

Curriculum Vitae

Margaret Kitterman Blagg, PT, DPT, WCS
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Augusta University
Department of Physical Therapy

Education:

Medical College of Georgia, Department of Physical Therapy, Augusta, GA
Doctor of Physical Therapy
Graduated with Honors, 2008

University of Georgia, Department of Exercise Science, Athens, GA
Bachelor of Science in Education
Graduated, 2004

Licensure:

Georgia Board of Physical Therapy (License PT009315), 2008 – present
South Carolina Board of Physical Therapy (License PT007149), 2013—2014

Certifications:

American Board of Physical Therapy Specialties: Women’s Health Clinical Specialist Certification, 2017--
2027
APTA Certified Clinical Instructor, 2009
Certified Brain Injury Specialist, 2009—2012
Nonviolent Crisis Prevention Intervention, 2010

Academic Appointments:

Adjunct Professor, Augusta University, 11/2015—06/2016
Assistant Professor, Augusta University, 07/2016—present

Clinical Positions:

Women’s Health Physical Therapist, Doctors Hospital, Outpatient Rehabilitation, 2014—2016
Staff Physical Therapist (PRN), Doctors Hospital, Inpatient Rehabilitation, 2014—2015
Clinical Manager, Physical Therapist, Hitchcock Healthcare, 2013—2014
Clinical Manager, Physical Therapist, HealthSouth Healthcare Walton Rehabilitation, Outpatient
Rehabilitation, 2013
Staff Physical Therapist to Outpatient Clinical Manager, Walton Rehabilitation Health System, Inpatient
Rehabilitation and Outpatient Rehabilitation, 2008—2013

Scientific Peer-Reviewed Publications:

Young, L, Kupzyk, K, Parker, B, McCall, A, Hergott, C, **Blagg, M.** Develop and test a palliative care screening tool for rural patients with serious chronic illnesses: a study protocol. *International Journal of Clinical Trials*, 3(4): 210-216. 2016.

Scientific Abstracts/Poster Presentations

Chong, R.K., Gesotti, P., Fogle, K., Gillespie, R., **Kitterman, M.**, Loyd, N., Shonson, C., Smith, L., & Whitlow, C. (2007). Effect of cutaneous stimulation cues on gait in Parkinson's disease. Society for Neuroscience Annual Conference. San Diego, California, USA. 80.9

Chong, R.K., Gesotti, P., Fogle, K., Gillespie, R., **Kitterman, M.**, Loyd, N., Shonson, C., Smith, L., & Whitlow, C., Morgan, J. (2007). Cutaneous electrical stimulation as an adjunct to pharmacological and surgical treatments of Parkinson's disease. 1st Asian and Oceania Parkinson's Disease and Movement Disorders Congress, Singapore. M32

Chong, R.K., Gesotti, P., Fogle, K., Gillespie, R., **Kitterman, M.**, Loyd, N., Shonson, C., Smith, L., & Whitlow, C. (2006). Effect of electrical stimulation cues on gait and postural control in Parkinson's disease. Society for Neuroscience Annual Conference. Atlanta, Georgia, USA. 676.14. 1 of 700 submissions (out of a total of > 14,000 submissions) selected by the Society for Neuroscience's Public Education and Communication Committee for a Neuroscience 2006 Press Book submission

Non-Peer Reviewed Publications:

Blagg, MK. Proper Equipment and Monitoring Can Minimize Pressure Sores. *Rehab Management*, 22(9). 2009.

Presentations:

The Importance of Board Specialization to Your Career & Our Profession: Broadening Our Scope & Practice. Physical Therapy Association of Georgia, Middle Georgia Local Area Network Webinar. 11/2017.

Pelvic Floor Dysfunction: Therapeutic Implications. 2017 HMI Symposium. Augusta, GA. 07/2017.

Post-Partum Education. Doctors Hospital Nursing Staff Yearly Competence. 10/2015 and 11/2015.

Clinical Use of Neuroelectric Prosthetics. Neurorehabilitation Conference. Kroc Center, Augusta, GA. 2012.

Grant Activity

College of Allied Health Sciences Research Mentoring Initiative Grant. 2020 Award Recipient.

Ongoing Research Activities

Bolglia L, **Blagg M**, Aronica K, Crupie C, Green J, Litavec J, McTeer O, Price T. (ongoing). The Relative Activation of the Scapular Stabilizer, Core Stabilizer, and Pelvic Floor Muscles during Yoga Poses. Funded by internal college-level grant.

Professional Organization Membership:

American Physical Therapy Association, 2005—present
Physical Therapy Association of Georgia, 2005—present

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APTA Neurology Section, 2008—2012, 2020 – present
APTA Private Practice Section, 2013—2014
APTA Women’s Health Section, 2014—present
APTA Education Section, 2016—present

Book Reviews:

Parker, LM. *The Art of Control: A Woman’s Guide to Bladder Care*. 2015.

Ad Hoc Scientific Journal Reviews:

Physiotherapy Theory and Practice, 2017

Community Service – Education:

How to Get Your Body Back After Baby: What to do When Exercise Doesn’t Work. Babies-R-Us, Evans, GA. Quarterly 2016.

Love Your Pelvis. Augusta Junior League. Augusta, GA. 09/2015.

Pelvic Floor for Stability and Function. Doctors Hospital H2U. Augusta, GA. 06/2015.

Pelvic Floor Rehabilitation. Doctors Hospital Cancer Conference. Augusta, GA. 05/2015.

Women’s Health Physical Therapy. Wilson Family YMCA. Augusta, GA. 05/2015.

Pelvic Floor Physical Therapy. Doctors Hospital Girl Talk Support Group. Augusta, GA. 11/2014.

Exercise, Physical Activity, and Parkinson’s Disease. Aiken Parkinson’s Support Group. Aiken, SC. Fall 2013, Spring 2014.

Exercise and Muscular Dystrophy. CSRA Muscular Dystrophy Support Group. Augusta, GA. Spring 2014.

Service to the University / College / School:

College of Allied Health Sciences, Diversity, Equity, and Inclusion Task Force, Member 2021 – present
Augusta University Senate, Curriculum and Academic Policies Committee, CAHS Representative 2019 – present

Augusta University Senate, Athletics Committee, CAHS Representative 2018 – 2019

Department of Physical Therapy, Admissions Committee, Member 2019 – 2020, Chair 2020 – present

Department of Physical Therapy, Academic Success Committee, Member 2019 – present

Department of Physical Therapy, Medical Conditions Content Team, Chair 2016 – 2017

Department of Physical Therapy, Neurology Content Team, Member 2016—2017

Department of Physical Therapy, Curriculum Committee, Member 2016—2018

Search Committee for Physical Therapy Department Faculty, Member 2016—2017

Continuing Education Attended (past 5 years):

Functional Manifestations of mTBI 2020

Early Mobility in the ICU 2019

Hospital Lines, Tubes, and Drains 2019

Understanding Research Methodology 2019

Research Priorities and Study Types 2019

APTA Combined Sections Meeting, Washington, DC 2019

Pharmacology for the Neurologic Physical Therapist 2019

General Principles of Pharmacology 2019

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Physiology of Wound Healing 2018

Urogynecological Visceral Mobilization 2017

Management of the Acutely Ill Patients in the ICU Environment 2017

Physical Therapy Association of Georgia, Insight Fall Meeting 2016

Pediatric Incontinence and Pelvic Floor Dysfunction 2016

Current Teaching Responsibilities:

Summer Semester, 2020

PTHP 7121 General Concepts of Patient Management 1 (3 credit hours); Course Coordinator

PTHP 8003 Applied Neurology

Ongoing supervision of research group(s)

Fall Semester, 2020

PTHP 8242 Medical Conditions 2 (4 credit hours)

PTHP 8243 Medical Conditions 2 (5 credit hours); Course Coordinator

Ongoing supervision of research group(s)

Spring Semester, 2021

PTHP 8351 Integration for Practice: Neuromuscular (6 credit hours)

PTHP 7341 Medical Conditions I (guest lecturer)

Ongoing supervision of research group(s)