

Dental Renaissance - Rome: General Dentistry Overview

April 8-12, 2019



Come visit beautiful and historic Rome while getting 17 hours of quality CE from The Dental College of Georgia

Join The Dental College of Georgia for Dental Renaissance 2019 in beautiful and historic Rome, Italy for 17 hours of quality continuing education. An optional schedule of exciting activities will include visits to museums, churches, restaurants and a walk through the historic city center as well as a full day in the church and museums of the Vatican.

PURPOSE

This four half-day lecture course is designed to cover a wide variety of topics of interest to a general practitioner. The course will include topics on prosthodontics including implants and digital printing of dentures, composites and curing lights, an overview of the use of opioids and antibiotics in the practice of dentistry.

OBJECTIVES

- At the completion of this program, participants should be able to:
- Comply with current best practices in opioid and antibiotic prescribing guidelines
 - Recommend best preventive regimes for caries risk categories, including use of Silver Diamine Fluoride
 - Select and utilize dental curing lights for optimal performance and safety.
 - Treatment plan Surgical Placement Dentures and dentures with mandibular implants for increased stability and patient satisfaction.
 - Utilize Removable Partial Dentures and Surgical Placement Dentures in your practice successfully
 - Describe how digital printing is being used in dentistry and possible future uses.
 - Implement best practices in Infection Control and OSHA guidelines for regulatory compliance.

TARGET

This program is designed for dentists.



AUGUSTA UNIVERSITY
Professional and
Community Education

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FEES

DENTISTS: Dental CE tuition (17 hours CE): Early Bird sign up: \$1195 until 15 Dec, \$1,395 after 15 Dec; with optional \$595 Activity and Excursion Fee*. CE course limited to 16 participants, activities program limited to 20. Family members: \$595 Activity and Excursion Fee* for optional events

**Optional Activity and Excursion Fee: Covers admission fees, guided tours to the Vatican, Borghese Gallery, Coliseum, Forum, and the Capitoline Museums. Additional walks include the medieval center with the Pantheon, Piazza Navona, Trevi Fountain, and Spanish Steps. Additionally, a three-day transportation pass will allow family members to visit additional sites during course times. Activities Program limited to 20 participants. Not required to participate in CE course.*

A special visit to the Tomb of Saint Peter and the Necropolis under the Vatican Basilica is a once in a lifetime experience. However, access is very limited. Because the guest list MUST be submitted in advance when reservations are requested, there is no guarantee that the visit will be possible. If you wish to attend, you must register for the course by 1 November so the request can be made. Small groups with Vatican guides are able to walk through the actual necropolis where St. Peter was most likely buried. Scheduling this may require modifying the activity program plans. Only those 15 years and older may enter.



DEADLINES AND CANCELLATIONS: With the best airline fees to Europe for April and hotel options booked by mid-December, we want to encourage you to sign up by December 1st! Course may be cancelled if not enough participants by December 15, 2018, with full refunds. Cancellation after December 15 will not be refunded unless places are filled from wait list.

EXCURSIONS

Come enjoy this world capital with Dr. Jan Mitchell, who lived in nearby Naples for three years and knows this city and its rich history, art, and culture. Jan is a lifelong student of European art and history, has visited Europe over thirty times, and loves sharing her experience and travel skills. Not only does she know the famous sites, she has learned some off-the-beaten path locations that most tourists don't visit. Additional expert guides are being selected from the University of Washington's academic staff as well! Your visit will include a three day transportation pass so you can learn to travel like a local to the top sites in Rome, including its most famous fountains, churches, and museums.

CREDIT

ADA CERP: The Dental College of Georgia at Augusta University is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance for credit hours by boards of dentistry. Concerns or complaints may be directed to the provider or to ADA CERP at www.ada.org/cerp

The Dental College of Georgia at Augusta University designates this activity for 17.0 continuing education credits. 1/01/18-12/31/21.

The formal continuing education programs of this program provider are accepted by AGD for Fellowship /Mastership credit. The current term of acceptance extends from 01/01/2018-12/31/2021.



SCHEDULE

*Tentative schedule may need to modify times and dates as opening hours, reservations may change.
See more below on the Optional Activity Program*

Sunday April 7, 2019	
Optional Activity program	Church Service (TBD) Visit Santa Maria dei Angeli, Museum of Rome If you wish, you can attend the <i>Angelus</i> blessing from the Pope (if in residence), at noon in St Peter's Square. No ticket required.
Monday, April 8, 2019	
8:00 am	Welcome and Introduction to Course, Administration- Dr. Mitchell
8:15 am	Opioids and Antibiotics: Current Best Practices in Prescribing. Dr. Mitchell Regulation now guides our prescribing on opioids as their overuse has become a national crisis. Alternative pain med protocols will be discussed as well as other strategies to manage pain. Additionally, best practices in antibiotic prescription will be described.
9:30	Quality in Dentistry- Dr. Snyder Quality concepts and practices are standard in medical and hospital practices, but have not had much impact in dentistry- yet. As Clinical Practice Guidelines are published by our professional organizations, what are the implications for our practice? This talk may make you more confident in the legal and ethical protections around quality care.
10:00	Break
10:15	Update on Curing Lights- Dr. Rueggeberg Light cured materials are the backbone of modern dentistry. Highly complex chemically, using the right curing light with the right technique is crucial. In this interactive lecture, Dr. Rueggeberg will describe the current landscape of light choices and how they work - or don't!
12:30	Adjourn
Optional Activity	Pantheon Walk. Picnic lunch from Campo dei Fiori. Piazza Navona, Pantheon, Santa Maria Sopra Minerva (Michelangelo sculpture of Moses), Piazza Colonna, Trevi fountain (of "Three Coins in the Fountain" fame), and the Spanish steps.
Tuesday, April 9, 2019	
8:00 am	Factors for Success In Light Curing- Dr. Rueggeberg In this follow on interactive session, important techniques will be described to get the best performance and safety from your light curing unit.
10:00 am	Break

10:15 am	Surgical Placement Dentures- Dr. Plummer With the growing population of older patients, those who are unable to keep their teeth are demanding better prosthetic options. Make surgical placement dentures predictable and effective. Review basic denture principles and practices and incorporate those into providing surgical (immediate) denture services for your patients.
12:30 pm	Adjourn
Optional Activity	Caesar Shuffle. The iconic sites of Rome: Coliseum, the Forum, Palatine Hill, and the Capitoline Museums.
Wednesday, April 10, 2019	
8:00	Revitalize your Removable Denture Practice- Dr. Plummer Add simple implant assisted complete dentures and removable partial dentures to your treatment alternatives for your patients.
10:00 am	Break
10:15 am	Digital Printing in Dentistry- Dr. Rueggeberg This emerging field of materials may change the way you practice in the future! Fred will discuss what is involved in using this technology, which systems are currently available, and how to select the appropriate material. This talk will give you a sense for the advantages and disadvantages and how future technologies may develop.
11:30 am	Dental Materials- Ask the Expert! Dr. Rueggeberg Bring your questions and concerns for a free-wheeling open discussion on materials and your concerns. Fred has an immense wealth of knowledge and this is your chance to tap into it!
12:30 pm	Adjourn
Optional Activity	Borghese Gallery. Beautiful 17th century palace with the art just as when Cardinal Scipione built it. Famous for Bernini sculpture collection.
Thursday, April 11, 2019	
Optional Activity	The Vatican Church and Museums. Visit Michelangelo's truly impressive basilica and see his Pieta. The Sistine chapel houses Michelangelo's famous frescoed ceiling. Finally, the Vatican Museum has master works by Giotto, Fra Angelico, and Rafael.
Friday, April 12, 2019	
8:00 am	Infection Control and Regulatory Compliance in the Dental Environment- Dr. Plummer Managing an office is complex! This talk will bring you up to date on basic office infection control and safety recommendations and tips for regulatory compliance that make sense and are realistic in regard to the dental environment. (Updates from OSHA, ADA, CDC, EPA).
10:00 am	Break

10:15 am	Best Preventive Strategies, Silver Diamine Fluoride- Dr. Mitchell. Dentistry has a new view on caries and how to prevent it. From CAMBRA and ICCMS to silver diamine fluoride, this talk will bring your practice to the future!
12:30 pm	Adjourn
	Free afternoon!



St Peter's Basilica, Vatican City

Optional Activities and Excursions: Rome Highlights

Sunday	Plan to arrive on Saturday if possible to get over your jet lag, then start Sunday with church service (Catholic, of course, and in Italian, but seeing a church in use brings it alive. All faiths are welcome.). After, we will visit two of Rome's most interesting off-the-beaten track churches: Santa Maria Dei Angeli used the Roman Baths for a church, with truly impressive columns and space; Santa Maria Della Vittoria for the famous sculpture of St Teresa by Bernini , which is best seen in situ. Finally, the Museum of Rome gives a glimpse of Roman life and sculpture including Empress Livia's frescoed dining room! At the end, we will use public transport to the Campo dei Fiori to locate the lecture venue, the University of Washington's Rome location in historic Palazzo Pio.
Monday	After learning to shop for a great picnic in the Campo dei Fiori, we will set out on the Pantheon Walk , visiting the Piazza Navona, the Pantheon, Santa Maria Sopra Minerva (with Michelangelo's Moses sculpture), the Trevi Fountain (yes, from the movie "Three Coins in the Fountain" and every other film of Rome!) and finally the Spanish Steps in the most fashionable shopping district in Rome.

Tuesday	The Caesar Shuffle. The most famous sites of ancient Rome: The Coliseum and Forum , Palatine Hill, and the Capitoline Museums with ancient Roman sculpture, mosaics, and the bronze equestrian statue of Marcus Aurelius .
Wednesday	Borghese Museum. Set in a beautiful park (rare in crowded Rome) Cardinal Scipione built a beautiful 17 th century villa to house his collection of masterpieces from Bellini, Rafael, Titian, and Caravaggio. Best known as one of the best collections of Bernini and Canova. This little known museum will surprise you! Dinner- (not yet confirmed) and hopefully a cooking class!
Thursday	Vatican Day. A separate city within Rome, this enclave houses the home cathedral of the Catholic Church and one of the world's truly great museums. Sites include the Sistine Chapel, Raphael's Rooms and the museum with some of the world's most iconic paintings.
Friday	Free day! Jan will provide information for many additional activities. Great time for shopping since you will have already scoped out the best shopping sites along the way!

Want to know more? Check out these articles on past trips in the Word of Mouth:

Florence Italy, Fall 2015 Word of Mouth Page 8

<https://issuu.com/ghsu/docs/wordofmouthsu15/1?e=3597729/30224619>

London England , Fall 2017 Page 16

https://issuu.com/ghsu/docs/wom_winter_2017

Frequently Asked Questions:

- **Where will the classes be held?** We are planning on using the University of Washington's Rome campus, located in the historic 17th C Palazzo Pio. The site has a fascinating history, including being built over the Temple of Venus. It is on the far side (in this photo just to the left of the statue) of the lively market square of Campo dei Fiori in the ancient and medieval heart of Rome. While the classrooms are college level basic, the authentic 18th C frescoed ceiling and original flooring are part of the experience, and we trust you will find the area enriching! Many hotels and Airbnb apartments are within easy and fun walking distance. NO need to rent a car!
- **What about lodging? Is there a specific hotel we'll all stay at?** No, you are free to choose any lodging that suits your taste and budget! Jan will be more than willing to help you find accommodations to suit you and your guests. There are a number of other hotels nearby and we hope you will want to live like a Roman and consider an Airbnb, which are affordable and very comfortable.
- **Will this be tax-deductible?** We aren't qualified to advise you regarding tax matters—we suggest you speak with your licensed tax professional, especially with the recent tax changes.
- **Will this be handicapped-accessible? What about mobility requirements?** Europe is not covered by a Disabilities Act, and it's simply not as accessible as you may be used to here. **LOTS of walking** (easily a mile or two a day on flat ground) is normal in European cities, and Rome is no exception. There will also be stairs and walking on uneven pavement. While major museums have elevators, many restaurants and lodgings do not. The activities and excursions are not recommended for

people with limited mobility because of cobblestones, crowding and hills. The good news is you'll be guilt-free eating pasta!

- **How do I sign up?** Contact the Continuing Education Office at 706-721-3967 or 1-800-221-6437. Print [Registration Form](#) or

[Register Online Now](#)

- **Can I extend my stay before or after?** Of course! You will be making travel arrangements to suit your own schedule (flight, ground transportation, and lodging), so this is a great opportunity to travel to other cities in Italy or elsewhere in Europe. There are a lot of beautiful sites nearby. We recommend Florence, Siena, or the Amalfi Coast and Pompeii. They are all just a short train or bus tour (many commercial day trips from Rome are available) away. Jan will be glad to share her experience in any planning you want to make!
- **When should I make plane reservations?** We suggest you not book tickets until after Dec 15 to assure enough participants; but if you register, we will let you know as soon as the required number is reached.
- **Do I need a passport? Visa? Shots?** Passport, absolutely. If you don't have one, start the paperwork as soon as possible. No visa or special immunizations are required for Italy and other European Union countries.
- **Will this be good for kids?** Depends on your kid. There will be a lot of art, history, museums and walking, but no playgrounds or American-style "kid-friendly" vacation activities. If that sounds like something your older child would enjoy, fine!
- **What about medical care if I get sick?** The medical care in Italy is excellent, but we suggest you check with your insurance company for additional traveler's coverage.
- **Will there be any advice for packing, electronics, phones and such if I sign up?** Absolutely! You will get lots of specific advice on all things foreign travel from the course director based on her decades of experience of travelling, and living, abroad! There will even be recommendations on videos, books, and films that will enrich your visit significantly.

Course Faculty

Course Director

Jan Mitchell, DDS, MEd, MAGD is Professor and Director, Diagnosis and Treatment Planning Section of the Department of Restorative Sciences. She earned her DDS degree from Emory University in 1979 and served 26 years in the U.S. Navy, completing a two-year residency in Comprehensive Dentistry where she twice received the Award for Excellence in Restorative Dentistry, as well as completing a Master's degree in Higher Education from the George Washington University. After many varied assignments in the Navy worldwide, including three years in Italy and two shipboard assignments, Dr. Mitchell returned to Bethesda to teach; her adjunct assignment was as one of the two White House dentists. She was a 2001 Fellow in the ADEA Leadership Institute. After retiring from active service, she was in private practice in Anchorage AK before returning to teaching in the Department of Restorative Sciences at The Dental College of Georgia.

Dr. Mitchell is currently Course Director of two courses on Diagnosis and Treatment Planning and teaches in many restorative courses. A 2013 inductee to the Georgia College of Health Educators, she

lectures and mentors other faculty in innovative, interactive teaching methods, and in 2015 the Dental College recognized her with the Teaching Excellence Award. Dr. Mitchell is a Diplomate of the Federal Services Board of General Dentistry, past President of the American Board of Operative Dentistry, a Master in the AGD, and past President of ADEA's Leadership Institute Alumni Association. She is on the editorial boards of General Dentistry and Operative Dentistry. Dr. Mitchell can be reached for information or questions at janmitchell@augusta.edu

Distinguished Faculty

Kevin Plummer, DDS, is Professor and Chair, Department of Restorative Sciences, The Dental College of Georgia, Augusta University, Augusta, GA. He currently teaches in both the undergraduate dental programs and advanced graduate programs in prosthodontics.

He is a graduate of Georgia State University (BS - 1975) and Emory University School of Dentistry (DDS-1979). He completed post-graduate prosthodontic training at Letterman Army Medical Center and received his Certificate in Prosthodontics in 1986. Dr. Plummer has been a Diplomate of the American Board of Prosthodontics since 1987.

He has published a textbook on Complete Denture Prosthodontics and contributed to the creation of an iPhone/Android APP for the Dental College (Dentistry ProConsult) in conjunction with the Augusta University IT team.

During Dr. Plummer's 21 years of service on active duty with the U.S. Army Dental Corps (retired November 2000) he served as consultant to the Army Surgeon General for Infection Control and OSHA Compliance along with Dental Laboratory Operations for the U.S. Army Dental Corps from 1993 to 2000. He joined the Augusta University DCG faculty in August of 2000. Dr Plummer has published papers and presented lectures to many organizations on removable prosthodontics and infection control in dentistry to include the dental laboratory.

He is the subject matter expert advisor to the DCG Infection Control and Hazards Committee and Vice-Chair of the Augusta University Institutional Chemical Safety Committee. He is a life member of the Organization for Safety, Asepsis and Prevention (OSAP).

Fred Rueggeberg, DDS, MS is Professor and Director, Dental Materials Section of the Department of Restorative Sciences at The Dental College of Georgia. He received his dental degree from Emory University in 1979, after which he completed a general dental residency program in Wilmington, DE, following which he associated and then entered private, general practice in Seaford, DE. He received a Master's degree in biomaterials from The University of Michigan, and then began his academic career at the then Medical College of Georgia School of Dentistry. He is the winner of the Operative Academy's highly prestigious Hollenbeck Award.

A noted and widely published researcher, his research interests focus on photo-polymerization of dental resin systems – restorative materials and ancillary equipment. He has authored or co-authored over 200 peer-reviewed articles, lectured nationally and internationally in the field of dental photo-activated materials and instruments, and works with industry in development and testing of new products and equipment.