

# TEN TALKS

## Spring 2018

*Health and Happiness Series*

**Location: University Hall 156  
Academic Success Center  
Conference Room**

**Time: 1 p.m.**

*Each episode includes  
discussion & free food!*

**#COLLEGIALITY  
#LEADERSHIP**



AUGUSTA UNIVERSITY  
First & Second  
Year Experiences

### ADULTING 1.0

17  
JAN

**Episode 1**  
**New Year, New U**  
*Changes for Augusta University*

23  
JAN

**Episode 2**  
**Home Sweet Home**  
*Your Guide to an Apartment Search*

25  
JAN

**Episode 3**  
**Working Out is Just NOT Working Out**  
*New Ways to Exercise*

31  
JAN

**Episode 4**  
**The Perfect Match for your Next Career**  
*Flirting with Traitify*

### WHAT IN THE WORLD IS HAPPENING?

15  
FEB

**Episode 5**  
**Is there a Heartbeat?**  
*Taking the Vital Signs of Public Education*

20  
FEB

**Episode 6**  
**2018 Governor's Race**  
*Who to Pick for the Peach State?*

28  
FEB

**Episode 7**  
**Avoiding Senioritis:**  
*How to Stay Motivated*

### COMING UP NEXT SEASON...

14  
MAR

**Episode 8**  
**How to Keep the Job**  
*Etiquette in the Workplace*

20  
MAR

**Episode 9**  
**Who is FICA (and other Tax Questions)?**  
*Learning More about Finance*

22  
MAR

**Episode 10**  
**Living in a Box**  
*Preparing for Cardboard City*