

Rapid Review

Important Points to Remember:

- *PPE is an essential component of Standard and Transmission-Based Precautions*
- *Being able to correctly apply and remove PPE helps ensure that they work in the intended manner*
- *Keep gloved hands away from face and avoid touching or adjusting other PPE*
- *Remove gloves if they become torn; perform hand hygiene before donning new gloves*
- *Limit surfaces and items touched while wearing PPE*

Applying Personal Protective Equipment

RATIONALE: To outline the sequence of events for appropriately applying (donning) Personal Protective Equipment (PPE).

Sequence for donning PPE:

1. **Hand Hygiene**
2. Gown
3. Mask (cone, N-95 or respirator)
4. Eye Protection, if needed
5. Gloves



Donning PPE:

1. **Perform Hand Hygiene** then select the appropriate type and size of gown and secure at the neck and waist.
2. Select the appropriate type of mask. Cone mask application: Place over nose, mouth and chin. Fit flexible nose piece over nose bridge; secure on head with ties or elastic and adjust to fit.
3. For particulate respirator (N-95 mask): select fit tested respirator and place over nose, mouth and chin. Secure on head with elastic and adjust to fit. Perform a fit test by inhaling (respirator should collapse) and exhaling (check for leakage around face).
4. If eye protection is needed, position goggles over eyes and secure to the head using the ear pieces or headband. Adjust to fit comfortably.
5. Donning gloves should be last; select the correct type and size and insert hands into gloves. Extend gloves over gown cuff.

Distribution: *All AUMC Staff*

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Effective: *Ongoing*