



Music Therapy at the Cleckley Building - September, 1962  
Mrs Rose: (C), Mrs. Powell (R) Play Major Roles in Therapy  
With Emily Stevens (L), assistant director of activities

Miss Emily Stevens has returned to Florida State University to complete her degree in "Music Therapy". Miss Stevens, pictured above, seated at piano, has worked with Mrs. Sheila Rose, standing by piano, Director of Special Activities, in the Cleckley Building, for the past three months.

The use of music and musical activities in the treatment of patients is designed in an attempt to help them overcome mental, emotional and physical difficulties. Music alone cannot be an effective treatment, but it has been seen this summer how the music therapist can contribute to the total treatment program and she herself become a cooperative and respected member of the therapy team.

Miss Stevens used many and varied types of musical activities — all of which were thoroughly enjoyed by the patients. Group Singing was a favorite. It created feelings of socialization and acceptance among members of the group. The rhythm band proved the most successful. Besides being very simple to play, the band instruments were all made by the patients themselves. The action songs, autoharp lessons and pantomines offered a chance for physical stimulation, body coordination, socialization and freedom to project themselves.

The staff and patients of the Cleckley Building will indeed miss Emily Stevens for she has brought warmth, friendship and wonderful music to each and every person. Our sincere thanks to her for a job well done.