

Curriculum Vitae

Margaret Kitterman Blagg, PT, DPT
Board-Certified Clinical Specialist in Neurologic Physical Therapy
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987 St. Sebastian Way EC-1326
Augusta, GA 30912
(706) 721-3574
Augusta University
Department of Physical Therapy

Education:

Valdosta State University, Department of Leadership, Technology, & Workforce Development
Doctor of Education in Adult Learning & Development
In progress – anticipated graduation date, 2025

Medical College of Georgia, Department of Physical Therapy, Augusta, GA
Doctor of Physical Therapy
Graduated with Honors, 2008

University of Georgia, Department of Exercise Science, Athens, GA
Bachelor of Science in Education
Graduated, 2004

Licensure:

Georgia Board of Physical Therapy (License PT009315), 2008 – present
South Carolina Board of Physical Therapy (License PT007149), 2013—2014

Certifications:

American Board of Physical Therapy Specialties: Neurologic Clinical Specialist Certification,
2023-2033
American Board of Physical Therapy Specialties: Women's Health Clinical Specialist
Certification, 2017-2027
APTA Certified Clinical Instructor, 2009
Certified Brain Injury Specialist, 2009-2012
Nonviolent Crisis Prevention Intervention, 2010

Academic Appointments:

Assistant Professor, Augusta University, 07/2016-present

Adjunct Professor, Augusta University, 11/2015-06/2016

Clinical Positions:

Women's Health Physical Therapist, Doctors Hospital, Outpatient Rehabilitation, 2014-2016

Staff Physical Therapist (PRN), Doctors Hospital, 2014-2015

Clinical Manager, Physical Therapist, Hitchcock Healthcare, 2013-2014

Clinical Manager, Physical Therapist, HealthSouth Healthcare Walton Rehabilitation, Outpatient Rehabilitation, 2013

Staff Physical Therapist to Outpatient Clinical Manager, Walton Rehabilitation Health System, Inpatient Rehabilitation and Outpatient Rehabilitation, 2008-2013

Scientific Peer-Reviewed Publications:

Young L, Kupzyk K, Parker B, McCall A, Hergott C, **Blagg M.** (2016). Develop and test a palliative care screening tool for rural patients with serious chronic illnesses: a study protocol. *International Journal of Clinical Trials*, 3(4): 210-216.

Blagg, M., & Bolgla, L. (2023). The relative activation of pelvic floor muscles during selected yoga poses. *Complementary Therapies in Clinical Practice*, 52.
<https://doi.org/https://doi.org/10.1016/j.ctcp.2023.101768>

Presentations at National, Regional, State and Local Meetings

Blagg M, Bolgla L, Aronica K, Crupie C, Green J, Litavec J, McTeer O, Price T. (2022). The Relative Activation of Pelvic Floor Muscles during Selected Yoga Poses. American Physical Therapy Association Conference. San Antonio, Texas. Journal of Women's Health Physical Therapy: January/March 2022 - Volume 46 - Issue 1 - p E39-E58
doi: 10.1097/JWH.0000000000000234

Holbrook C, Hogan V, **Blagg M**, Nag Ayyala D, Coughlin S. (2020). Rehabilitation Utilization and Upper Extremity Disability in Breast Cancer Survivors. Physical Therapy Association of Georgia. Atlanta, Georgia.

The Importance of Board Specialization to Your Career & Our Profession: Broadening Our Scope & Practice. (2017). Physical Therapy Association of Georgia, Middle Georgia Local Area Network Webinar.

Pelvic Floor Dysfunction: Therapeutic Implications. (2017). HMI Symposium. Augusta, GA.

Post-Partum Education. (2015). Doctors Hospital Nursing Staff Yearly Competence.

Clinical Use of Neuroelectric Prosthetics. (2012). Neurorehabilitation Conference. Kroc Center, Augusta, GA.

Chong RK, Gesotti P, Fogle K, Gillespie R, **Kitterman M**, Loyd N, Shonson C, Smith L, & Whitlow C. (2007). Effect of cutaneous stimulation cues on gait in Parkinson's disease. Society for Neuroscience Annual Conference. San Diego, California, USA. 80.9

Chong RK, Gesotti P, Fogle K, Gillespie R, **Kitterman M**, Loyd N, Shonson C, Smith L, Whitlow C, & Morgan J. (2007). Cutaneous electrical stimulation as an adjunct to pharmacological

and surgical treatments of Parkinson's disease. 1st Asian and Oceania Parkinson's Disease and Movement Disorders Congress, Singapore. M32

Chong RK, Gesotti P, Fogle K, Gillespie R, **Kitterman M**, Loyd N, Shonson C, Smith L, & Whitlow C. (2006). Effect of electrical stimulation cues on gait and postural control in Parkinson's disease. Society for Neuroscience Annual Conference. Atlanta, Georgia, USA. 676.14. 1 of 700 submissions (out of a total of > 14,000 submissions) selected by the Society for Neuroscience's Public Education and Communication Committee for a Neuroscience 2006 Press Book submission

Non-Peer Reviewed Publications:

Blagg M. (2009). Proper Equipment and Monitoring Can Minimize Pressure Sores. *Rehab Management*, 22(9).

Community Presentations:

How to Get Your Body Back After Baby: What to do When Exercise Doesn't Work. (2016). Babies-R-Us, Evans, GA.

Love Your Pelvis. (2015). Augusta Junior League. Augusta, GA.

Pelvic Floor for Stability and Function. (2015). Doctors Hospital H2U. Augusta, GA.

Pelvic Floor Rehabilitation. (2015). Doctors Hospital Cancer Conference. Augusta, GA.

Women's Health Physical Therapy. (2015). Wilson Family YMCA. Augusta, GA.

Pelvic Floor Physical Therapy. (2014). Doctors Hospital Girl Talk Support Group. Augusta, GA.

Exercise, Physical Activity, and Parkinson's Disease. (2013, 2014). Aiken Parkinson's Support Group. Aiken, SC.

Exercise and Muscular Dystrophy. (2014). CSRA Muscular Dystrophy Support Group. Augusta, GA.

Grant Activity

CAHS Research Mentoring Initiative Grant. 2020 Award Recipient.

Professional Organization Membership:

American Physical Therapy Association

Physical Therapy Association of Georgia

APTA Academy of Education

APTA Academy of Neurologic Physical Therapy

APTA Academy of Pelvic Health Physical Therapy

Book Reviews:

Parker, L. (2015). *The Art of Control: A Woman's Guide to Bladder Care*.

Ad Hoc Scientific Journal Reviews:

Physiotherapy Theory and Practice, 2017

Service:*Department of Physical Therapy*

Diversity, Equity, and Inclusion Group – Founder (2021-2022)
Curriculum Committee – Member (2016-2018, 2021-present)
Admissions Committee – Member (2019-2020), Chair (2020-2022), Member (2022-2023)
Academic Success Committee – Member (2019-2021), Chair (2023-present)
Faculty Search Committee – Member (2016-2017), Chair (2021), Member (2022-present)
Front Office Representative Search Committee – Member (2021-2022)

College of Allied Health Sciences

CAHS Diversity, Equity, and Inclusion Task Force, Member (2021-2022)

Augusta University

AU Senate, Faculty Rights & Responsibilities, CAHS Representative (2021-2023)
AU Senate, Curriculum and Academic Policies Committee, CAHS Representative (2019-2020)
AU Senate, Athletics Committee, CAHS Representative (2018-2019)

Current Academic Year Teaching Responsibilities:**Summer Semester, 2023**

PTHP 7121 General Concepts of Patient Management 1; Course Coordinator

Fall Semester, 2023

PTHP 8003 Applied Neuroscience; Course Coordinator
PTHP 7224 General Concepts of Patient Management 2; Course Faculty
PTHP 8243 Medical Conditions 3; Guest Lecturer
PTHP 7212 Professional Practice Expectations 2; Guest Lecturer

Spring Semester, 2024

PTHP 8351 Integration for Practice: Neuromuscular; Course Coordinator
PTHP 7341 Medical Conditions 1; Guest Lecturer
Dental College of Georgia; Guest Lecturer