



- **COVID-19** is a new kind of respiratory coronavirus.
- The virus spreads from an infected person's saliva droplets when they **cough, sneeze, kiss, talk or sing**.
- **Everyone is at risk**, but people with chronic lung or kidney disease, asthma, heart disease, high blood pressure, diabetes, liver disease, cancer, obesity, or HIV/AIDS AND those 65 years or older have more risk.
- **African Americans have been especially affected by COVID-19!**

↳ **Rev. Karlton Howard**, Pastor, Noah's Ark Missionary Baptist Church, President, 10th District GMBC, & Producer, Parade of Quartets

»»» PROTECT Yourself & Others

- **Avoid in-person contact** – stay 6 feet apart
- **Stay home** as much as possible
- **Clean hands often** – use soap and water for 20 seconds; Hand sanitizer should have a minimum of 60% alcohol
- **Clean and disinfect surfaces** you touch often (phones, keys, door knobs, remote controls, toothbrushes and holders)
- **Wear protective clothes like masks and gloves**
- **Avoid touching your eyes, nose, or mouth** unless you have washed your hands.



»»» RESPECT Guidelines

If you are sick (fever, chills, cough, headache, short of breath)

- Call your doctor
- Stay home except for medical care
- Rest, drink fluids
- Separate yourself from others at home



Download the AU Health ExpressCare App:
augustahealth.org/expresscare/covid-19-virtual-screening

**GEORGIA
CANCER CENTER**
AUGUSTA UNIVERSITY

CONNECT / Stay Informed

- Centers for Disease Control & Prevention: cdc.gov
- Black Women's Health Imperative: bwhi.org
- Augusta University Health and Free Virtual Screening: augustahealth.org

COVID-19 HOTLINES & HELPLINES

844-TEST-COVID 844-837-8268
GA Dept. Public Health 844-442-2681
AU Health 706-721-1852
Disaster Distress Helpline 1-800-985-5990

COVID-19

WE are all in this coronavirus crisis together.
WE can help and take action!

- »»» **PROTECT** yourself and others where you live, work, shop, and worship.
- »»» **RESPECT** safety guidelines. Limit your contact with others if you have been exposed to COVID-19 or are sick.
- »»» **CONNECT** with reliable resources to stay informed. Get help when needed.

Our faith-based organizations, the Georgia Cancer Center, Medical College of Georgia and Augusta University are bringing together faith, hope, and health to support our communities in overcoming COVID-19.

COVID-19 guidelines and icons source: cdc.gov

JOIN US TO LIMIT THE SPREAD OF COVID-19.

For more information: augustahealth.org



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