

Curriculum Vitae

Colleen Griffin Hergott, PT, DPT, MEd
Augusta University

Education:

Doctorate of Physical Therapy
Baylor University
Physical Therapy
August 2009

Masters of Education
University of Texas,
Kinesiology
May 1996

Masters of Physical Therapy
Army-Baylor University
Physical Therapy
May 1991

Bachelors of Arts
University of Texas,
Zoology
December 1988

Professional Academic Appointments:

Interim Chair
Department of Physical Therapy
Augusta University Doctor of Physical Therapy Program
Assistant Professor
Augusta, GA
Jan 1, 2021- present

Core Faculty
Department of Physical Therapy
Augusta University Doctor of Physical Therapy Program
Assistant Professor
Augusta, GA
Oct 2015- Dec 2020.

Adjunct Faculty
Physical Therapy Program
Georgia Regents University
Augusta, GA
Sept 2013- May 2015

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Physical Therapy Employment:

Physical Therapist prn
AUMA Executive Wellness Program
Executive Fitness Evaluations
2019-current

Physical Therapist prn
Integra Rehabilitation at Harrington Park Health and Rehabilitation
Augusta, GA
July 2015 – current

Physical Therapist
Integra Rehabilitation,
Stevens Park Health & Rehabilitation
Augusta, GA
Aug 2011-July 2015.

Physical Therapist
Hitchcock Healthcare
Augusta, GA
Oct 2009- May 2011.

Physical Therapist
US Army Captain
Martin Army Community Hospital,
Fort Benning, GA
May 1991- Sept 1994

Administrative Responsibilities/Appointments

Member	ACSM Exercise is Medicine Healthcare Provider Committee	2018-present
Content Reviewer	APTA ChoosePT Conditions Guide	2021
Task Force Member	APTA Geriatrics/National Council on Aging	2018-present
Elected Leadership	Council for Prevention, Health Promotion and Wellness	2020-present
Item Writer	Federation State Boards of Physical Therapy (FSBPT)	2018
Manuscript Reviewer	Physiotherapy Theory and Practice	2017-present

Committee Assignments

Department of Physical Therapy

Chair	Curriculum Committee	2018-2021
Member	Curriculum Revision Task Force	2019-2020
Member	Curriculum Committee	2016-2018
Member	Physical Therapy Chair Search Committee	2018
Chair	Service Committee	2016-2018

College

Member	CAHS Anatomist Search Committee	2021
Member	CAHS Strategic Planning Committee for Education	2021

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Member	Augusta University Faculty Council	2016-2020
Member	CAHS Awards & Nominations Committee	2019
Liaison	American Heart Association Representative	2017-2020

University

Member	Augusta University Student Affairs Committee	2020-current
Member	Augusta University Athletic Committee	2016-2018

Licensure/Certifications:

GA PT licensure #PT003342 (expires 12/31/2021)
SC PT licensure #6089 (expires 12/31/2022)
AGPT CEEAA (Certified Exercise Expert for Aging Adults)
ABPTS Board Certification Clinical Specialist in Geriatric Physical Therapy (expires 6/1/2026)
ACSM Certified Clinical Exercise Physiologist (expires 12/2023)
Otago Exercise Program Certification
Exercise is Medicine Ambassador
Certified Neuro-Developmental Treatment Therapist for Adult Hemiplegia (2011-current; expires 2023)

Awards/Honors:

2020 CAHS Faculty Service Award
2019 Alpha Eta Honor Society

Scientific and Professional Societies

American Physical Therapy Association
American Physical Therapy Association, Geriatrics Section (including member of bone health, balance and falls and health promotion and wellness Special Interest Groups)
American Physical Therapy Association, Cardiovascular and Pulmonary Section
American Physical Therapy Association, Education Section
Physical Therapy Association of Georgia
Neurodevelopmental Treatment Association
American College of Sports Medicine
Clinical Exercise Physiology Association
Council on Prevention, Health Promotion and Wellness

Presentations at National, Regional, State and Local Meetings

Invited Speaker

Winston N, **Hergott C**, Hall, M, Watford P, Brown S, Wood E, Jirau-Rosalay, W. *How Do We Evaluate a Geriatric Patient as a Team? Results from an Interprofessional Geriatric Workshop for Undergraduate Medical, Occupational Therapy, and Physical Therapy Students.* EA Regional Spring Conference Presentation April 20-22, 2021.

Hergott C, Benzer J, Hergenroeder A. Take a Stand for Better Health! Strategies for Patients to Sit Less and Move More. Florida Physical Therapy Association Spring Conference. Presentation April 10-11, 2021.

Hergott C. Mobility: Keeping Aging Fun. Age-Friendly Healthcare in the New Normal. Montana Geriatric

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Workforce Enhancement Program of the Montana Geriatric Education Center. October 2020.

Hergott C., Schrod L., Sidelinker J., Shubert T. Webinar: Clinical-Community Connections During COVID-19: How Community Programs are Adapting to Keep Older Adults Active and Healthy at Home. APTA-Geriatrics National Council on Aging Task Force. June 2020.

Peer-Reviewed Scientific and Professional Presentations

Hergenroeder A., Benzer J., **Hergott C.** (2021) Take a Stand for Better Health! Strategies for Patients to Sit Less and Move More. Combined Sections Meeting of the American Physical Therapy Association. Combined Sections Meeting of the American Physical Therapy Association. Virtual Presentation Feb 24, 2021.

Hergott, C., Dowling A., Ezzell K., Graves C., Peed W., Bolgla L. (2021) Comparison of Physiologic Responses between Three Outcome Measures of Endurance. Combined Sections Meeting of the American Physical Therapy Association. Virtual Poster February 2021.

Vincenzo, J.L., **Hergott, C.**, Schrod L., Rohrer, B., Brach, J., Tripken, J., Shirley, K., Sidelinker, J.C., Bennett, H., & Shubert, T.E. (Poster- Accepted). *The Virtual Evolution of Programs for Older Adults' Engagement in Physical Activity during the Pandemic*. Combined Sections Meeting of the American Physical Therapy Association, platform accepted February 2021.

Taylor, D., Lorio, A., **Hergott, C.**, Karnes J., Walton-Mouw R, McCall S, Stopping Falls in Georgia: A United Initiative Among Physical Therapy Educators. Educational Leadership Conference. Oct 16, 2020.

Vincenzo, J.L., Shubert, T. Brach, J.S., Tripken, J., Schrod L., Sidelinker, J.C., Hazan, P., **Hergott, C.**, Shirley, K., & Rhorer, B. (2020). Fall Risk Screening and Referrals to Community-Based Programs among Physical Therapy Professionals. *Journal of Clinical and Translational Science. Abstract Supplement, 4(1)*, 132.

Vincenzo, J.L., Shubert, T., Brach, J.S., Tripken, J., Schrod L., Sidelinker, J.C., Hazan, P., **Hergott, C.**, Shirley, K., & Rhorer, B. (virtual poster - April, 2020). *Fall Risk Screening and Referrals to Community-Based Programs among Physical Therapy Professionals*. Annual Clinical and Translational Science Meeting, Washington, D.C.

Hergott C, Massey N, Beazley D, Bolgla L. (2020) *Is the Physical Activity Vital Sign Associated with Fall Risk in Older Adults?* (virtual poster presentation June 2020). *Medicine and Science in Sports and Exercise*, 52(5): S114.

Hergott C, Massey N, Beazley D, Bolgla L. (Poster Presentation Feb 13, 2020) *Use of STEADI and Physical Activity Vital Sign in Fall Risk Assessment*. CSM Denver, CO.

Shubert T, Sidelinker J, Schrod L, **Hergott C**, (Presentation – Feb 14, 2020). *Clinical Community Connections: Effective Strategies for Improved Patient Outcomes*. Presentation CSM Denver, CO.

Hergott C, Chatto C, Beazley D

Developing a Spirit of Entrepreneurship, Service and Innovation in Physical Therapy Students
CIRCA Conference (presented November 2017 Augusta University).

Publications in Refereed Journals

Curriculum Vitae

Hergott C., Bolgla L., Waller J., et al. TUG-10: A modification of the TUG for assessment of aerobic endurance in older adults. *J of Geriatric Physical Therapy* (submitted 02 Feb 2021; under review).

Vincenzo, J.L., **Hergott, C.**, Schrodt, L., Rohrer, B., Brach, J., Tripken, J., Shirley, K.D., Sidelinker, J.C., & Shubert, T.E. Physical Therapists as Partners for Community Fall Risk Screenings and Referrals to Community Programs" *Frontiers in Public Health*, section Aging and Public Health (submitted 25 Feb 2021; under review).

Vincenzo, J.L., **Hergott, C.**, Schrodt, L., Rohrer, B., Brach, J., Tripken, J., Shirley, K.D., Sidelinker, J.C., & Shubert, T.E. (2021). Capitalizing on virtual delivery of community programs to support health and well-being of older adults. *Physical Therapy*. Publish ahead of print – issue <https://doi.org/10.1093/ptj/pzab001>.

Schrodt L, Sledge R, **Hergott C**, Rohrer B, Sidelinker JC, Brach JS, Vincenzo JL, Shirley K, Shubert T. Clinical-community connections: Incorporating evidence-based programs for improved patient outcomes. *Topics in Geriatr Rehab*. (Accepted for publication Aug 2021).

Brueilly, Kevin E.; **Hergott, Colleen G.**; Fox, Ashley M.; Dowling, Jeffrey S. Early Rehabilitation Following Saddle Pulmonary Embolism, *Journal of Acute Care Physical Therapy*: August 18, 2020 - Volume Publish Ahead of Print - Issue -doi: 10.1097/JAT.000000000000149

Hergott, C. & Jessica Lovins (2020): The impact of functional exercise on the reversal of acromegaly induced frailty: a case report, *Physiotherapy Theory and Practice*, DOI: 10.1080/09593985.2020.1768456

Young, L., Kupzyk, K., Bob, P., McCall, A., & **Hergott, C.** (2016). Develop and test a palliative care screening tool for rural patients with serious chronic illnesses: a study protocol. *International journal of clinical trials*;3(4), 210-216. DOI: <http://dx.doi.org/10.18203/2349-3259.ijct20163959>

Book Chapter Contributions

Staples WH, ed. *Geriatric Physical Therapy: A Case Study Approach*. 2nd ed. New York, NY; McGraw-Hill. 2021. **Hergott**: Chapter Introduction to Cardiovascular and Pulmonary Cases and Cases: Case 36 Chronic Venous Insufficiency Resulting from Post-Thrombotic Syndrome, Case 25 & 26 Evaluation and Treatment of Peripheral Arterial Disease, Case 10 Clinical Practice Guidelines for Heart Failure; *Issues for Aging Adults Case 1 & 2 Discharge and Community Connections*. <https://accessphysiotherapy.mhmedical.com/book.aspx?bookid=3003>.

Non-Refereed Scholarship

Tripken J., **Hergott, C.** Encouraging older adults to stay active and safe during the coronavirus pandemic. National Council on Aging Healthy Living Blog. <https://www.ncoa.org/blog/encouraging-older-adults-to-stay-active-and-safe-during-the-coronavirus-pandemic/>. March 18, 2020.

Schrodt L, Shubert TE, Sidelinker J, **Hergott C**, Shirley K, Roehrer B, Tripken J, Vincenzo J, Brach J., Hazan P. *Evidence-based Programs and Your Practice: A Foundation for Value-based Care Delivery Part 3*: *GeriNotes* 26 (5): 2019

Schrodt L, Shubert TE, Sidelinker J, **Hergott C**, Shirley K, Roehrer B, Tripken J, Vincenzo J, Brach J, Hazan P. Evidence-Based Programs and your Practice: A Foundation for Value-Based Care Part 2. *GeriNotes* 26 (4): 2019, p. 5-8.

Shubert TE, Tripken J, Vincenzo J; Schrodt L; Brach J, Hazan P; **Hergott C**; Sidelinker J. *Introduction to*

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Series Evidence-based Programs and Your Practice: A Foundation for Value-based Care. GeriNotes 26 (3): 2019. p5.

Shubert TE, Tripken J, Vincenzo J; Schrodt L; Brach J, Hazan P; **Hergott C**; Sidelinker J. *What are Evidence-based programs and Why I Should Care?* GeriNotes 26 (3): 2019.pp6-8