

Holiday Risk Management

Identify
Hazards/Risks

Determine
Control Plan

Monitor/
Supervise/
Evaluate

Implement
Controls



Holiday Traveling

- ❖ Check behind vehicles before moving.
- ❖ Maintain a safe distance between vehicles.
- ❖ Make sure your vehicle is in good repair.
- ❖ Reduce speed, especially during inclement weather.
- ❖ If you drink...don't drive.
- ❖ Always use safety belts and child safety seats.
- ❖ Plan Your Trip – Give yourself plenty of time and schedule rest stops and activities for small children.



Holiday Traveling



- ❖ Leave an itinerary with a friend so someone will know where you are.
- ❖ Keep cell phone charged.
- ❖ Don't overload your vehicle or obstruct your view with luggage and/or packages.
- ❖ Avoid eating heavy meals, as this can lead to sleepiness.
- ❖ Get a good night's sleep before traveling.

Holiday Traveling

In case you encounter inclement weather, carry an emergency kit that contains:

- ❖ First-aid supplies
- ❖ Blankets
- ❖ Flashlight with spare batteries
- ❖ Flares
- ❖ A shovel
- ❖ Quick-energy foods, nutrition bars, or dried fruits and nuts and water
- ❖ Sand, salt or cat litter for traction



Fire Detectors & Extinguishers

- ❖ Smoke & Carbon Monoxide detectors should be installed on each floor and outside each bedroom.
- ❖ If you have a fireplace, woodstove or use gas logs/furnace, make sure you have an operable UL approved carbon monoxide detector.
- ❖ Don't place detectors in kitchens where false alarms are common.
- ❖ Test detectors at least once a month and replace batteries annually.
- ❖ Buy a fire extinguisher and inspect it frequently.



Safety Hazards

- ❖ Inspect all electrical equipment before use.
- ❖ Don't overload electrical circuits.
- ❖ Use the proper size and type light bulbs in decorative lighting.
- ❖ Turn off electrical candles and decorative lighting before going to sleep.
- ❖ Spread sand or salt on icy walkways.



Fire Hazards



- ❖ Keep candles away from drapes, trees, decorations.
- ❖ Place candles in a holder that won't tip.
- ❖ Never leave real candles unattended.
- ❖ Have a professional check your fireplace and chimney every year.
- ❖ Be sure the chimney flue is open before lighting a fire and closed only when you are sure the fire is completely out.
- ❖ Use kindling and wooden matches to light fires – not flammable liquids.
- ❖ Always use a fire screen.

Tree Safety

- ❖ Make sure the tree is fresh – no falling needles.
- ❖ To keep the tree fresh, keep it in a bucket of water until you are ready to bring it inside.
- ❖ When you bring it in, cut a diagonal slice off the bottom of the trunk.
- ❖ Use a sturdy stand with wide-spread legs.
- ❖ Keep the stand filled with water.
- ❖ Keep the tree away from heat sources (e.g.: fireplaces, heaters and heat ducts).
- ❖ After the season, recycle or discard the tree; never burn it.
- ❖ If you are considering an artificial tree, make sure it is flame retardant.



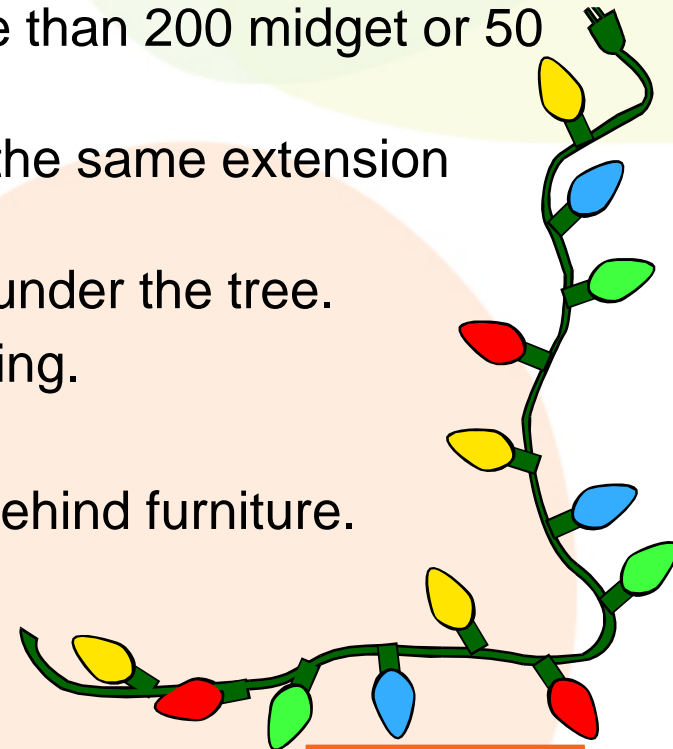
Decorations

- ❖ Make sure fragile glass ornaments or ornaments that small children could mistake for candy are placed high on the tree or consider not using them.
- ❖ If small children are in the home, do not use older ornaments that may be made with toxic materials such as lead based paints.
- ❖ Make sure that tinsel is not placed on low limbs where it could pose a choking hazard to small children or consider not using it at all.



Decorative Lighting

- ❖ Make sure lights have a factory label which assures they have been safety tested.
- ❖ Inspect each string of lights to make sure there is no damage.
- ❖ Position bulbs so they are not in contact with tree needles or ornaments.
- ❖ If you string lights together, don't string more than 200 midget or 50 larger bulbs through one string.
- ❖ Don't connect more than 3 sets of lights on the same extension cord. Only use grounded extension cords.
- ❖ Keep cords and plugs away from the water under the tree.
- ❖ Keep cords out of walkways to prevent tripping.
- ❖ Don't run cords under carpets or rugs.
- ❖ Take care not to pinch cords when placing behind furniture.
- ❖ Do not use indoor extension cords outside.



Fireplace Safety



- ❖ Don't use your fireplace to burn wrapping materials which can create toxic fumes or even a flash fire.
- ❖ Don't wear loose clothing when tending fires.
- ❖ Keep flammable decorations away from the fireplace.
- ❖ Make sure the fire is out before leaving the house or going to bed.
- ❖ Dispose of ashes in a metal container; never in or near the house.

Smoking



Best: Don't do it or allow it!!!

Better: But if you must:

- ❖ Use an ashtray that is large, deep and will not tip over.
- ❖ Empty ashtrays often.
- ❖ After a party, check all surface areas for smoldering cigarette butts – even behind pillows and cushions.



Food Preparation & Consumption

- ❖ Keep all cookware, utensils, preparation areas, and your hands clean.
- ❖ Turn handles on pots and pans inward on stove. Do not leave cooking unattended.
- ❖ Defrost the turkey in the refrigerator – NEVER at room temperature.
- ❖ Stuff the turkey just before cooking to prevent the stuffing from spoiling.
- ❖ Refrigerate foods that require cold storage.
- ❖ If food needs to be chilled during serving, place the dish on a bed of ice.
- ❖ Keep foods that need to stay warm on a hot plate or in an oven at a temperature no lower than 110° F.



Food Preparation & Consumption

- ❖ Use a thermometer when cooking meats to be sure inner sections reach the right temperature.
- ❖ Leftovers should not be left out more than two hours and should be sliced small enough for refrigerator air to penetrate and cool the meat.
- ❖ If you are using an Outdoor Turkey Deep Fryer follow all instructions in Owner's manual. Make absolutely sure the turkey has completely thawed.



Food Preparation & Consumption

At holiday time it is easy to over-indulge! Here are some tips to help you keep those extra holiday pounds off:

- ❖ Limit your calorie, fat and sugar intake over the course of the holiday season.
- ❖ Limit your alcohol and caffeine consumption.
- ❖ Bring food dishes and beverages to parties that give you and your children healthy alternatives.
- ❖ Keep up some form of exercise during the holidays.
- ❖ Limit the number of activities you attend.
- ❖ Conserve on your energy resources.



Holiday Parties & Alcohol

- ❖ Take your role as host seriously.
- ❖ Don't drink alcohol in excess.
- ❖ Ensure Designated Drivers are available or offer a place to stay.
- ❖ If at a public setting, **DO NOT LEAVE YOUR DRINKS UNATTENDED!**
- ❖ Avoid celebrations that include illegal substances.
- ❖ Never drink alcohol on an empty stomach.
- ❖ Feel free to refuse alcohol regardless of pressure or encouragement to drink. If hosting, Do Not push drinks.
- ❖ **NEVER DRINK ALCOHOL AND DRIVE!**
- ❖ Don't drink alcohol if you are pregnant or are using medication.



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TROUBLE

Safe Shopping

- ❖ Avoid carrying large packages that block your vision and make you a target for purse snatchers.
- ❖ Ask the store for an escort to your car; many provide this service.
- ❖ Shop during daylight hours whenever possible.
- ❖ Always park in well lit, frequented areas.



Safe Shopping

- ❖ Carry your wallet in your front pocket.
- ❖ Carry your purse close to your body or under your coat.
- ❖ Carry your keys in your pocket. If a thief gets your purse, you will still have the keys to your house and car.
- ❖ Have your keys in your hand before you go to your car.
- ❖ Check your car for uninvited guests prior to getting in.
- ❖ Lock your car and don't leave anything in plain sight.



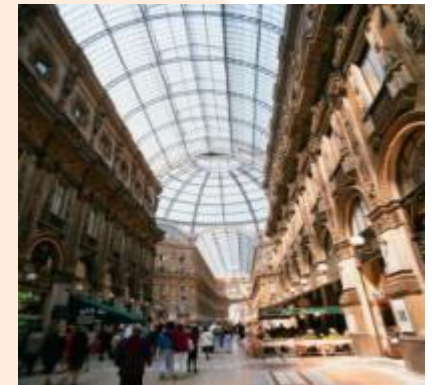
Pickpockets & Snatchers

- ❖ Take inventory of your personal items.
- ❖ Limit cash you keep in purses or wallets.
- ❖ Know where to find numbers to cancel credit cards.
- ❖ What if?
 - ❖ Keep your eyes scanning as you walk through crowds.
- ❖ Action Plan
 - ❖ Plan for “What If” situations you see.



Shopping Safety: Child Safety

- ❖ Take a friend for another set of eyes.
- ❖ Stress not separating from the group.
- ❖ Buddy Up especially when the group is big.
- ❖ Plan & practice what to do if your kids get separated.



Safe Shopping: ID Theft & Cyber Crime

- ❖ Know your merchant.
- ❖ Be wary of unsolicited email.
- ❖ Be sure they have a Secured website.
- ❖ Use multiple passwords.
- ❖ Use credits cards.
- ❖ Check online statements “often”.
- ❖ Update computer protection.



Safe Shopping: Cyber Crime

- ❖ Check your tool tray for the yellow lock (Anti-virus).
- ❖ Avoid links embedded in emails.
- ❖ Separate emails for shopping.
- ❖ Check your security software and Wi-Fi connection.
- ❖ In doubt, don't open it.
- ❖ www.consumer.gov/idtheft



Safe Shopping: ID Theft & Cyber Crime

Links to Know

- ❖ Identity Theft Resource Center
 - www.idtheftcenter.org/index.shtml
- ❖ Federal Trade Commission
 - www.ftc.gov/bcp/edu/microsites/idtheft/index.html
- ❖ Anti-Phishing Working Group
 - www.antiphishing.org/

Holiday Stress Relievers

- ❖ Don't blow your budget.
- ❖ Budget your time as well as your money.
- ❖ Start planning your gift list early.
- ❖ Don't try to do everything yourself.
- ❖ Make some fun plans for January when the post holiday blues set in.



Manage the Risk!

Holidays and Every Day!

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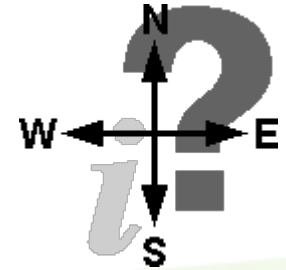




***Have a SAFE &
Happy Holiday
Season!***

Questions?

Contact Information



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