INJURY OVERVIEW of FY2014

WC Injury Review
Memory Toolbox: A Review of Loss Control Acronyms
Injuries by Cause

- FST - All: 25%
- Cuts - Puncture Scrape: 17%
- MVA - All: 6%
- Strain-Pushing/Pulling: 6%
- Struck By - Falling Object: 6%
- Animal/Insect: 6%
- Struck By - Patient/Inmate: 3%
- Strains - Lifting: 3%
- Struck By - Objects lifted: 3%
- Caught In - All: 3%
- Repetitive Motion - All: 3%
- Absorption: 3%
State of Georgia Workers’ Compensation Injuries FY2012, FY2013, FY2014
Review of Acronyms

- 5-S
- P.A.S.S.
- H.E.L.P.
- F.O.C.U.S.
- G.O.A.L.
- P.A.S.T.
- MSDS
- SDS

Do you recognize any of these?
The 5-S System

One system that has been used by many industries to improve their Housekeeping and Efficiency is the 5-S system.

- Sort (Seiri): Remove unneeded items.
- Set in Order (Seiton): Arrange
- Shine (Seiso): Clean
- Standardize (Seiketsu): Method
- Sustain (Shitsuke): Maintain
The 5-S System

Sort (Seiri): Remove all items from the workplace that are not needed for current production. If it has been sitting and not used for a year it probably needs to be put in storage.
The 5-S System

**Set in order (Seiton):** Arrange needed items so that they are easy to find and put away. Some factories and shops go as far as painting a spot for the trash can. May seem silly, but if the trash can is in the right place no one trips over it. Items used often are placed closer to the employee. Whether it is a stapler or hammer, keep the tools you use often within easy reach.
The 5-S System

**Shine (Seiso):** Make sure everything is clean, functioning and ready to go. Nothing is more frustrating and time consuming than working with a piece of equipment that is not properly maintained.
The 5-S System

Standardize (Seiketsu): This is the method you use to maintain the first three S’s. Just like your silverware at home is always in the same drawer, decide a place to store routinely used items and keep them there. This saves time when looking for the tape measure or scissors.
The 5-S System

Sustain (Shitsuke): Make a habit of properly maintaining correct procedures. The hardest step for most people, now that everything is organized, is maintaining it every day. Put things back when you are done. If you can’t do that at least put things back in place before you leave each day.
P-A-S-S

- **P** Pull the pin.
- **A** Aim at the base of the fire.
- **S** Squeeze the handle.
- **S** Sweep side-to-side at the base of the fire.
H.E.L.P. Accident Prevention Tool

Purpose: To provide an easy tool that everyone can use to prevent injuries during their daily tasks.

Application: Daily prior to starting any job or task.

Hazards
Equipment
Look
Protection
Hazards

- Do I know the Hazards of performing this Job/Task?
- Do I know the chemicals involved? Is the MSDS available and have I reviewed it?
- Am I sure the power has been turned off on this piece of machinery? And has it been locked so no one will start it?
- Do I know how to operate the tools safely? From a screwdriver to a bulldozer; know the hazards before operating.
Equipment

- Do I have the proper Equipment, including Safety Equipment, to do this Job/Task?
  - Proper tools (Pry bar rather than using a Screwdriver)
  - Lifting help (Another person, hand truck, forklift)
  - Safety glasses
  - Proper shoes
  - Gloves
  - Hard hat
Look

- Am I aware of my surroundings at all times?
  - Water puddles and electricity never mix!
  - Other equipment operating in the area?
  - Other people working in the area?
  - When moving objects, do you have a clear path?
- Look out for one another.
  - Is your partner using the proper PPE?
- **F.O.C.U.S.** on the task at hand.
Protection

- Am I sure Protective Guards/Safety Barriers are in place?
  - Machine guards?
  - Lockouts/Tagouts in place?
  - Are the brakes on a vehicle operating properly?
  - Is your seatbelt working properly?

- Am I sure the barrier/device that is designed to prevent injuries is in place and working?
The FOCUS SYSTEM

F – Find Your Reason
O – Own Your Mind
C – Concentrate On Your Task
U – Understand Your Distractions
S – See the Big Picture
Driving Safely

Get Out And LOOK! (GOAL)

- Nothing can replace the information gained by using your eyes on potential hazards. Walk around your vehicle to get a complete picture of what you are backing into.

- Walk the pavement surface looking for depressions and fixed objects, and be certain pedestrians are a safe distance from your vehicle.

- Look Up! Hazards may come in the form of power lines, awnings, or even building overhangs. Look at the entire path not just immediately behind the vehicle.

- Check side clearances and adjust your mirrors.

- Signal your intentions by giving your horn a light tap and rev your engine slightly as an additional warning. Use your four way flashers.

- Get to it! After checking, start backing before the picture changes.
Basic Steps for a Heat Stress Prevention Program: *(P.A.S.T.)*

**Planning**
Plan the job including checking the weather and providing shade and emergency response capabilities.

**Access to Water**
Ensure the proper amounts of clean, cool water are available.

**Shade**
Provide shaded areas for breaks and cool down.

**Training**
Train workers on how to recognize and avoid heat issues. As with any task, workers should be aware of the hazards before starting a job.
Material Safety Data Sheet (MSDS)

- Written or printed material concerning a hazardous chemical which is prepared in accordance with the standard.
- Usually has 10 sections.
- Part of Original Chemical Safety Legislation.
Safety Data Sheets (SDS)

- SDS are part of the revised Global Harmonization System (GHS) legislation.
- SDS access for employees
  - Readily accessible, and
  - During work shift
- Electronic and other alternatives are acceptable
  - No barriers to immediate employee access
- When employees travel
  - May be kept at primary workplace
SDS Format: 16 headings

1. Identification
2. Hazard(s) identification
3. Composition/information on ingredients
4. First-aid measures
5. Fire-fighting measures
6. Accidental release measures
7. Handling and storage
8. Exposure control/personal protection
9. Physical and chemical properties
10. Stability and reactivity
11. Toxicological information
12. Ecological information
13. Disposal considerations
14. Transport information
15. Regulatory information
16. Other information
Questions?

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