“Developing Situation Awareness Capacity for Greater Resilience to Stress in Healthcare Professionals”

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Las Vegas, Nevada

Location: GRU Health Sciences Building, EC-1222
Date: Friday, September 26, 2014
Time: 1:00-2:30 PM

Or view live-streaming from your computer: http://GRU.edu/stream
(This link also is available on the CNR Web Page: gru.edu/nursing/cnr.)
RSVP to Keith Williams at jamwilliams@gru.edu for in-person attendance or live-streaming viewing.

Dr. Batorski will explain how situation awareness (SA) enters into executive judgment, how stress impairs SA, and its impact on judgment and decision making under stress in dynamic settings. In the context of traditional SA research, Dr. Batorski will introduce the role of the development of consciousness in expanding one’s SA capacity. This will include a discussion of the evidence for the Transcendental Meditation® (TM®) technique, as compared to other meditation techniques, as an evidence-based method for developing resilience to stress. (Please note that this seminar does not include instruction in the TM® technique.)

This activity has been submitted to the South Carolina Nurses Association for approval to award contact hours. The South Carolina Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.