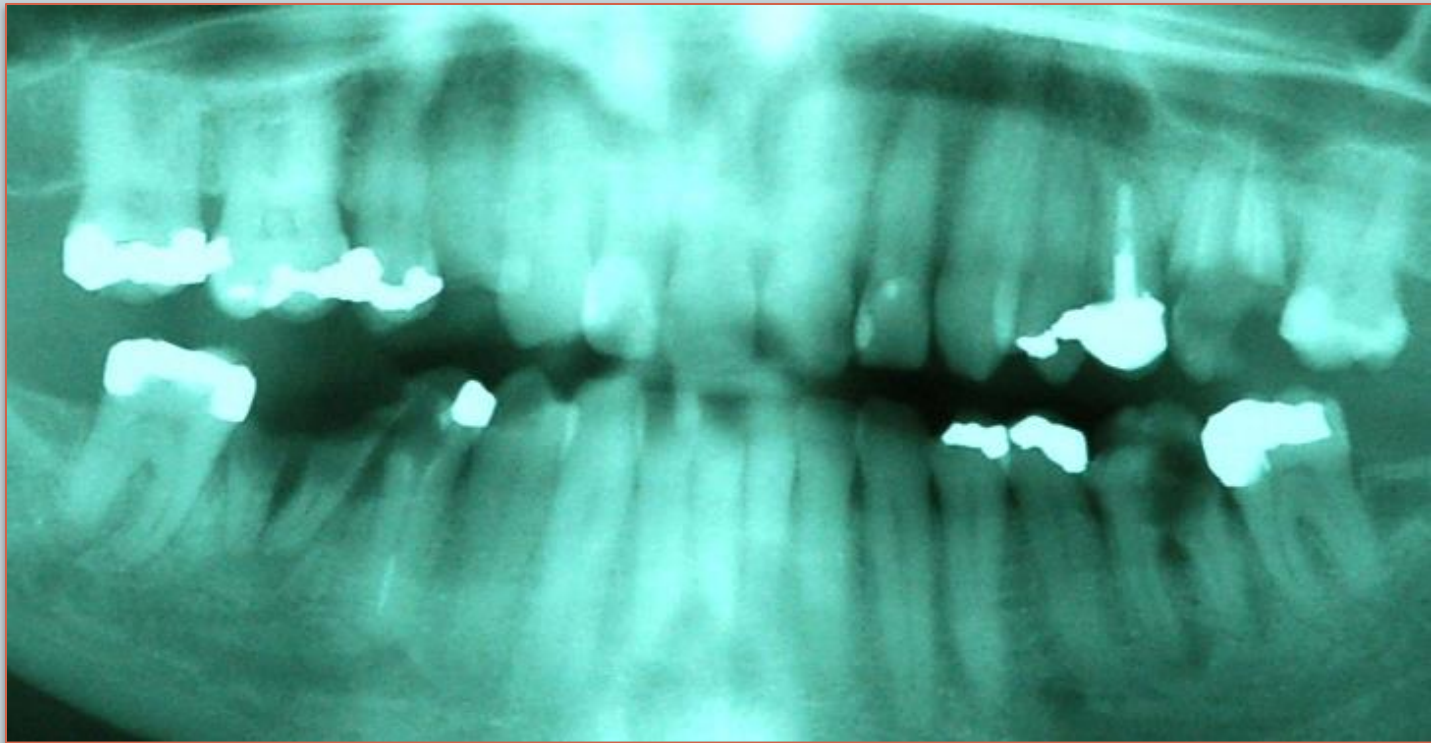
You said One Non-restorable Tooth



#30 is clearly beyond hope, but if the caries is below the level of the bone, or through the furcation of a molar, it cannot be restored. Try again!

Return

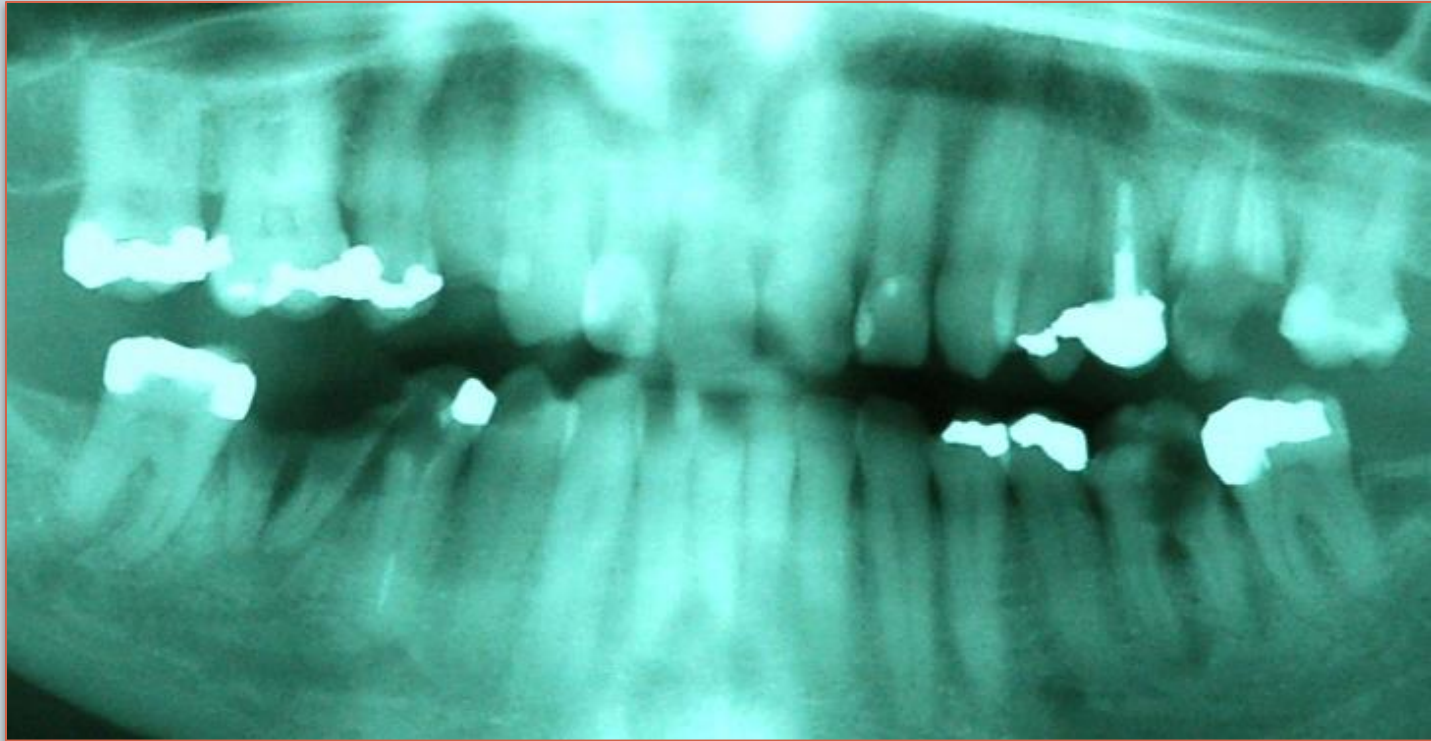
You said Two Non-restorable Teeth



Which two? Probably #30 and #19 look the worst, but #14 is also decayed through the furcation, so it cannot be restored. Try again!

Return

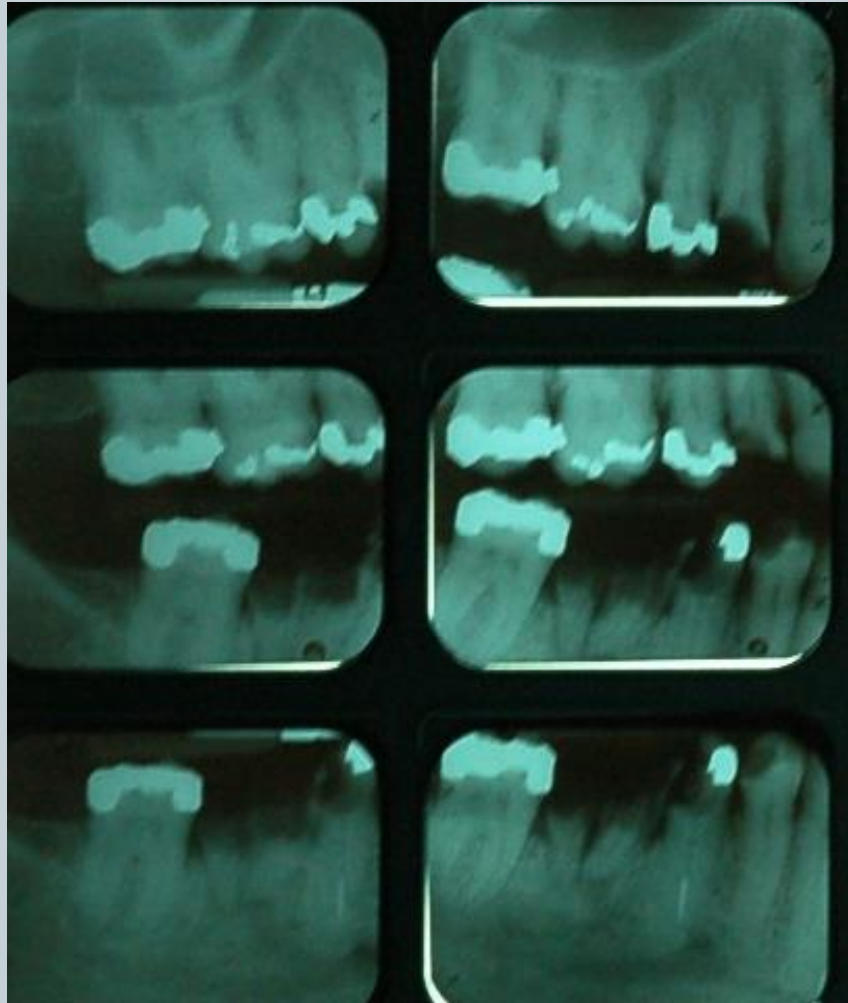
You said More Than Two Non-restorable Teeth



Correct! #14, 19, and 30 are all decayed through the furcation, so they cannot be restored and will have to be extracted. Good diagnosis!

Return

You chose #3



- Well, there's definitely decay there on the mesial, but it's pretty garden variety.
- No real concern here.
- Try again!

Return

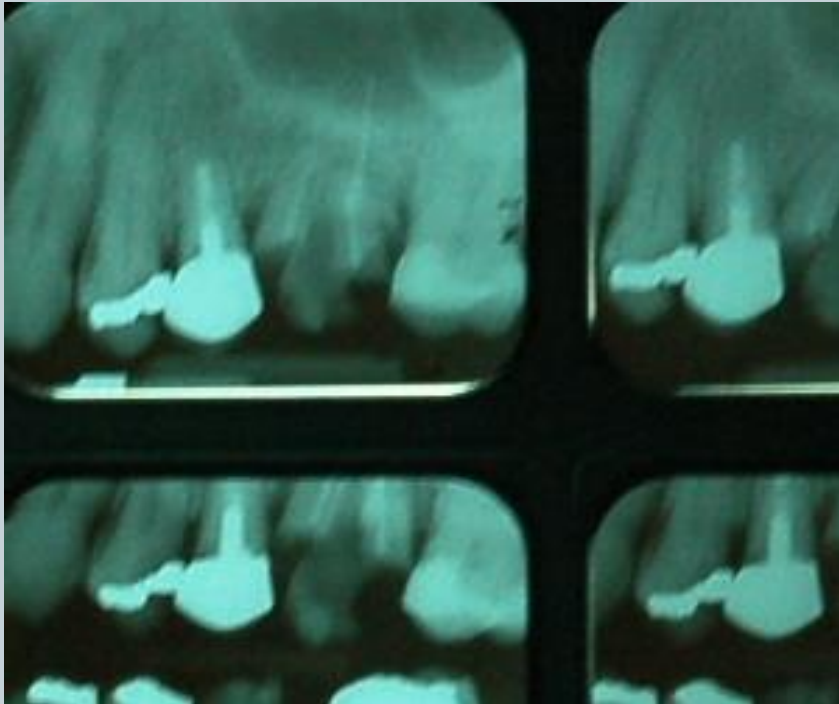
You chose #5



- Absolutely right.
- There are two concerns here:
 - How much tooth structure is above bone on the distal?
 - Since #4 has drifted mesially (that's what teeth do!) into the broken tooth space...is there enough space to put a restoration? And if so, what would the contour be?
- The best plan might actually be to replace the broken #4 first so you know what the final contours are, then see if #5 is restorable.
- Good thinking! Special kudos if you thought to do vitality tests on #5 before you restored it!

Return

You chose #13



- Absolutely right.
- The major concern is whether there is caries under the crown or not. Considering her decay rate, it's a good bet. That means you have to take the crown off and excavate the decay and see what's left. That would leave you with two options:
 - Redo the endo, post, core and crown, perhaps as the anterior abutment for an FPD 13-15 and hope for better caries control
 - Extract it with #14 and place two implants.
- Both options should be presented to the patient and see what her preferences are.
- Very good!

Return

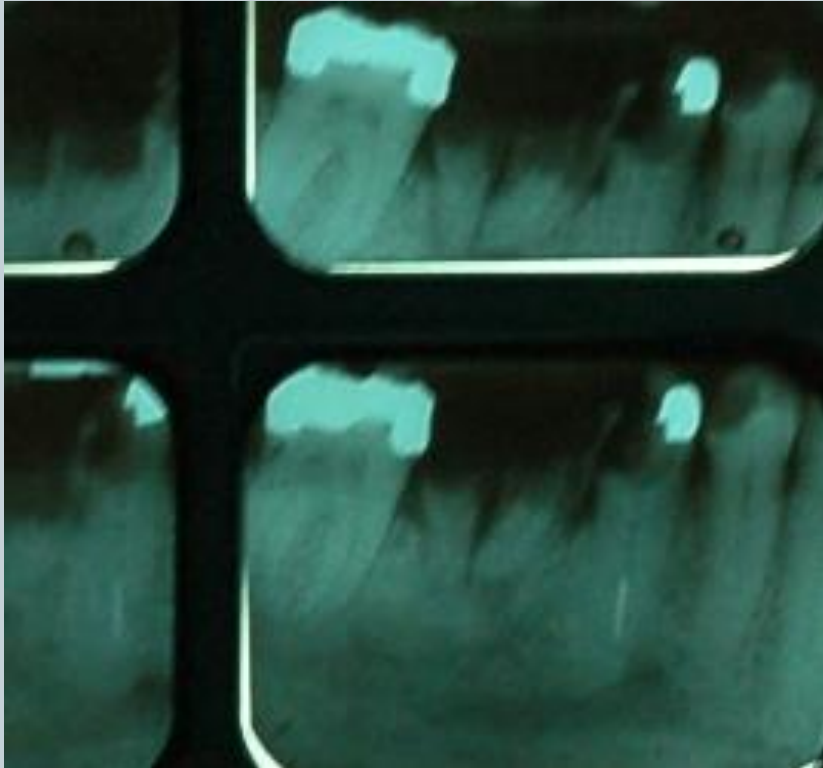
You chose #28



- Well, there's definitely decay distal, and it's going to be tricky to restore, but not really questionable restorability.
- No real concern here, except to remember to test vitality before you start.
- Try again!

Return

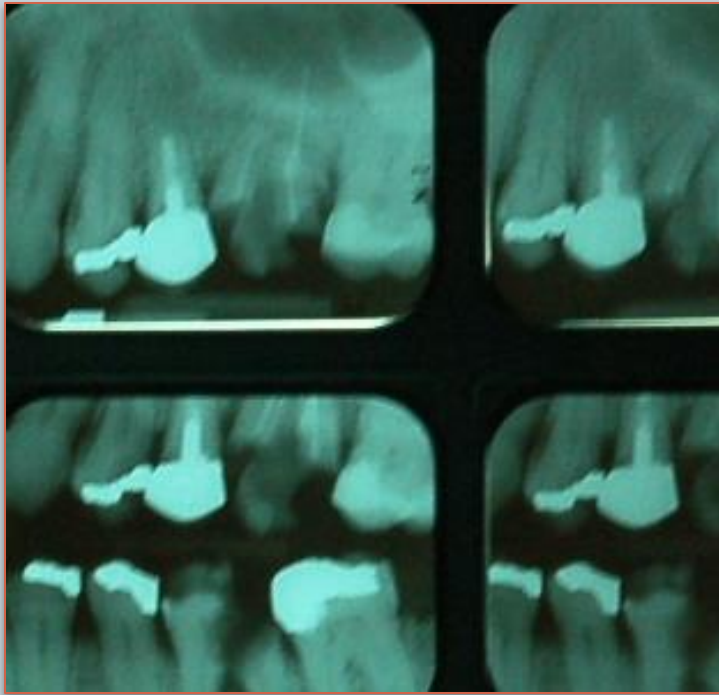
You chose #29



- Correct. This tooth has a lot of strikes against it. It's the poster child for considering implants:
 - Borderline restorable
 - Even if you can restore it, it won't be strong enough to support a FPD or RPD predictably (you'll learn this next year...)
 - Endo prognosis isn't great because of long term contamination
 - If it requires periodontal surgery to place a crown on it, then an implant becomes less expensive
 - With this decay rate, unless her habits change significantly, an implant has a better prognosis because it can't decay.
- We'll have to take all that into account, and we'll also give the patient these options and see what she prefers. After all, if we're going to replace #30 with an implant, it would be easier to just do both of them together.

Return

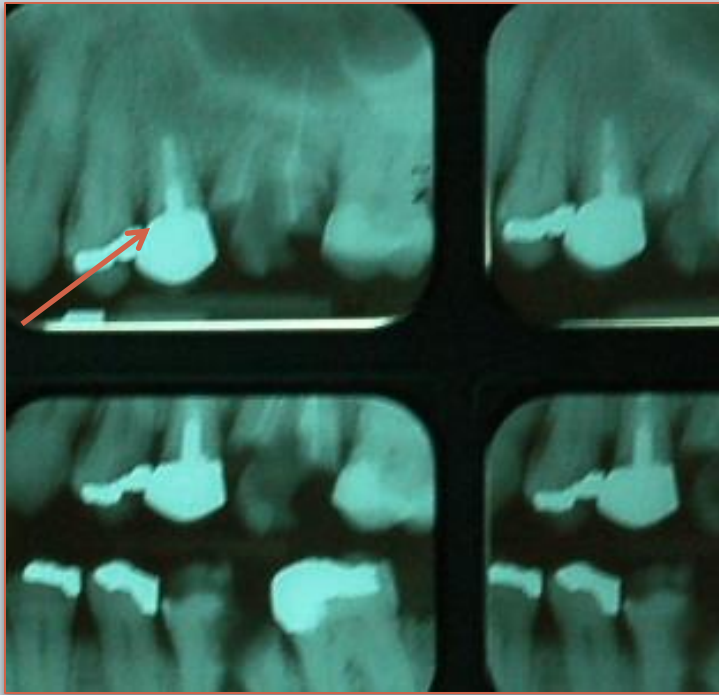
You answered “Don’t know without an exam”



- Correct!
- You can’t diagnose an existing endo without a clinical exam. Of course there is no pulp, so no cold test is needed, but the status of the periapical tissue is very important, so percussion and palpation would be crucial, as would a clinical evaluation of the caries at the margin.
- Old radiographs would also be very useful for comparison.
- Very good...but keep looking...

Return

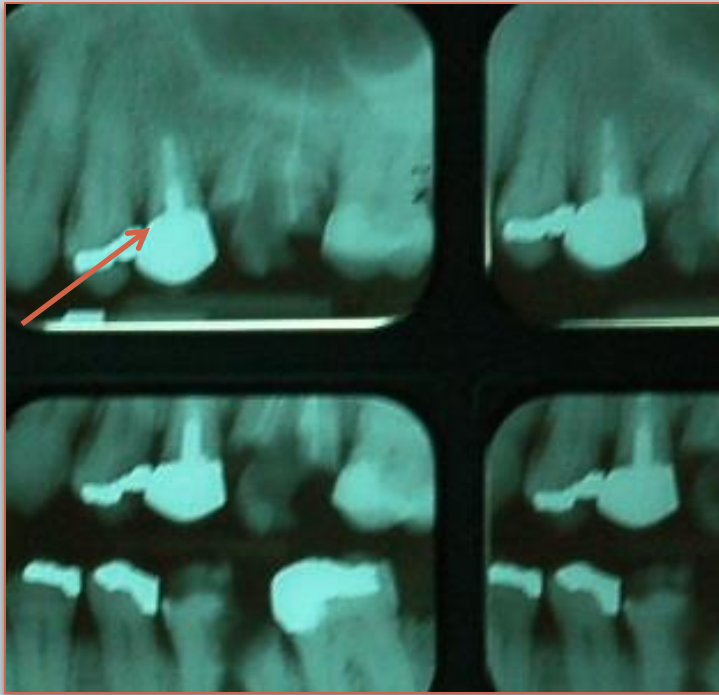
You answered “Don’t like the fill”



- Well...the radiographs aren't great, but neither is the fill. There is a void just below the post, but worse, it looks like there is decay below the mesial crown margin. That would mean the fill is probably exposed to bacteria since the seal is compromised.
- On the other hand, we don't diagnose on the basis of radiographs alone!
- Good thinking...but keep looking...

Return

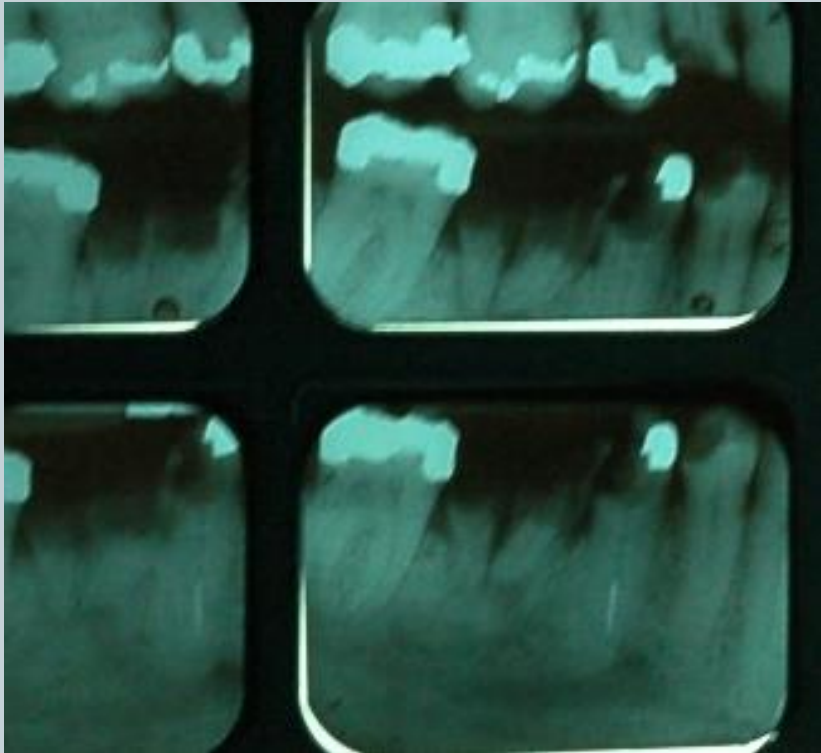
You answered “Don’t like the post”



- Correct! The post is seriously short. Of course, the root is seriously short, too, but the rule is the post should be $\frac{2}{3}$ of the length of the fill, and this isn't close.
- And then there's that decay on the mesial below the crown...very worrying.
- Good thinking...but keep looking...

Return

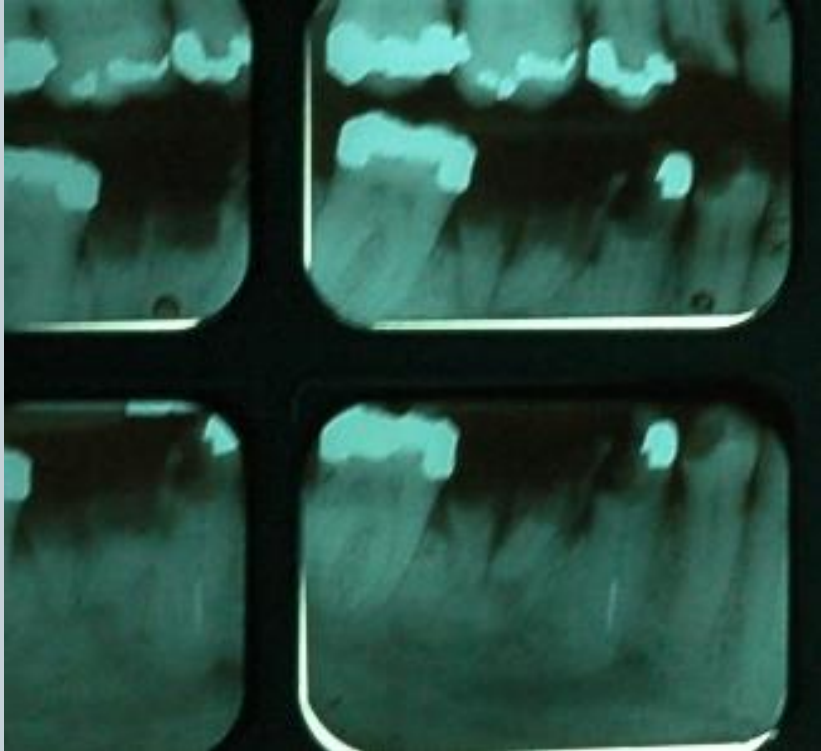
You answered “Determine Restorability”



- Well, that’s always a good plan before doing endo, so it’s not wrong.
- But this tooth looks reasonably restorable from this radiograph- there is approximately 2-3 mm of tooth structure above the level of bone. It will be easier to determine after #30 is extracted and the tissue heals.
- There’s another answer as well- keep clicking.

Return

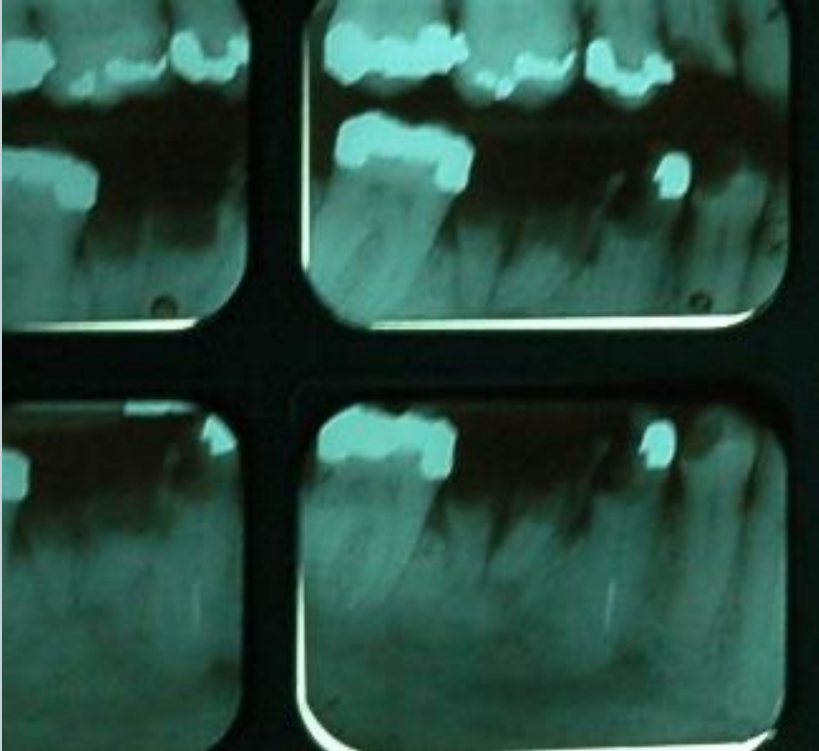
You answered “Redo Endo”



- Correct!
- The tooth looks like it should be restorable, but we'll need to confirm that for sure.
- But the endo fill has been exposed to oral bacteria for who knows how long, and must be redone before any restorative is done!
- Excellent answer. There is another correct component, though. Keep clicking.

Return

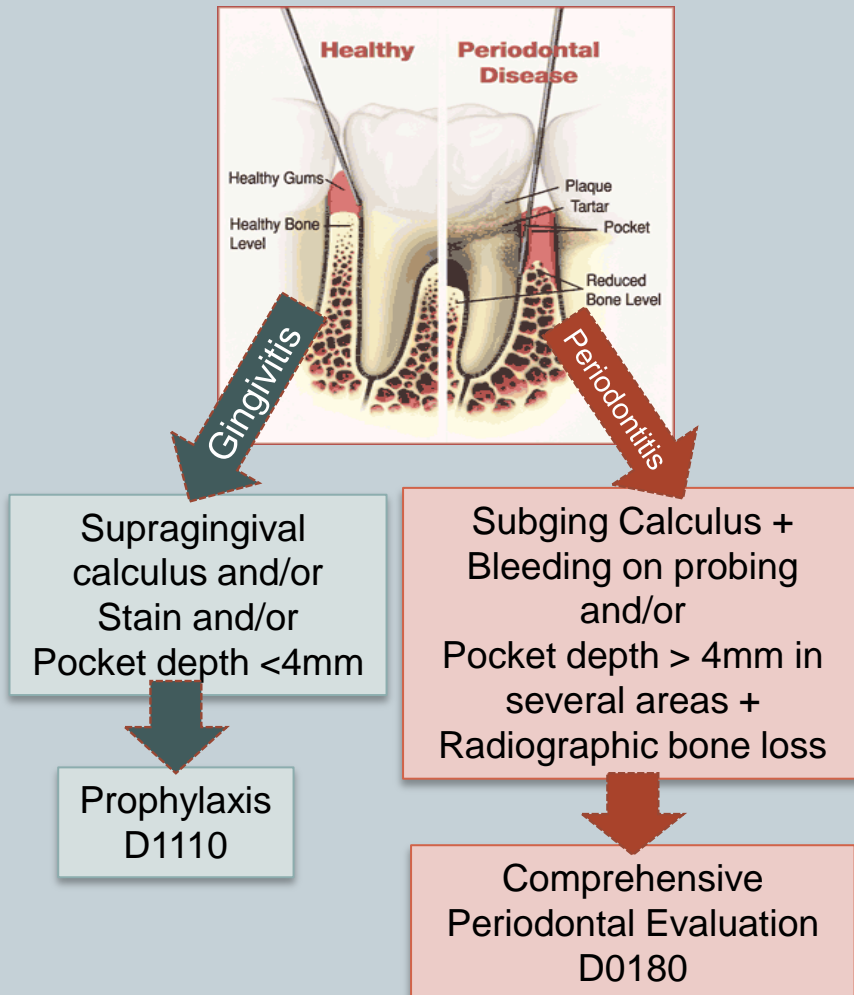
You answered “Plan post/core crown”



- True, but we might want to think of some other components first!
- Make sure you’ve got them all!

Return

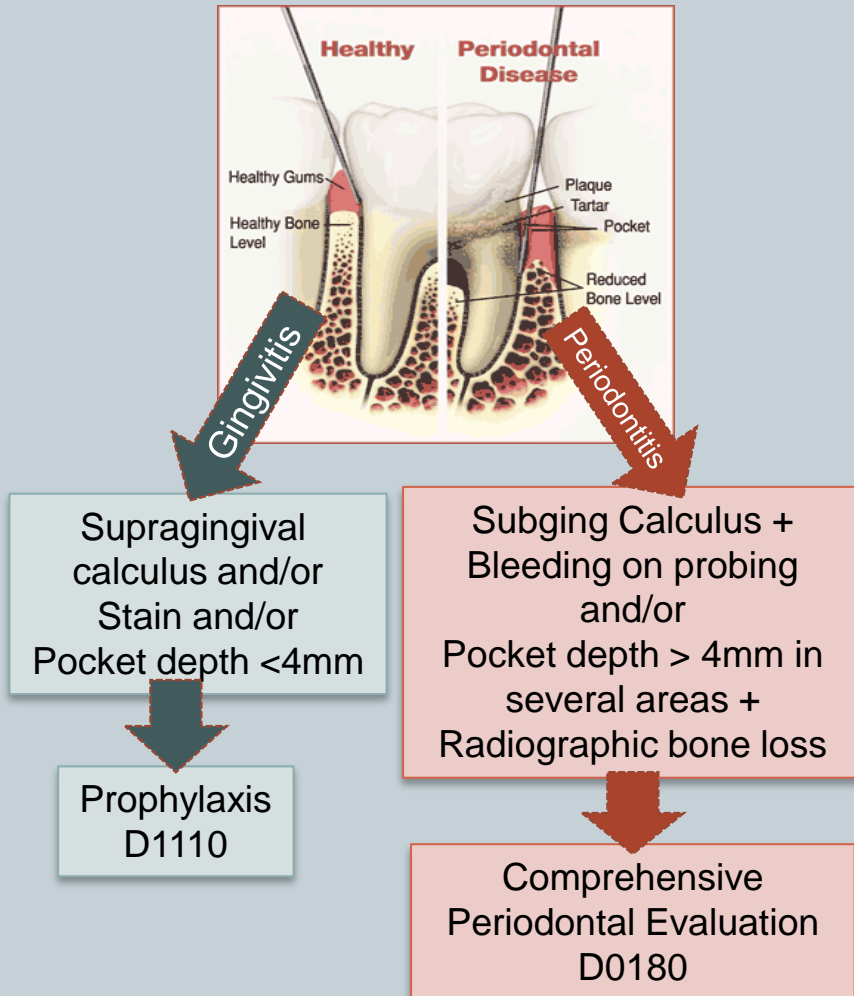
You answered D1110 Prophyl



- No, with pocket depths > 4mm in two areas (that doesn't really count the distal of second molars, by the way...don't count those) and subgingival calculus, a Comprehensive Periodontal Exam is appropriate.
- Study the chart on the left and memorize the criteria.

Return

You answered D0180



- Correct! With pocket depths > 4mm in two areas (that doesn't really count the distal of second molars, by the way...don't count those) and subgingival calculus, a Comprehensive Periodontal Exam is appropriate.
- Excellent!

Return