



AUGUSTA UNIVERSITY

COLLEGE OF NURSING

Center for Nursing Research



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# CNR Seminar

## Current Evidence & Guidelines for Obesity & Prediabetes Management and Type 2 Diabetes Prevention in Younger Adults: Healthy Lifestyle Interventions vs. Medical Management

Friday, April 19, 2024  
12:00 to 1:00 p.m.

Dr. Glenn will present current evidence and guidelines for obesity and prediabetes management and Type 2 diabetes prevention, including newer classes of drugs – namely GLP agonists. She also will discuss current evidence supporting lifestyle interventions and preliminary findings from her ongoing diabetes prevention program in our community.

*We have applied for 1.0 CE contact hour for nurses. Wellstar MCG Health is approved as a provider of nursing continuing professional development by South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.*

This will be a live virtual presentation on Zoom. Use the QR code or go to our [CNR Seminar webpage](#) to join the seminar.

