

**Thank you for attending the
2025 Kapil D. Sethi Brain Health Symposium**

We hope this has been an informative and enjoyable educational experience and look forward to seeing you back next year.

Please help us improve our symposium by completing the feedback survey before you leave.

Drive safely and best wishes until we meet again.

Augusta University Movement and Memory Disorders
Center of Excellence



ADPD

Alzheimer's Disease Parkinson's Disease

2025 Kapil D. Sethi Brain Health Symposium

Saturday, June 7th, 2025

8:30 a.m. - 4:00 p.m.

Hosted by
Augusta University
Movement and Memory Disorders Center of Excellence





AUGUSTA UNIVERSITY

Welcome to the 2025 Kapil D. Sethi Brain Health Symposium

Hosted by:

Augusta University Movement and Memory Disorders Center of Excellence

We would like to take this opportunity to welcome you to our campus and introduce you to our Movement and Memory Disorders team. As a neurology practice specializing in movement, memory, and cognitive disorders, we offer our patients the latest in diagnostic evaluation, medical treatment, patient education, assistance with local resources, and access to clinical trials.

Our Team:

John C. Morgan, MD, PhD
Julie Kurek, MD
Colin McLeod, MD
Jessica McClard, MD
Deva Tojong, MD
Suneel Kumar, MD
Matthew Kridel, PhD
Elizabeth Prince-Coleman, MPA, PA-C
Kathleen Money, PA-C
Pratik Modi, PA-C
Nathan "Ben" Herz, OTD, MBA, OTR/L
Buff Farrow, BS.Ed
Dedi McLane, MS
Paula Jackson, BS
Kristine Cordero, BS
Alejandro Jiménez, BBA
Shannon Sheppard, MSN, RN
Lillian Branch, LMSW
Erica Bloomfield, LMSW
Amy Kosh, BA
Katrina VanWinkle, Office Specialist
Jasmine Blount, MA

Our team works closely together to provide compassionate, comprehensive care. If you or a loved one would like an appointment in our clinic, please call our scheduling center at 706-721-4581.

HELP SUPPORT FUTURE SYMPOSIA

The Kapil D. Sethi Brain Health Symposium is a great opportunity for family and professional caregivers and persons living with a movement disorder or dementia to learn more about neurodegenerative diseases from researchers, physicians, educators, and specialists. Your help is needed to keep the symposium at no cost to attendees as well as to expand education and program offerings.

Please consider a tax-deductible donation to support education offerings. Your donation may be made in honor or memory of a family member or friend and will be used exclusively by Augusta University for Parkinson's disease, Movement Disorders, Alzheimer's, and dementia education.

Donation forms are available upon request at the registration desk or you may call 706-721-2798 for more information.



Parking and Bus Transport

There will be a bus standing by at the entrance of the J Harold Harrison building to return you to your parked vehicle at all times during the symposium. If, for any reason, you need to leave the symposium early, simply walk to the bus and it will transport you to the parking deck.

Below is a map detailing the bus routes and parking lots used for the 2025 Kapil D. Sethi Brain Health Symposium.



2025 Kapil D. Sethi Brain Health Symposium Agenda

	HALL A	HALL B	HALL C
8:00am - 8:30am	Registration – Continental Breakfast Available in Lobby		
8:30am - 8:45am	Welcome to the 2025 Kapil D. Sethi Brain Health Symposium		
9:00 am - 10:00 am	From Tremors to Treatment: Understanding Parkinson's Jessica McClard, MD	When Is It Time to See My Doctor About My Memory? John Morgan, MD, PhD	
10:00 am - 10:15 am	15 Minute Break – Visit Vendor Exhibits		
10:15 am - 11:15 am	Advanced Treatment: Parkinson's Motor Symptoms Colin McLeod, MD	Brain Health: Snooze or Lose Elizabeth Prince-Coleman, PA-C	Psst...Come Learn About Resources You May Need Francis Yelton
11:15 am - 11:30 am	15 Minute Break – Visit Vendor Exhibits		
11:30 am - 12:30 pm	Supportive and Spiritual Care on the Parkinson's Journey Julie Kurek, MD Rev. Jeff Flowers D.Min	Getting Your Affairs in Order: Legal Advice for Families Facing Memory and Movement Disorders Jim Allen, JD	Let's Talk About It: Relationships, Mood, and Intimacy Matthew Kridel, PhD
12:30 pm - 1:30 pm	Lunch / Visit Exhibitors and Network in Lobby		
1:30 pm - 2:30 pm	Parkinson's Disorders: Research and Freezing of Gait Stewart Factor, MD	The Care Partner in You Erica Bloomfield, LMSW	Exercise and Nutrition in Reducing Age-Associated Cognitive Decline Maleah Winkler, PhD
2:30 pm - 2:45 pm	15 Minute Break – Visit Vendor Exhibits		
2:45 pm - 3:45 pm		Open Floor: A Neurology Panel on Movement & Memory with Dr. John Morgan and Colleagues MCG Movement & Memory Disorders Faculty	
3:45 pm - 4:00 pm	Closing Remarks		

No video or recording of any sessions or parts of the symposia is permitted.

Speakers



John C. Morgan, MD, PhD
Director of Movement and Memory Disorders Program, Augusta University

John Morgan has been in practice as a movement disorders specialist for approximately 20 years and as a memory specialist for approximately 10 years. He is also a tenured professor at the Medical College of Georgia at Augusta University. He earned his MD-PhD from the Medical College of Georgia and completed his internship and neurology residency at the University of Virginia.

He has published numerous peer-reviewed publications and book chapters, and served on the NIH NET-PD FS-ZONE Steering Committee. He has served as a co-investigator on VA Merit Review Grants studying the effects of niacin and niacinamide in PD.

On a personal note, he grew up in Jacksonville, FL and his wife is a dysphagia-expert speech pathologist. He has four children and enjoys tennis, hiking, fishing, playing the stock market, movies, collecting sports cards and comics, and spending time with family.



Stewart Factor, DO
Director of the Movement Disorders Program Emory University

Dr. Factor is a clinical movement disorder specialist, Professor, Vance Lanier Chair of neurology and director of the Parkinson's disease (PD) and movement disorder program at Emory University since 2005. He is past Chair of the Movement Disorders Section of the American Academy of Neurology. He is a member of the MDS-PAS executive board and DMRF scientific advisory board and Secretary for the International Consortium of Freezing of Gait. He edited four books including "Therapy in Movement Disorders: A case based approach".

He has >300 peer reviewed publications. As fellowship program director in movement disorders and has mentored >30 fellows. His current research focus is on freezing of gait.



Jessica McClard, MD
MCG Wellstar Care Center - Thomson Clinic Director

Jessica McClard is an associate professor of neurology and the director of the AUCC Thomson Clinic at Wellstar-MCG Health. She joined the Movement and Memory Disorders team at the Medical College of Georgia in July 2023. Dr. McClard was born and raised near Savannah, GA where she also earned her bachelor's degree from Armstrong Atlantic State University. After graduating from Morehouse School of Medicine in Atlanta, GA, she completed her neurology residency and movement disorders fellowship at the Medical College of Georgia.

Dr. McClard treats patients with movement disorders and provides treatments such as botulinum toxin injections and deep brain stimulation. She also cares for patients with general neurologic and memory disorders. Her hobbies include reading, solving puzzles, playing board games, and watching musicals. In her time off, she enjoys traveling, hiking, swimming, and spending time with her husband and dog.



Elizabeth Prince-Coleman, MPA, PA-C
Program Director and Clinical Director, Physician Assistant Dept., Augusta University

Elizabeth Prince-Coleman is a physician assistant who has worked with the Augusta University Movement & Memory Disorders Program for over 9 years. She began her focus with this team as a student in the AU PA program, training under Drs. John Morgan and Kapil Sethi. She has enjoyed the opportunity to continue to serve these patients as she began her PA career in 2013.

Elizabeth also serves as faculty in the Physician Assistant Department for AU's College of Allied Health Sciences. Her husband teaches social sciences at the Academy of Richmond County and she is mother to 2 boys. Elizabeth loves time with her family, especially outdoors - hiking, building sand castles, kayaking, and camping. She also dabbles with artistic interests and carpentry.

Speakers



Jim Allen, JD
President of CSRA Parkinson's Support Group

Jim Allen is a retired attorney with more than 35 years of experience representing individuals and companies throughout the country. He was diagnosed with Parkinson's Disease in 2021. Jim serves as an Ambassador with the Davis Phinney Foundation and as President of the CSRA Parkinson's Support Group here in Augusta. He brings his legal experience and his Parkinson's experience to the practical questions facing families dealing with Parkinson's.

Jim lives in Grovetown with his wife, plays lots of pickleball, and has been featured on Parkinson's webcasts regarding legal issues.



Jeff Flowers, D.Min
MCG Assistant Professor
Director of Spiritual Care
Wellstar MCG

Dr. Jeff Flowers is the Retired Director of Spiritual Care at Augusta University Health System – Wellstar. He holds a B.A. in Philosophy and Religion from Mars Hill College and a Master of Divinity from Southwestern Baptist Theological Seminary. He completed eight units of Clinical Pastoral Education at Baylor University Medical Center and later served in leadership roles at both Baylor Institute for Rehabilitation and Baylor University Medical Center.

Dr. Flowers became Director of Spiritual Care at Augusta University in 1994. He earned a Doctor of Ministry from Erskine Theological Seminary in 2005, focusing on curriculum development around the spiritual dimensions of illness. He also holds a Graduate Certificate in Bioethics from Emory University and is a Board Certified Chaplain with the Association of Professional Chaplains.

He has served on numerous boards, including the Georgia Hospital Association's Board of Chaplains and the Sheppard Community Blood Center. Dr. Flowers is an ordained minister endorsed by the Cooperative Baptist Fellowship and serves on its National Council for Endorsement. His recognitions include the Augusta University Service Excellence Award, the 2017 GHA Hospital Hero Award, and the 2022 Georgia Ethics Hero Award.



Maleah Winkler, Ph.D
Associate Professor Kinesiology,
Augusta University

Maleah Winkler is an Associate Professor at Augusta University in the Department of Kinesiology. She is originally from Louisville, KY and received her degrees from the University of North Carolina-Chapel Hill (BA, Exercise and Sport Science), Indiana University (MS, Exercise Physiology), and Auburn University (PhD, Kinesiology).

Her research has focused on nutrition strategies to improve physical and psychological health in firefighters as well as individuals with brain injury and PTSD.



Francis Yelton, BSS
Dementia Care Specialist
CSRA Area Agency on Aging

Francis Yelton is a native of the Augusta area graduating from Augusta State University, formerly Augusta College, with a Bachelor's degree in Sociology and a Certificate in Gerontology.

She is currently the Dementia Care Specialist for the CSRA Area Agency on Aging. In addition, she has served as the Community Relations Manager, Quality Assurance Manager and Executive Director for ResCare Home Care and an Account Executive for Option Care Health, a local Infusion Provider.

Francis's past professional opportunities have given her historical knowledge that she now shares with Care Partners and Persons living with dementia. She is a firm believer that we are placed on earth to make a difference. Her favorite Maya Angelou quote has always been: "I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

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Better outcomes for more patients.

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Brain Health Symposium Committee Members:

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Kristine Cordero
Shannon Sheppard
Buff Farrow
Francis Yelton
Elizabeth Prince-Coleman
Deva Tojong

Julie Kurek
Amy Kosh
Margaret Kopp
Erica Bloomfield
Katrina Vanwinkle
Alejandro Jimenez

To Our Volunteers

Thank you to all of our volunteers who have taken time out of their schedules to help make this day happen. Your time and service are truly appreciated! We would not be able to do this without you.

Thank you to the many Augusta University Departments who support the Symposium: Parking, Housekeeping, Classroom Scheduling, Public Safety, and Audio Visual/IT.

Georgia Memory Net At-A-Glance

Who is a good candidate for a GMN referral?

Georgians over 60 showing signs of memory loss or mild cognitive impairment. They or their family may be concerned about behaviors or personality change. If this sounds like you, talk to your Primary Care Physician and share your concerns.

Who might not benefit from a GMN referral?

Patients who are already diagnosed, are under 50, have a history of traumatic brain injury, or live in a permanent facility probably won't benefit from Georgia Memory Net's services. If this sounds like you, you should still share any concerns you have with your Primary Care Provider.

Where are GMN's Memory Assessment Clinics?

Albany, Atlanta, Augusta and Macon. Memory Assessment Clinic services are also available remotely through telemedicine.



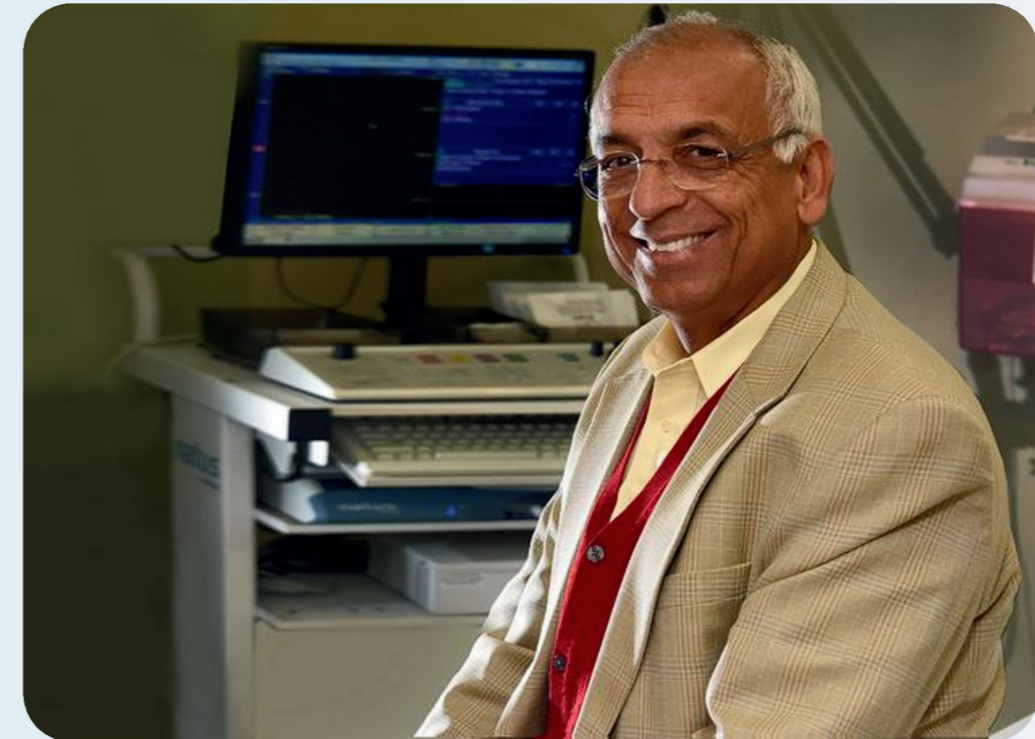
How do I get a referral to a GMN Memory Assessment Clinic?

Let your Primary Care Provider know if you are concerned about memory loss or changes in thinking. If you're over 65, these concerns can be addressed during your free Annual Wellness Visit. Either way, ask your Primary Care Provider if a referral to Georgia Memory Net for diagnosis is appropriate.

Can I make an appointment directly with Georgia Memory Net?

GMN Memory Assessment Clinics require a referral from a Primary Care Provider or other healthcare professional. The clinics are solely for diagnosis and community service education.

In Memoriam: Kapil D. Sethi, MD



Honoring a Distinguished Leader in Neurology

We respectfully dedicate this symposium to the memory of the late Dr. Kapil D. Sethi, whose extraordinary career and lasting contributions to the field of neurology continue to shape clinical practice, research, and education worldwide.

Dr. Sethi was a visionary physician-scientist who founded the Movement Disorders Program at the Medical College of Georgia in 1985. Under his leadership, the program became a center of excellence, advancing both patient care and academic inquiry in the field of movement disorders. His pioneering work as Director of the National Parkinson's Foundation Center of Excellence set a high standard for integrated, compassionate care and multidisciplinary collaboration.

Over the course of his distinguished career, Dr. Sethi held prominent leadership roles in national and international organizations, including the American Academy of Neurology Foundation and the World Parkinson Congress. His work helped influence clinical standards and foster collaboration among specialists dedicated to the care of patients with neurological diseases.

Dr. Sethi was widely recognized for his academic achievements, including numerous editorial appointments and his inclusion among America's Top Doctors. His scholarly contributions and mentorship profoundly impacted the next generation of neurologists and established him as a respected voice in the neurological sciences.

A graduate of Christian Medical College in Ludhiana, India, Dr. Sethi brought a global perspective to his work, informed by extensive training and collaboration with leading institutions around the world. His commitment to excellence, intellectual rigor, and unwavering dedication to patient care remain hallmarks of his legacy.

In the ongoing pursuit of the excellence he exemplified, we honor the memory of Dr. Kapil D. Sethi with deep respect and gratitude. His legacy will continue to inspire innovation, compassion, and excellence in neurology for years to come.



Faster Diagnosis for Alzheimer's and Related Dementias

CONCERNED ABOUT MEMORY LOSS OR ALZHEIMER'S DISEASE?



Are you, or someone you care about, experiencing memory loss, cognitive decline, or other potential signs of Alzheimer's Disease? Georgia Memory Net (GMN) is here to bring accelerated and accurate diagnoses to the state of Georgia.

MEET GEORGIA MEMORY NET



GMN is your trusted source for accelerated diagnosis of Alzheimer's, essential care plans, and helpful connections to support organizations. Georgia Memory Net was created by the Georgia Department of Human Services and Georgia Alzheimer's & Related Dementias State Plan in partnership with Emory, and we're supported by crucial partner programs all over the state.

HOW TO GET A REFERRAL



A referral is needed to get a diagnosis through Georgia Memory Net. If you're interested in a referral, the first stop should be an appointment with your Primary Care Provider. Share your concerns with your PCP, and ask if a referral to Georgia Memory Net is right for you.

LEARN MORE



We provide a document designed to make it easier for patients to talk to their Primary Care Provider. The printable form can be found at GaMemoryNet.org/Referral.



GaMemoryNet.org/Referral • info@GaMemoryNet.org

It takes a network.

HERE ARE SOME OF THE COMMUNITY PARTNERS WE WORK CLOSELY WITH:



Sponsored by the Georgia Department of Human Services. Managed by the Cognitive Neurology Program at Emory.

